

Welsh Castles Relay 2005

Final Results

Stage 1: Caernarfon to Penygroes
Distance: 9.1 Record: 52:53 (2003)

Poe	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
01	Mick O'Doherty V	41 Bristol & West AC (V)	52:37		1st Vet	
02	Al Kennis	34 Thames Hare & Hounds	54:51	+ 2:14	1st Open	+ 0:10
03	Gareth Davies V	04 Bridgend AC	55:01	+ 2:24	2nd Open	+ 0:47
04	Paul Talbot	20 Neath Harriers	56:38	+ 3:01	3rd Open	+ 2:01
05	Phil Cook	14 Les Croupiers (SM)	56:52	+ 4:15	4th Open	+ 3:45
06	Graeme Young	28 Serpentine RC (SM)	58:35	+ 5:59	5th Open	+ 7:08
07	Paul Collinge V	43 Middleton Harriers (V)	59:45	+ 7:08	2nd Vet	+ 5:48
08	Phil Carbutt V	05 Bromsgrove & Redditch	01:00:39	+ 8:02	6th Open	+ 6:20
09	Chris Palmer	37 Westbury Harriers	01:01:20	+ 8:43	7th Open	+ 6:49
10	Gary Brooks V	39 Wirral AC	01:01:40	+ 9:03	8th Open	+ 7:57
11	Ray Bigden V	09 City of Bath AC (O)	01:02:48	+ 10:11	9th Open	+ 8:12
12	Gareth Hardman	38 Winchester & Dist AC	01:03:03	+ 10:26	10th Open	+ 8:18
13	Gareth Brandrick	25 Prestatyn RC	01:03:09	+ 10:32	11th Open	+ 8:27
14	Dave Bray V	10 Clevedon AC	01:03:18	+ 10:41	12th Open	
15	Christine Lutsch F	49 Serpentine RC (L)	01:03:28	+ 10:51	1st Lady	+ 9:24
16	Geoff Roberts V	24 Poole Runners (SM)	01:04:15	+ 11:38	13th Open	+ 9:29
17	Paul Near V	07 Cheltenham Harriers	01:04:20	+ 11:43	14th Open	+ 9:38
18	Helen Whitby F	35 Vale Royal AC	01:04:29	+ 11:52	15th Open	+ 9:49
19	T Daniels V	26 Salford Harriers	01:04:40	+ 12:03	16th Open	+ 10:08
20	Mary Bowen Rees F V	32 T.R.O.T.S.	01:04:59	+ 12:22	17th Open	+ 11:02
21	Phil Leaver V	36 Wesham RR	01:05:56	+ 13:19	18th Open	+ 11:05
22	Geoff Traeman V	31 Stroud & Dist AC	01:06:17	+ 13:40	20th Open	+ 11:26
23	James Delaney V	27 San Dom Club 69	01:07:17	+ 14:40	21st Open	+ 12:28
24	James Wade V	02 Bitton RR	01:07:23	+ 14:46	22nd Open	+ 12:32
25	Ian Callander V	30 Stragglers	01:07:44	+ 15:07	1st Bus	
26	Michel Bolton	52 Coes	01:10:32	+ 17:55	3rd Vet	+ 17:56
27	Steve B Lewis	42 Les Croupiers RC (V)	01:10:54	+ 18:17	23rd Open	+ 16:03
28	Alan Jenkins V	33 Telford Harriers	01:11:04	+ 18:27	24th Open	+ 16:13
29	Daniel James	23 Party Roadents AC	01:11:05	+ 18:28	25th Open	+ 16:14
30	Mally Reekes V	08 Chesham Harriers	01:11:26	+ 18:49	26th Open	+ 16:35
31	Andrea Smith F V	21 North Fyde AC	01:11:38	+ 18:59	27th Open	+ 16:45
32	Steve Parsons V	13 G W Runners	01:11:57	+ 19:20	28th Open	+ 17:06
33	Lesley Cheltenham V	19 Mornington Chasers	01:12:24	+ 19:47	29th Open	+ 17:33
34	Paul Quilter V	15 Llowery Runners	01:12:25	+ 19:48	2nd Bus	+ 4:41
35	Chris Booth V	55 NetRags	01:12:35	+ 19:58	30th Open	+ 17:44
36	Steve Selway V	12 Eastleigh RC	01:14:10	+ 21:33	31st Open	+ 19:19
37	Eleanor Howard F	18 Middleton Harriers	01:14:49	+ 22:12	32nd Open	+ 19:58
38	Susan Smith F V	22 Penarth & Dinas	01:15:00	+ 22:23	2nd Lady	+ 11:32
39	Frances Williams F V	46 Les Croupiers RC (L)	01:15:45	+ 23:08	33rd Open	+ 20:54
40	Diane Ward F V	11 Dulwich Runners	01:17:43	+ 25:06	3rd Bus	+ 9:59
41	Berwyn Jones	54 Hummingbird R/KYV	01:17:45	+ 25:08	3rd Lady	+ 14:17
42	Ruth Perry F	45 City of Bath AC (L)	01:17:54	+ 25:17	34th Open	+ 23:03
43	Steve Ingham V	17 Manchester YMCA	01:17:59	+ 25:22	4th Lady	+ 14:31
44	Kate Haley F V	47 Merca Ladies	01:18:18	+ 25:41	35th Open	+ 23:27
45	James Thomas V	03 Brackla Harriers	01:19:10	+ 26:33	5th Lady	+ 15:42
46	Janet Darnen F V	48 Poole Runners (L)	01:19:21	+ 26:44	36th Open	+ 24:30
47	Odette White F V	29 Sospen RR	01:21:01	+ 28:24	4th Bus	+ 13:17
48	Kevin Scannell	56 SW Police AAC	01:21:43	+ 29:06	4th Vet	+ 29:08
49	Christine Hurdidge V	40 3M Gorseion RR (V)	01:21:44	+ 29:07	5th Bus	+ 14:00
50	Alan Balk V	50 Air Products	01:22:26	+ 29:49	37th Open	+ 27:39
51	Sarah Taton F V	16 Llynham St Annes RR	01:22:46	+ 30:09	38th Open	+ 27:56
52	Fay Sharpe F V	01 3M Gorseion RR	01:23:00	+ 30:23	5th Vet	+ 30:23
53	Sally Hodge F V	44 Serpentine RC (V)	01:24:34	+ 31:57	39th Open	+ 29:43
54	Linsey Buck F V	06 CSA Wanderers				

Welsh Castles Relay 2005

Final Results

Stage 2: Penygroes to Criccieth
Distance: 10.7 No Record, New Route

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
01	Philip Parry V	41 Bristol & West AC (V)	55:34		1st Vet.	
02	Shaun Tobin	52 Corus	57:26	+ 1:52	1st Bus.	
03	Xavier Desse	39 Wirral AC	58:46	+ 3:12	1st Open	
04	Chris Daniels	34 Thames Hare & Hounds	59:11	+ 3:37	2nd Open	+ 0:26
05	Derek Scarborough V	04 Bridgend AC	01:01:39	+ 5:05	3rd Open	+ 2:53
06	Ian Sharples V	36 Wesham RR	01:02:37	+ 7:03	4th Open	+ 3:51
07	Steve Williams V	20 Neath Harriers	01:02:50	+ 7:16	5th Open	+ 4:04
08	Jason Rowley	10 Clevedon AC	01:03:57	+ 8:23	6th Open	+ 5:11
09	Ron Morris V	27 San Dom /Club 69	01:04:06	+ 8:32	7th Open	+ 5:20
10	Gavin Edmonds	28 Serpentine RC (SM)	01:05:31	+ 9:57	8th Open	+ 6:45
11	Phil George	14 Les Croupiers (SM)	01:06:37	+ 10:03	9th Open	+ 6:51
12	Steve Goodwin V	38 Winchester & Dist AC	01:05:51	+ 10:17	10th Open	+ 7:05
13	D Lockett	26 Salford Harriers	01:06:40	+ 11:06	11th Open	+ 7:54
14	Ian Giles	07 Cheltenham Harriers	01:07:40	+ 12:06	12th Open	+ 8:54
15	Nick Haywood	35 Vale Royal AC	01:07:45	+ 12:11	13th Open	+ 8:59
16	Terry Bradshaw V	21 North Fylde AC	01:08:18	+ 12:44	14th Open	+ 9:32
17	Simeon Fawcett	23 Ponty Roadents AC	01:08:23	+ 12:49	15th Open	+ 9:37
18	Steve Sandham V	30 Stragglers	01:09:25	+ 12:51	16th Open	+ 9:39
19	Terry Coveney	42 Les Croupiers RC (V)	01:09:32	+ 13:58	2nd Vet	+ 13:58
20	Jeff Pratt V	16 Lisway Runners	01:12:48	+ 17:14	17th Open	+ 14:02
21	Andrew Middleton	05 City of Bath AC (O)	01:13:18	+ 17:44	18th Open	+ 14:32
22	Lynette Porter F V	02 Bilton RR	01:13:56	+ 18:22	19th Open	+ 15:10
23	John Tymukas V	11 Dulwich Runners	01:15:22	+ 19:48	20th Open	+ 16:36
24	John Towner	24 Poole Runners (SM)	01:15:30	+ 19:56	21st Open	+ 16:44
25	Catherine Duffa F	37 Westbury Harriers	01:15:31	+ 19:57	22nd Open	+ 16:45
26	Mark Garrett	50 Air Products	01:16:39	+ 21:05	2nd Bus.	+ 19:13
27	Caroline Bond F V	17 Manchester YMCA	01:16:47	+ 21:13	23rd Open	+ 18:01
28	Ron Wootton V	13 G W Runners	01:16:52	+ 21:18	24th Open	+ 18:06
29	Steve Alsmere	05 Bromsgrove & Redditch	01:17:45	+ 22:12	25th Open	+ 18:00
30	Judy Appleby F V	47 Mercia Ladies	01:19:03	+ 23:29	1st Lady	
31	Mark Williams	29 Sospan RR	01:19:08	+ 23:34	26th Open	+ 20:22
32	Julie Norton F	19 Mornington Chasers	01:19:27	+ 23:53	27th Open	+ 20:41
33	Richard Read V	12 Eastleigh RC	01:19:47	+ 24:13	28th Open	+ 21:01
34	Penny Rees F	32 T.R.O.T.S.	01:20:03	+ 24:29	29th Open	+ 21:17
35	Deborah Russo F	49 Serpentine RC (L)	01:20:10	+ 24:36	2nd Lady	+ 1:07
36	Emma Lynch F	03 Brackla Harriers	01:20:28	+ 24:55	30th Open	+ 21:43
37	Tessa Gould F V	46 Les Croupiers RC (L)	01:20:47	+ 25:13	3rd Lady	+ 1:44
38	Marcus Eyre V	40 3M Gorseinon RR (V)	01:21:47	+ 26:13	3rd Vet	+ 26:13
39	Lee Reynolds F V	16 Lytham St Annes RR	01:22:37	+ 27:03	31st Open	+ 23:51
40	Carl Williams	08 Chapstow Harriers	01:22:59	+ 27:25	32nd Open	+ 24:13
41	Dewi West V	01 3M Gorseinon RR	01:23:05	+ 27:32	33rd Open	+ 24:20
42	Kim Molyneux F V	18 Middleton Harriers	01:23:24	+ 27:50	34th Open	+ 24:38
43	Stephen Shakespeare V	55 NetRags	01:25:00	+ 29:26	3rd Bus.	+ 27:34
44	Daron Windle	33 Telford Harriers	01:25:20	+ 29:46	35th Open	+ 28:34
45	Chris Bourne V	31 Stroud & Dist AC	01:26:49	+ 31:15	36th Open	+ 28:03
46	Jo McDonough F	25 Phasiatyn RC	01:28:34	+ 33:00	37th Open	+ 29:48
47	Hilary McCarthy F V	08 CSA Wanderers	01:29:22	+ 33:48	38th Open	+ 30:36
48	Phil Thomas V	58 SW Police AAC	01:30:30	+ 34:56	4th Bus.	+ 33:04
49	Ruth Mason F	45 City of Bath AC (L)	01:31:15	+ 35:41	4th Lady	+ 12:12
50	Emma Ridgill F	22 Penarth & Dinas	01:33:59	+ 38:25	39th Open	+ 35:13
51	Ginny Palmer F V	48 Poole Runners (L)	01:38:30	+ 42:56	5th Lady	+ 19:27
52	Alan Garvey V	43 Middleton Harriers (V)	01:47:00	+ 51:26	4th Vet	+ 51:26
=	Nadya Lobb F V	44 Serpentine RC (V)	01:47:00	+ 51:26	5th Vet	+ 51:26
=	Andy Rawdon	54 Hummingbird R/KYV	01:47:00	+ 51:26	5th Bus.	+ 49:34

Welsh Castles Relay 2005

Final Results

Stage 3: Criccieth to Maentwrog
Distance: 12.1 Record: 62:23 (1996)

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
01	K Chapman	26 Salford Harriers	01:06:00		1st Open	
02	Sullivan Smith	52 Conus	01:06:45	+ 0:45	1st Bus.	
03	Andy Weir	34 Thames Hare & Hounds	01:06:57	+ 0:57	2nd Open	+ 0:57
04	Alec Woods V	41 Bristol & West AC (V)	01:08:25	+ 2:25	1st Vet	
05	Julian Mawson	36 Wesham RR	01:08:38	+ 2:38	3rd Open	+ 2:38
06	Simon Barrett	28 Serpentine RC (SM)	01:11:08	+ 5:08	4th Open	+ 5:08
07	Gareth Williams	35 Vale Royal AC	01:11:38	+ 5:38	5th Open	+ 5:38
08	Steven Jones	04 Bridgend AC	01:11:46	+ 5:46	6th Open	+ 5:46
09	Paul Blackshaw V	43 Middleton Harriers (V)	01:11:53	+ 5:53	2nd Vet	+ 3:26
10	Gareth Thomas	14 Les Croupiers (SM)	01:12:16	+ 6:16	7th Open	+ 6:16
11	Steve Holler V	10 Clevedon AC	01:12:31	+ 6:31	8th Open	+ 6:31
12	Phil Peerless	09 Wersal AC	01:12:35	+ 6:35	9th Open	+ 6:35
13	Alan Buckingham	09 City of Bath AC (O)	01:12:59	+ 6:59	10th Open	+ 6:59
14	Karen Hazlett F	38 Winchester & Dist AC	01:13:02	+ 7:02	11th Open	+ 7:02
15	Martin Lewis	24 Poole Runners (SM)	01:15:23	+ 9:23	12th Open	+ 9:23
16	Kevin Lewis V	20 North Harriers	01:15:53	+ 9:53	13th Open	+ 9:53
17	John Houghton V	21 North Fylde AC	01:16:09	+ 10:09	14th Open	+ 10:09
18	Glyn Bagnall V	07 Cheltenham Harriers	01:16:56	+ 10:56	15th Open	+ 10:56
19	Luke Malarsz	08 Chesham Harriers	01:17:12	+ 11:12	16th Open	+ 11:12
20	Scott Howell	42 Les Croupiers RC (V)	01:17:42	+ 11:42	3rd Vet	+ 9:17
21	Simon Lewis	27 San Dom / Club 69	01:18:19	+ 12:19	17th Open	+ 12:19
22	Dylan Owen V	11 Dulwich Runners	01:18:40	+ 12:40	18th Open	+ 12:40
23	Gerald Williams	23 Ponty Roadents AC	01:20:07	+ 14:07	19th Open	+ 14:07
24	Claire Nicholson F V	30 Stragglers	01:20:33	+ 14:33	20th Open	+ 14:33
25	Steve Coupe V	29 Scapan RR	01:21:35	+ 15:35	21st Open	+ 15:35
26	Graham Grew V	13 G W Runners	01:23:03	+ 17:03	22nd Open	+ 17:03
27	Lisa Knights F	66 SW Police AAC	01:23:54	+ 17:54	2nd Bus.	+ 17:32
28	Ali Whitelaw F V	50 Air Products	01:24:17	+ 18:17	3rd Bus.	+ 18:35
29	Terry Helings V	15 Lyham St Annes RR	01:24:35	+ 18:35	23rd Open	+ 18:55
30	Dewi Jones V	32 T.R.C.T.S.	01:24:55	+ 18:55	24th Open	+ 18:55
31	Adrian Palmer V	56 NatRegs	01:25:32	+ 19:32	4th Bus.	+ 18:47
32	Clive Brown V	05 Bronsgrove & Redditch	01:27:13	+ 21:13	25th Open	+ 21:13
33	Jean Clark F V	47 Mercia Ladies	01:27:27	+ 21:27	1st Lady	
34	Janice Palmer F V	48 Poole Runners (L)	01:27:39	+ 21:39	2nd Lady	+ 0:12
35	Ghns Young V	31 Stroud & Dist AC	01:27:48	+ 21:48	26th Open	+ 21:46
36	Ray Beaton V	02 Bilton RR	01:29:19	+ 23:19	27th Open	+ 23:19
37	Julian Bailey Gard	37 Westbury Harriers	01:29:45	+ 23:45	28th Open	+ 23:45
38	Julie Scholey F V	46 Les Croupiers RC (L)	01:30:09	+ 24:09	3rd Lady	+ 2:42
39	Theresa Brady F V	49 Serpentine RC (L)	01:31:07	+ 25:07	4th Lady	+ 3:00
40	Steph Goodchild V	17 Manchester YMCA	01:31:56	+ 25:56	29th Open	+ 25:56
41	Alison How F	19 Merrington Chasers	01:32:49	+ 26:49	30th Open	+ 26:49
42	Zina Merchant F V	45 City of Bath AC (L)	01:33:31	+ 27:31	5th Lady	+ 6:04
43	Steve Riddler V	03 Breckla Harriers	01:33:51	+ 27:51	31st Open	+ 27:51
44	Jean Turner F V	33 Telford Harriers	01:34:11	+ 28:11	32nd Open	+ 28:11
45	Paul Dursley V	15 Ulwerry Runners	01:34:15	+ 28:15	33rd Open	+ 28:15
46	Donna Tew F	12 Eastleigh RC	01:34:57	+ 28:57	34th Open	+ 28:57
47	Mike Nash V	01 3M Gorseion RR	01:35:16	+ 29:16	35th Open	+ 29:16
48	Jane Buck F V	06 CSA Wanderers	01:35:48	+ 29:48	36th Open	+ 29:48
49	David Hall V	18 Middleton Harriers	01:36:43	+ 30:43	37th Open	+ 30:43
50	Peter Cottam V	22 Penarth & Dinas	01:41:20	+ 35:20	38th Open	+ 35:20
51	Caroline Sandles V	40 3M Gorseion RR (V)	01:42:16	+ 36:16	4th Vet	+ 33:51
52	Rachel Powell F V	44 Serpentine RC (V)	01:44:28	+ 38:28	5th Vet	+ 36:03
53	Stephen Wellington V	25 Prestatyn RC	01:54:21	+ 48:21	39th Open	+ 48:21
54	Stuart Hardy	54 Hummingbird R/KYV	02:01:00	+ 55:00	5th Bus.	+ 54:15

Welsh Castles Relay 2005

Final Results

Stage 4: Maentwrog to Harlech

Distance: 9.4 Record: 50:07 (2003)

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
01	Mick McDavitt V	39 Wirral AC	53:54		1st Open	
02	Nick Frost V	23 Ponty Roadents AC	56:35	+ 2:41	2nd Open	+ 2:41
03	Matt Townsend	14 Les Croupiers (SM)	56:36	+ 2:42	3rd Open	+ 2:42
04	Jason Perry	38 Winchester & Dist AC	57:04	+ 3:10	4th Open	+ 3:10
05	Jim Peters V	41 Bristol & West AC (V)	57:06	+ 3:12	1st Vet	
06	Alan Hudson V	36 Wesham RR	57:55	+ 4:01	5th Open	+ 4:01
07	Steve Brace V	04 Bridgend AC	58:03	+ 4:09	6th Open	+ 4:09
08	R Darbyshire V	26 Salford Harriers	58:06	+ 4:14	7th Open	+ 4:14
09	Dickie Bowen V	20 Neath Harriers	58:40	+ 4:46	8th Open	+ 4:46
10	Alan Aamste V	05 Bromsgrove & Redditch	59:47	+ 5:53	9th Open	+ 5:53
11	Justin Lock	28 Serpentine RC (SM)	01:00:48	+ 6:54	10th Open	+ 6:54
12	Al Irvine V	34 Thames Hare & Hounds	01:00:52	+ 6:58	11th Open	+ 6:58
13	Alan Chappell V	02 Biron RR	01:01:19	+ 7:25	12th Open	+ 7:25
14	Clive Beer V	09 City of Bath AC (C)	01:01:32	+ 7:38	13th Open	+ 7:38
15	David Lloyd	42 Les Croupiers RC (V)	01:02:31	+ 8:37	2nd Vet	+ 5:25
16	Jon Embling	52 Conus	01:03:58	+ 10:04	1st Bus.	
17	Neil Miller V	37 Westbury Harriers	01:04:04	+ 10:10	14th Open	+ 10:10
18	Malcolm Roberts V	10 Clevedon AC	01:04:17	+ 10:23	15th Open	+ 10:23
19	Pete Barratt V	50 Air Products	01:05:25	+ 11:31	2nd Bus.	+ 1:27
20	Ron Wamsley V	24 Poole Runners (SM)	01:05:51	+ 11:57	16th Open	+ 11:57
21	Dave Topping V	35 Vale Royal AC	01:06:29	+ 12:35	17th Open	+ 12:35
22	Tony Burt V	03 Brackla Harriers	01:06:37	+ 12:43	18th Open	+ 12:43
23	Roger Briers V	31 Stroud & Dist AC	01:07:52	+ 13:58	19th Open	+ 13:58
24	Mohammed Jiradu	11 Dulwich Runners	01:08:16	+ 14:22	20th Open	+ 14:22
25	Paul Lilley	07 Cheltenham Harriers	01:08:39	+ 14:45	21st Open	+ 14:45
26	Lisa Yeomans F V	33 Telford Harriers	01:08:44	+ 14:50	22nd Open	+ 14:50
27	Hilary Hillhouse F V	36 Stragglers	01:09:05	+ 15:12	23rd Open	+ 15:12
28	John Hughes Roberts V	25 Prestatyn RC	01:09:21	+ 15:27	24th Open	+ 15:27
29	Yvonne Bufen F V	46 Les Croupiers RC (L)	01:10:03	+ 16:09	1st Lady	
30	John Cox V	43 Middleton Harriers (V)	01:11:04	+ 17:10	3rd Vet	+ 13:58
31	Rachael Brough F	49 Serpentine RC (L)	01:12:10	+ 18:16	2nd Lady	+ 2:07
32	Richard Bristow	56 SW Police AAC	01:13:39	+ 19:45	3rd Bus.	+ 9:41
33	Matthew Fincher	29 Sospan RR	01:14:14	+ 20:20	25th Open	+ 20:20
34	Kate Campbell F	55 NetRogs	01:15:32	+ 21:38	4th Bus.	+ 11:34
35	Helen Duffield F	08 Chepstow Harriers	01:15:52	+ 21:58	26th Open	+ 21:58
36	Julie Cameron-Doe F V	44 Serpentine RC (V)	01:17:41	+ 23:47	4th Vet	+ 20:35
37	Tanto Hand F V	32 T.R.O.T.S.	01:17:46	+ 23:54	27th Open	+ 23:54
38	Helen Jolly F V	21 North Fyde AC	01:17:50	+ 23:56	28th Open	+ 23:56
39	Gwen Harvey F V	13 G.W Runners	01:18:46	+ 24:54	29th Open	+ 24:54
40	Del Eyre F V	01 3M Gorseinon RR	01:18:49	+ 24:55	30th Open	+ 24:55
41	Caroline Cummings F V	47 Mersea Ladies	01:19:15	+ 25:25	3rd Lady	+ 9:16
42	Annamarie Evans F	27 San Dom./Club 89	01:19:24	+ 25:30	31st Open	+ 25:30
43	Joanna Kirby F	45 City of Bath AC (L)	01:20:04	+ 26:10	4th Lady	+ 10:01
44	Fabienne Rangoard F	19 Momington Chasers	01:20:28	+ 26:34	32nd Open	+ 26:34
45	Daren Smith	17 Manchester YMCA	01:20:44	+ 26:50	33rd Open	+ 26:50
46	Christine Jennings F V	06 CSA Wanderers	01:22:06	+ 28:12	34th Open	+ 28:12
47	Karen Cooney F V	15 Liswerry Runners	01:24:29	+ 30:35	35th Open	+ 30:35
48	Liz Harris F V	18 Middleton Harriers	01:25:08	+ 31:14	36th Open	+ 31:14
49	Tracey Williams F V	40 3M Gorseinon RR (V)	01:25:17	+ 31:23	5th Vet	+ 28:11
50	Joanna Hendry F V	22 Penarth & Dinas	01:27:09	+ 33:15	37th Open	+ 33:15
51	Sue O'Dowd F V	12 Eastleigh RC	01:30:03	+ 39:15	38th Open	+ 39:15
52	Dawn Lock F V	16 Lytham St Annes RR	01:34:00	+ 40:05	39th Open	+ 40:05
=	Anne Towner F V	48 Poole Runners (L)	01:34:00	+ 40:05	5th Lady	+ 23:57
=	Jacqui Wood F	54 Hummingbird R/KYV	01:34:00	+ 40:05	5th Bus.	+ 30:02

Welsh Castles Relay 2005

Final Results

Stage 5: Harlech to Barmouth

Distance: 9.6 Record: 55:38 (2002)

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
01	Des Mcivor V	39 Wirral AC	56:30		1st Open	
02	Michael Blackmore	02 Biton RR	57:26	+ 0:47	2nd Open	+ 0:47
03	Dave Headon	14 Les Croupiers (SM)	57:39	+ 1:00	3rd Open	+ 1:00
04	Kavin Darcy	28 Serpentine RC (SM)	57:56	+ 1:19	4th Open	+ 1:19
05	Anthony Price V	56 SW Polios AAC	58:40	+ 2:01	1st Bus.	
06	Ian Jackson	25 Salford Harriers	59:04	+ 2:25	5th Open	+ 2:25
07	Alan Kerr V	04 Bridgend AC	59:59	+ 3:20	6th Open	+ 3:20
08	Paul Rose V	06 CSA Wanderers	01:01:58	+ 5:19	7th Open	+ 5:19
09	Malcolm White	37 Westbury Harriers	01:02:18	+ 5:39	8th Open	+ 5:39
10	Jeff Rees V	20 Neath Harriers	01:02:48	+ 6:09	8th Open	+ 6:09
11	Chris Hurlbur	54 Thames Hare & Hounds	01:04:46	+ 8:07	10th Open	+ 8:07
12	Mike Andrews V	10 Clevedon AC	01:05:29	+ 8:50	11th Open	+ 8:50
13	Nigel Barker V	13 G W Runners	01:06:23	+ 9:44	12th Open	+ 9:44
14	Ian Morris V	32 T.R.O.T.S.	01:06:38	+ 9:59	13th Open	+ 9:59
15	Jason Scanlon	23 Ponty Roadents AC	01:08:00	+ 11:21	14th Open	+ 11:21
	= David Morbimer V	41 Bristol & West AC (V)	01:08:00	+ 11:21	1st Vet	
17	Richard Boon	42 Les Croupiers RC (V)	01:08:20	+ 11:41	2nd Vet	+ 0:20
18	Steve Dain V	24 Poole Runners (SM)	01:08:49	+ 12:10	15th Open	+ 12:10
19	Andy Tremblin	36 Winchester & Dist AC	01:09:06	+ 12:27	16th Open	+ 12:27
20	Dave McNamee V	07 Cheltenham Harriers	01:09:33	+ 12:54	17th Open	+ 12:54
21	Reg Chapman V	36 Wexham RR	01:09:37	+ 12:58	18th Open	+ 12:58
22	Nicola Richmond F	11 Dulwich Runners	01:10:17	+ 13:38	19th Open	+ 13:38
23	Kim Braznell F V	47 Marcia Ladies	01:10:45	+ 14:05	1st Lady	
24	Jenny Hughes F	46 Les Croupiers RC (L)	01:11:49	+ 15:10	2nd Lady	+ 1:04
25	Liz Souness F V	30 Stragglers	01:12:48	+ 16:08	20th Open	+ 16:08
26	Adrian Lloyd V	44 Serpentine RC (V)	01:12:56	+ 16:16	3rd Vet	+ 4:58
27	Anne Buderburg F V	35 Vale Royal AC	01:13:23	+ 16:44	21st Open	+ 16:44
28	Dan Marchant V	09 City of Bath AC (O)	01:13:45	+ 17:06	22nd Open	+ 17:06
29	Terry Hill	03 Blackia Harriers	01:14:00	+ 17:21	23rd Open	+ 17:21
30	Gareth Seaward	52 Corus	01:14:40	+ 18:01	2nd Bus.	+ 18:00
31	Jill Perkes F	21 North Fyde AC	01:15:07	+ 18:28	24th Open	+ 18:28
32	Andy Griffiths V	50 Air Products	01:15:13	+ 18:34	3rd Bus.	+ 18:33
33	Kevin McEntee V	08 Chepstow Harriers	01:15:32	+ 18:53	25th Open	+ 18:53
34	Claire Freeman F V	45 City of Bath AC (L)	01:15:56	+ 19:17	3rd Lady	+ 5:11
35	Christina Smith F V	40 3M Gorseinon RR (V)	01:17:07	+ 20:28	4th Vet	+ 9:07
36	John Strange V	33 Telford Harriers	01:17:38	+ 20:59	26th Open	+ 20:59
37	Amy Spiller F	19 Mornington Chasers	01:17:51	+ 21:12	27th Open	+ 21:12
38	Samantha Robinson F	49 Serpentine RC (L)	01:18:38	+ 21:59	4th Lady	+ 7:50
39	Sandy Roberts F V	25 Prestatyn RC	01:18:58	+ 22:19	28th Open	+ 22:19
40	Lindsey Sturdy F	55 NetRegs	01:19:58	+ 23:19	4th Bus.	+ 21:18
41	Andy Hammond V	31 Stroud & Dist AC	01:21:06	+ 24:27	29th Open	+ 24:27
42	Simon Radcliffe V	05 Bromsgrove & Redditch	01:21:17	+ 24:38	30th Open	+ 24:38
43	Mai Bailey V	27 San Dom./Club 89	01:22:49	+ 26:10	31st Open	+ 26:10
44	Eddie Mine V	43 Middleton Harriers (V)	01:23:40	+ 27:01	5th Vet	+ 15:40
45	Stella Sturgess F	22 Penarth & Dinas	01:23:53	+ 27:14	32nd Open	+ 27:14
46	Kirsty Woolford F	01 3M Gorseinon RR	01:25:41	+ 29:02	33rd Open	+ 29:02
47	Yvonne Machell F	12 Eastleigh RC	01:26:33	+ 29:54	34th Open	+ 29:54
48	Gill Walmsley F V	48 Poole Runners (L)	01:29:41	+ 33:02	5th Lady	+ 18:56
49	Sue Todd F V	17 Manchester YMCA	01:30:17	+ 33:58	35th Open	+ 33:58
50	Bill Lock V	16 Lytham St.Annes RR	01:32:27	+ 35:48	36th Open	+ 35:48
51	Julia Davies F V	15 Llanwarry Runners	01:35:49	+ 39:10	37th Open	+ 39:10
52	Sue Taylor F V	18 Middleton Harriers	01:36:00	+ 39:21	38th Open	+ 39:21
	= Ursula Jadauj F	54 Hummingbird R/KYV	01:36:00	+ 39:21	5th Bus.	+ 37:20
54	No Runner Entered	29 Sospen RR	01:51:00	+ 54:21	39th Open	+ 54:21

Welsh Castles Relay 2005

Final Results

Stage 6: Barmouth to Dolgellau

Distance: 10.7 Record: 59:03 (2004)

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
01	James Godber	11 Dulwich Runners	01:02:26		1st Open	
02	Michaela McCalum F	38 Wincheslar & Dist AC	01:03:23	+ 0:57	2nd Open	+ 0:57
03	Phillip Jenkins	04 Bridgend AC	01:03:40	+ 1:14	3rd Open	+ 1:14
04	Paul Fromms	28 Serpentine RC (SM)	01:04:16	+ 1:50	4th Open	+ 1:50
05	Chris Henry V	39 Wirral AC	01:04:29	+ 2:03	5th Open	+ 2:03
06	Mick Cronshaw V	21 North Fylde AC	01:05:09	+ 2:43	6th Open	+ 2:43
07	Andrew Cleves	14 Les Croupiers (SM)	01:05:50	+ 3:24	7th Open	+ 3:24
08	Bob Bamsay V	20 Neath Harriers	01:06:18	+ 3:52	8th Open	+ 3:52
09	Andrew Jones	25 Prestatyn RC	01:06:22	+ 3:56	9th Open	+ 3:56
10	George Kennedy V	36 Wesham RR	01:06:51	+ 4:25	10th Open	+ 4:25
11	Keith Long V	24 Poole Runners (SM)	01:09:00	+ 6:34	11th Open	+ 6:34
12	Geoff Smith V	10 Clevedon AC	01:09:22	+ 6:56	12th Open	+ 6:56
13	Dave Lewis	05 Bromsgrove & Redditch	01:09:40	+ 7:14	13th Open	+ 7:14
14	Tony Jafferles	37 Westbury Harriers	01:10:36	+ 8:09	14th Open	+ 8:09
15	Mark Kallenberg V	06 CSA Wanderers	01:11:20	+ 8:54	15th Open	+ 8:54
16	Dan Pescod	34 Thames Hare & Hounds	01:11:43	+ 9:17	16th Open	+ 9:17
17	Graham Crump V	41 Bristol & West AC (V)	01:12:33	+ 10:07	1st Vet	
18	Dave Bright	42 Les Croupiers RC (V)	01:13:17	+ 10:51	2nd Vet	+ 0:44
19	Maria Lowe F	26 Salford Harriers	01:14:03	+ 11:37	17th Open	+ 11:37
20	Abu Bhanwaria	30 Stragglers	01:14:19	+ 11:53	18th Open	+ 11:53
21	Tim Yeandle V	12 Eastleigh RC	01:14:29	+ 12:02	19th Open	+ 12:02
22	Dick Finch V	08 Chepstow Harriers	01:14:35	+ 12:09	20th Open	+ 12:09
23	Paul Sullivan V	23 Ponty Roadents AC	01:14:56	+ 12:30	21st Open	+ 12:30
24	Anita Cavell V	52 Conus	01:15:00	+ 12:34	1st Bus	
25	Mark Halliwell	03 Brackla Harriers	01:16:04	+ 13:38	22nd Open	+ 13:38
26	John Hattersley V	19 Mornington Chasers	01:16:22	+ 13:56	23rd Open	+ 13:56
27	Mike Bull V	13 G W Runners	01:16:28	+ 14:02	24th Open	+ 14:02
28	Ruth Davies F	46 Les Croupiers RC (L)	01:17:14	+ 14:48	1st Lady	
29	Lela Hudson F	49 Serpentine RC (L)	01:18:34	+ 16:08	2nd Lady	+ 1:20
30	Richard Rogan V	07 Cheltenham Harriers	01:18:52	+ 16:26	25th Open	+ 16:26
31	Bernie Monk V	27 San Dom /Club 69	01:19:11	+ 16:45	26th Open	+ 16:45
32	Louise Little F V	31 Stroud & Dist AC	01:19:16	+ 16:50	27th Open	+ 16:50
33	Roy Stevens V	16 Lytham St Annes RR	01:21:54	+ 19:28	28th Open	+ 19:28
34	Simon Morgan	56 SW Police AAC	01:23:15	+ 20:49	2nd Bus	+ 8:15
35	Dave Howells V	15 Llwynery Runners	01:23:17	+ 20:51	29th Open	+ 20:51
36	Janet Snow F V	36 Vale Royal AC	01:23:45	+ 21:19	30th Open	+ 21:19
37	Liam Wilcox	17 Manchester YMCA	01:25:46	+ 23:20	31st Open	+ 23:20
38	Brian Oatley V	09 City of Bath AC (O)	01:26:15	+ 23:49	32nd Open	+ 23:49
39	Richard Gilbert	33 Telford Harriers	01:26:20	+ 23:54	33rd Open	+ 23:54
40	Elizabeth Clifford F V	47 Mercia Ladies	01:26:41	+ 24:15	3rd Lady	+ 9:27
41	Helen Pettamerides F	45 City of Bath AC (L)	01:27:24	+ 24:58	4th Lady	+ 10:10
42	Michael Graham V	02 Eilton RR	01:27:30	+ 25:04	34th Open	+ 25:04
43	Mike Hodges V	32 T.R.O.T.S.	01:27:34	+ 25:08	35th Open	+ 25:08
44	Michael Renwick V	22 Penarth & Dines	01:27:43	+ 25:17	36th Open	+ 25:17
45	Linda Hutchinson F V	01 3M Gorseinon RR	01:27:55	+ 25:29	37th Open	+ 25:29
46	Gaynor Hurland F V	40 3M Gorseinon RR (V)	01:27:55	+ 25:29	3rd Vet	+ 15:22
47	Jill Barnett F V	18 Middleton Harriers	01:30:40	+ 28:14	38th Open	+ 28:14
48	Kevin Ogden V	43 Middleton Harriers (V)	01:33:17	+ 30:51	4th Vet	+ 20:44
49	Celia Robbins F V	55 NetRegs	01:34:58	+ 32:32	3rd Bus	+ 19:58
50	Keith Evans V	44 Serpentine RC (V)	01:38:19	+ 35:53	5th Vet	+ 25:46
51	Byron Morgan V	29 Gospan RR	01:41:40	+ 39:14	39th Open	+ 39:14
52	Colin Lawton	54 Hummingbird R/RYV	01:42:57	+ 40:31	4th Bus	+ 27:57
53	Sue Goodship F V	48 Poole Runners (L)	01:43:14	+ 40:48	5th Lady	+ 28:00
54	Phil Brackpool V	50 Air Products	01:47:00	+ 44:34	5th Bus	+ 32:00

Welsh Castles Relay 2005

Final Results

Stage 7: Dolgellau to Dinas Mawddwy

Distance: 9.75 No Record, New Route

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
01	Ian Harkness	34 Thames Hare & Hounds	55:07		1st Open	
02	Mo Manir	52 Conus	59:09	+ 4:02	1st Bus	
03	Nick Page	10 Clevedon AC	59:57	+ 4:50	2nd Open	+ 4:50
04	Joe Thomas	04 Bridgend AC	01:00:05	+ 4:58	3rd Open	+ 4:58
05	Chris Pnelan V	30 Stragglers	01:00:28	+ 5:21	4th Open	+ 5:21
06	Gareth Jones	26 Neath Harriers	01:00:53	+ 5:46	5th Open	+ 5:46
07	Nick Rheam	09 City of Bath AC (O)	01:00:53	+ 5:52	6th Open	+ 5:52
08	Kaith Davies	14 Les Croupiers (SM)	01:01:03	+ 5:58	7th Open	+ 5:58
09	Ian Vaughan	55 NetRegs	01:01:21	+ 6:14	2nd Bus	+ 2:12
10	Ian Druce	26 Serpentine RC (SM)	01:01:58	+ 6:51	8th Open	+ 6:51
11	Les Endean V	21 North Fyde AC	01:02:22	+ 7:15	9th Open	+ 7:15
12	S McMyler V	26 Salford Harriers	01:02:24	+ 7:17	10th Open	+ 7:17
13	Mick Flatley	18 Middleton Harriers	01:02:28	+ 7:21	11th Open	+ 7:21
14	Mick Tabor V	27 San Dom./Club 69	01:03:19	+ 8:12	12th Open	+ 8:12
15	Peter Scarratt V	39 Wirral AC	01:03:31	+ 8:24	13th Open	+ 8:24
16	Tony Marshall V	07 Cheltenham Harriers	01:03:36	+ 8:29	14th Open	+ 8:29
17	Ian Keyte V	05 Bromsgrove & Redditch	01:05:18	+ 10:11	15th Open	+ 10:11
18	Eddie Giltgan V	17 Manchester YMCA	01:05:23	+ 10:16	16th Open	+ 10:16
19	Chris Guernier V	15 Liswerry Runners	01:05:37	+ 10:30	17th Open	+ 10:30
20	Simon Hill	02 Bilton RR	01:06:21	+ 11:14	18th Open	+ 11:14
21	Tieran Odelegh V	11 Dulorch Runners	01:06:56	+ 11:51	19th Open	+ 11:51
22	Joe Webb	37 Westbury Harriers	01:07:20	+ 12:13	20th Open	+ 12:13
23	Anne Fallows F	46 Les Croupiers RC (L)	01:08:03	+ 12:56	1st Lady	
24	Chris H Jones V	15 Liswerry Runners	01:08:14	+ 13:07	21st Open	+ 13:07
25	Ben Farag	42 Les Croupiers RC (V)	01:08:22	+ 13:15	1st Vet	
26	Andy Yeland	26 Wesham RR	01:08:33	+ 13:26	22nd Open	+ 13:26
27	Geoff Richards V	50 Air Products	01:08:38	+ 13:31	3rd Bus	+ 9:29
28	Matthew Brown V	35 Vale Royal AC	01:08:58	+ 13:49	23rd Open	+ 13:49
29	Graham Chesters V	43 Middleton Harriers (V)	01:09:23	+ 14:16	2nd Vet	+ 1:01
30	Alan Court V	12 Eastleigh RC	01:09:57	+ 14:50	24th Open	+ 14:50
31	Graham Stone V	25 Prestatyn RC	01:10:23	+ 15:16	25th Open	+ 15:16
32	Andy Bevan	13 G W Runners	01:10:43	+ 15:36	26th Open	+ 15:36
33	Alan Heap	16 Lytham St Annes RR	01:11:09	+ 16:02	27th Open	+ 16:02
34	Pete Halson V	38 Winchester & Dist AC	01:11:17	+ 16:10	28th Open	+ 16:10
35	Simon Barnes	31 Stroud & Dist AC	01:11:20	+ 16:13	29th Open	+ 16:13
36	Mark Dickinson V	41 Bristol & West AC (V)	01:11:54	+ 16:47	3rd Vet	+ 3:32
37	Pete Maggs V	08 Chepstow Harriers	01:12:20	+ 17:13	30th Open	+ 17:13
38	Robert Wilcox	22 Penarth & Dinas	01:12:24	+ 17:17	31st Open	+ 17:17
39	Steve Harris V	33 Talford Harriers	01:12:26	+ 17:21	32nd Open	+ 17:21
40	Becky Griffith F	48 Poole Runners (L)	01:12:47	+ 17:40	2nd Lady	+ 4:44
41	Jim Cooper V	32 T.R.O.T.S.	01:13:53	+ 18:26	33rd Open	+ 18:26
42	Gwyn Lloyd V	23 Ponty Roadents AC	01:13:53	+ 18:46	34th Open	+ 18:46
43	Sarah Edmunds F	49 Serpentine RC (L)	01:14:48	+ 19:41	3rd Lady	+ 6:45
44	Ian Richards	29 Sorsan RR	01:15:40	+ 20:33	35th Open	+ 20:33
45	Antonio Latorre V	44 Serpentine RC (V)	01:17:26	+ 22:19	4th Vet	+ 9:04
46	Phil Trebble V	03 Brackla Harriers	01:18:55	+ 23:48	36th Open	+ 23:48
47	Geoff White V	40 3M Gorseinon RR (V)	01:19:03	+ 23:56	5th Vet	+ 10:41
48	Jo Bradley F V	45 City of Bath AC (L)	01:19:46	+ 24:39	4th Lady	+ 11:43
49	Paul Sant	19 Morington Chasers	01:21:00	+ 25:53	37th Open	+ 25:53
50	Jana Anderson F V	47 Mercia Ladies	01:21:17	+ 26:10	5th Lady	+ 13:14
51	Allan Smith V	01 3M Gorseinon RR	01:22:45	+ 27:38	38th Open	+ 27:38
52	Paul Archer	56 SW Police AAC	01:32:56	+ 37:49	4th Bus	+ 33:47
53	Susan Jenkins F V	06 CSA Wanderers	01:36:29	+ 41:22	39th Open	+ 41:22
54	Alan To	54 Hummingbird R/KYY	01:38:00	+ 42:53	5th Bus	+ 38:51

Welsh Castles Relay 2005

Final Results

Stage 8: Dinas Mawddwy to Foel

Distance: 11.2 Record: 55:14 (1992)

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
01	John Collingham	52 Conus	01:04:21		1st Bus.	
02	Phil Carbutt V	05 Bromsgrove & Redditch	01:04:52	+0:31	1st Open	
03	Clive Richards V	10 Clevedon AC	01:04:57	+0:36	2nd Open	+0:05
04	Graham Cuthbert V	41 Bristol & West AC (V)	01:06:00	+1:39	1st Vet	
05	Andy McCoy	07 Cheltenham Harriers	01:06:16	+1:55	3rd Open	+1:24
06	Kevin Buxton V	34 Thames Hare & Hounds	01:06:38	+2:17	4th Open	+1:46
07	Bill Snelgrove V	39 Wirral AC	01:06:48	+2:27	5th Open	+1:56
08	Geran Hughes	14 Les Croupiers (SM)	01:07:39	+3:18	6th Open	+2:47
09	Paul Harris	15 Liswerry Runners	01:08:09	+3:48	7th Open	+3:17
10	D Shaw V	26 Salford Harriers	01:08:20	+3:59	8th Open	+3:28
11	Nigel Rothwell	33 Stragglers	01:08:56	+4:35	9th Open	+4:04
12	Scott Neal	24 Poole Runners (SM)	01:09:23	+5:02	10th Open	+4:31
13	John Greene	28 Serpentine RC (SM)	01:09:23	+5:02	11th Open	+4:31
14	Howard Carpenter V	20 Neath Harriers	01:10:02	+5:41	12th Open	+5:10
15	Tony Croft V	16 Lytham St Annes RR	01:10:08	+5:47	13th Open	+5:16
16	Pat Byrne V	43 Middleton Harriers (V)	01:11:04	+6:43	2nd Vet	+5:04
17	James MacIntyre	38 Winchester & Dist AC	01:11:27	+7:06	14th Open	+5:35
18	Robert Hunt V	04 Bridgend AC	01:11:31	+7:10	15th Open	+5:39
19	Julian Davies	23 Ponty Roadents AC	01:12:10	+7:49	16th Open	+7:18
20	Carl Hamer	27 San Dom./Club 69	01:12:59	+8:38	17th Open	+8:07
21	Andrew Hitchings	55 NetRegs	01:13:17	+8:56	2nd Bus.	+8:56
22	Dave Bulley V	02 Bilton RR	01:13:22	+9:01	18th Open	+8:30
23	Mel Watson F	32 T.R.O.T.S.	01:14:02	+9:41	19th Open	+9:10
24	Bill Savage V	08 Chestow Harriers	01:14:46	+10:25	20th Open	+9:54
25	Michael Court	35 Vale Royal AC	01:15:16	+10:55	21st Open	+10:24
26	Sara Rhimes F V	12 Eastleigh RC	01:15:29	+11:08	22nd Open	+10:37
27	Graeme Donnan	42 Les Croupiers RC (V)	01:16:56	+12:35	3rd Vet	+10:56
28	Michelle Keay F	33 Telford Harriers	01:17:04	+12:43	23rd Open	+12:12
29	Christel Beukes F V	49 Serpentine RC (L)	01:17:17	+12:56	1st Lady	
30	Mark Midgley	36 Wesham RR	01:17:54	+13:33	24th Open	+13:02
31	Jo Fifield F	31 Stroud & Dist AC	01:18:13	+13:52	25th Open	+13:21
32	Paul Elard	03 Brackla Harriers	01:18:25	+14:04	26th Open	+13:33
33	Chris Taylor V	11 Dulwich Runners	01:19:17	+14:56	27th Open	+14:25
34	Dave Wood V	21 North Fyde AC	01:20:08	+15:47	28th Open	+15:16
35	Neil Wilkinson V	06 CSA Wanderers	01:21:30	+17:09	29th Open	+16:38
36	Trina Lindop F V	48 Poole Runners (L)	01:21:37	+17:16	2nd Lady	+4:20
37	Paul Sandford	54 Hummingbird R/KYV	01:22:42	+18:21	3rd Bus.	+18:21
38	Phil Court	37 Westbury Harriers	01:23:27	+19:06	30th Open	+18:35
39	Jenny Hart F	01 SM Gorseion RR	01:23:38	+19:17	31st Open	+18:46
40	Philip Jones V	25 Prestatyn RC	01:23:45	+19:24	32nd Open	+18:53
41	Tony Baker V	40 SM Gorseion RR (V)	01:24:30	+20:09	4th Vet	+18:30
42	Ann Stuart F V	47 Mercia Ladies	01:24:31	+20:10	3rd Lady	+7:14
43	Glenda Edwards F V	45 Les Croupiers RC (L)	01:24:38	+20:17	4th Lady	+7:21
44	Paul Esley V	08 City of Bath AC (O)	01:24:58	+20:37	33rd Open	+20:06
45	Peter Wallace V	13 G W Runners	01:25:13	+20:52	34th Open	+20:21
46	Kevin Russell V	56 SW Police AAC	01:25:38	+21:17	4th Bus.	+21:17
47	Jonathan Davies V	29 Sospan RR	01:25:51	+21:30	35th Open	+20:56
48	Ian Manners	17 Manchester YMCA	01:27:09	+22:48	36th Open	+22:17
49	John Nodder V	19 Mornington Chasers	01:28:43	+24:22	37th Open	+23:51
50	Lotta Hedberg F	45 City of Bath AC (L)	01:28:51	+24:30	5th Lady	+11:34
51	Teresa Hollins F V	18 Middleton Harriers	01:29:45	+25:24	38th Open	+24:53
52	Robert Wilson V	22 Penarth & Dinas	01:30:10	+25:49	39th Open	+25:18
53	Andy Tassell V	50 Air Products	01:32:23	+28:02	5th Bus.	+28:02
54	Leala Padmanathan F V	44 Serpentine RC (V)	01:35:26	+31:05	5th Vet	+29:26

Welsh Castles Relay 2005

Final Results

Stage 9: Foel to Ll. Caereinion

Distance: 8.6 Record: 43:32 (2004)

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
01	John Reilly V	43 Middleton Harriers (V)	48:38		1st Vet.	
02	Malcolm Adams V	32 T.R.O.T.S.	50:11	+ 1:33	1st Open	
03	Anne Marie Hutchinson F	20 Neath Harriers	50:16	+ 1:38	2nd Open	+ 0:05
04	Simon Nurse	14 Les Croupiers (SM)	50:37	+ 1:59	3rd Open	+ 0:26
05	Lynn Jolley F	52 Corus	50:49	+ 2:11	1st Bus.	
06	Pete Weatherhead V	39 Wirral AC	51:07	+ 2:29	4th Open	+ 0:56
07	Duncan Gaskell V	30 Stragglers	51:14	+ 2:36	5th Open	+ 1:03
08	Michael Kalenberg	05 CSA Wanderers	51:17	+ 2:39	6th Open	+ 1:06
09	Matt Cummins	28 Serpentine RC (SM)	52:39	+ 4:01	7th Open	+ 2:28
10	Jeff Russel V	27 San Don./Club 69	52:49	+ 4:11	8th Open	+ 2:38
11	Dave Cleverley V	05 Bromsgrove & Redditch	53:29	+ 4:51	9th Open	+ 3:18
12	Matt Bryant	34 Thames Hare & Hounds	55:18	+ 6:40	10th Open	+ 5:07
13	Terry Morgan V	41 Bristol & West AC (V)	56:16	+ 7:37	2nd Vet	+ 7:37
14	Simon Hazitt	38 Winchester & Dist AC	56:38	+ 8:00	11th Open	+ 6:27
15	Sharon Ford F V	03 Brackla Harriers	57:12	+ 8:34	12th Open	+ 7:01
16	Martin Liddington V	02 Bliton RR	57:56	+ 9:18	13th Open	+ 7:45
17	Des Davise	42 Les Croupiers RC (V)	58:01	+ 9:23	3rd Vet	+ 9:23
18	Gary Powell V	10 Clevedon AC	58:06	+ 9:28	14th Open	+ 7:55
19	Neil Ivens V	50 Air Products	58:41	+ 10:03	2nd Bus.	+ 7:52
20	Peter Brook V	31 Stroud & Dist AC	01:00:04	+ 11:26	15th Open	+ 8:53
21	V Murphy V	26 Salford Harriers	01:00:23	+ 11:45	16th Open	+ 10:12
22	Colin Marrs V	37 Westbury Harriers	01:00:58	+ 12:20	17th Open	+ 10:47
23	Ian Cosh V	36 Wexham RR	01:01:20	+ 12:42	18th Open	+ 11:09
24	Jane Campion F V	35 Vale Royal AC	01:01:44	+ 13:06	18th Open	+ 11:33
25	Kate Brandrick F	25 Prestatyn RC	01:01:57	+ 13:19	20th Open	+ 11:46
26	Rae Willoughby V	16 Lytham St Annes RR	01:02:14	+ 13:36	21st Open	+ 12:03
27	Andy Mullet V	09 City of Bath AC (O)	01:02:47	+ 14:09	22nd Open	+ 12:36
28	Sue Neal F V	46 Les Croupiers RC (L)	01:03:52	+ 15:14	1st Lady	
29	Mike Towner V	24 Poole Runners (SM)	01:03:59	+ 15:21	23rd Open	+ 13:48
30	Jeannette Meuler F V	49 Serpentine RC (L)	01:04:09	+ 15:31	2nd Lady	+ 0:17
31	Stuart Davidson V	04 Bridgend AC	01:04:32	+ 15:54	24th Open	+ 14:21
32	Karen Dunford F V	21 North Fylde AC	01:04:38	+ 16:00	25th Open	+ 14:27
33	Chris Cameron-Dee V	44 Serpentine RC (V)	01:04:56	+ 16:18	4th Vet	+ 16:18
34	David Falshaw	33 Talford Harriers	01:05:39	+ 17:01	26th Open	+ 15:28
35	Clairie Gibbon F	08 Chepstow Harriers	01:05:51	+ 17:13	27th Open	+ 15:40
36	Emma Washburn F	55 NetRegs	01:07:02	+ 18:24	3rd Bus.	+ 16:13
37	Pam Ferris F V	07 Chebenham Harriers	01:07:31	+ 18:53	28th Open	+ 17:20
38	Peta Davies F V	15 Liswerry Runners	01:08:09	+ 19:31	29th Open	+ 17:58
39	Malcolm Offer V	13 G W Runners	01:08:38	+ 20:00	30th Open	+ 18:27
40	Glenda Clark F V	47 Merca Ladies	01:08:47	+ 20:09	3rd Lady	+ 4:55
41	Chris Vernon V	11 Dulwich Runners	01:08:51	+ 20:13	31st Open	+ 18:40
42	Dennis Michael V	56 SW Police AAC	01:09:16	+ 20:38	4th Bus.	+ 18:27
43	Esther Roberts F	22 Penarth & Dines	01:11:20	+ 22:42	32nd Open	+ 21:09
44	Liz Milson F	45 City of Bath AC (L)	01:11:28	+ 22:50	4th Lady	+ 7:36
45	Lorraine Read F V	12 Eastleigh RC	01:12:47	+ 24:09	33rd Open	+ 22:36
46	Henry Hayward V	40 3M Gorseinon RR (V)	01:14:56	+ 26:18	5th Vet	+ 26:18
47	Mel Eapin F V	48 Poole Runners (L)	01:16:13	+ 27:35	6th Lady	+ 12:21
48	Karen Grey F	01 3M Gorseinon RR	01:16:25	+ 27:47	34th Open	+ 28:14
49	Rachel Matthews F	19 Mornington Chasers	01:16:38	+ 28:00	35th Open	+ 28:27
50	Neil Atherton V	17 Manchester YMCA	01:18:47	+ 30:09	36th Open	+ 28:36
51	Janice Pugh F V	18 Middleton Harriers	01:23:05	+ 34:27	37th Open	+ 32:54
52	Anne Hamilton F V	54 Hummingbird R/NYV	01:26:00	+ 37:22	5th Bus.	+ 35:11
53	No Runner Entered	23 Ponty Roadents AC	01:41:00	+ 52:22	38th Open	+ 50:49
=	No Runner Entered	29 Gospan RR	01:41:00	+ 52:22	38th Open	+ 50:49

Welsh Castles Relay 2005

Final Results

Stage 10: Ll. Coereinion to Newtown

Distance: 13.3 No Record, New Route

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
01	Clive Bromhall V	41 Brietol & West AC (V)	01:14:24		1st Vet.	
02	Larry Matthews	34 Thomas Hare & Hounds	01:14:39	+ 0:15	1st Open	+ 1:42
03	Kevin Spilman V	07 Cheltenham Harriers	01:16:21	+ 1:57	2nd Open	+ 2:23
04	Alex Rowe V	36 Wexham RR	01:17:02	+ 2:38	3rd Open	+ 2:38
05	Julian Mann	38 Winchester & Dist AC	01:17:17	+ 2:53	4th Open	+ 2:45
06	Nick Janvier	04 Bridgend AC	01:17:24	+ 3:00	5th Open	+ 3:10
07	Rod Jones	37 Westbury Harriers	01:17:49	+ 3:25	6th Open	+ 3:13
08	Mark Hulmaston	39 Wirral AC	01:18:30	+ 4:06	8th Open	+ 3:51
09	Lee Christmas V	31 Stroud & Dist AC	01:19:05	+ 4:41	9th Open	+ 4:26
10	Andrew Reeves	28 Serpentine RC (SM)	01:19:29	+ 5:05	10th Open	+ 4:50
11	Stuart Robinson	21 North Fylde AC	01:19:32	+ 5:08	11th Open	+ 4:53
12	Jason Williams	10 Clevedon AC	01:21:37	+ 7:13	12th Open	+ 6:58
13	Jim Aymote V	24 Poole Runners (SM)	01:21:39	+ 7:15	13th Open	+ 7:00
14	Nick McGeoch	14 Les Croupiers (SM)	01:21:56	+ 7:32	14th Open	+ 7:17
15	Gareth Thomas	20 Neath Harriers	01:22:11	+ 7:47	2nd Vet	+ 7:47
16	Stuart Hulme V	43 Middleton Harriers (V)	01:22:23	+ 7:59	15th Open	+ 7:44
17	Craig Davey	09 City of Bath AC (O)	01:23:32	+ 9:08	16th Open	+ 8:53
18	M Holmes V	26 Salford Harriers	01:23:50	+ 9:26	17th Open	+ 9:11
19	Clam Clement V	22 Penarth & Dinas	01:24:30	+ 10:06	18th Open	+ 9:51
20	Michael Evans	32 T.R.O.T.S.	01:25:08	+ 10:44	19th Open	+ 10:29
21	Richard Marks V	06 CSA Wanderers	01:25:18	+ 11:54	20th Open	+ 11:39
22	John Evans	12 Eastleigh RC	01:26:20	+ 11:56	21st Open	+ 11:41
23	Simon Suttler	18 Middleton Harriers	01:26:57	+ 12:33	22nd Open	+ 12:18
24	Nick Thomas V	33 Telford Harriers	01:27:19	+ 12:55	23rd Open	+ 12:40
25	Martin Davies V	15 Liswerry Runners	01:27:33	+ 13:09	1st Bus.	+ 13:03
26	John Diffev V	86 SW Police AAC	01:27:42	+ 13:18	24th Open	+ 13:53
27	Ian Hoare V	02 Bitton RR	01:28:32	+ 14:08	25th Open	+ 1:30
28	Martin Longhurst V	13 G W Runners	01:28:03	+ 14:39	2nd Bus.	+ 14:51
29	Sjaak Betjes	52 Corus	01:29:30	+ 15:06	26th Open	+ 15:46
30	Nick Brown V	30 Stragglers	01:30:25	+ 16:01	27th Open	+ 16:41
31	Paul Williams V	23 Ponty Roadents AC	01:30:58	+ 16:34	1st Lady	+ 17:33
32	Claire Warner F	49 Serpentine RC (L)	01:31:20	+ 16:56	28th Open	+ 18:22
33	Andy Murray V	11 Dulwich Runners	01:32:12	+ 17:48	29th Open	+ 18:30
34	Andrew Thomas	29 Sospan RR	01:32:46	+ 18:22	3rd Vet	+ 18:58
35	Alan Mann	42 Les Croupiers RC (V)	01:33:09	+ 18:45	30th Open	+ 2:45
36	Brian Pyreh V	16 Lytham St Annes RR	01:33:37	+ 19:13	31st Open	+ 19:57
37	Phil Scame	05 Bromsgrove & Redditch	01:33:43	+ 19:19	2nd Lady	+ 20:42
38	Veronica Singleton F V	46 Les Croupiers RC (L)	01:34:36	+ 20:12	32nd Open	+ 21:35
39	Olivia Renshaw F	35 Vale Royal AC	01:35:21	+ 20:57	33rd Open	+ 5:36
40	Nigel Oldham	17 Manchester YMCA	01:36:14	+ 21:50	34th Open	+ 5:49
41	Paul Christie	08 Chepstow Harriers	01:36:36	+ 22:12	3rd Lady	+ 10:37
42	Yvonne Tibble F V	48 Poole Runners (L)	01:36:47	+ 22:23	4th Lady	+ 24:09
43	Aileen Vaingiaux F V	45 City of Bath AC (L)	01:38:10	+ 23:46	3rd Bus.	+ 9:07
44	Stuart Williams	50 Air Products	01:38:33	+ 24:09	4th Vet	+ 25:38
45	Nigel Pitt V	40 3M Gorsainon RR (V)	01:40:05	+ 25:41	5th Lady	+ 26:13
46	Rowena Bales F V	47 Marcia Ladies	01:40:17	+ 25:53	35th Open	+ 20:21
47	Paul Ford	03 Brackle Harriers	01:40:52	+ 26:28	36th Open	+ 33:28
48	Steve Hatfield V	25 Prestatyn RC	01:47:54	+ 33:30	4th Bus.	+ 36:59
49	John Shaughnessy	55 NetRegs	01:48:07	+ 33:43	37th Open	+ 46:30
50	Paul Rees V	01 3M Gorsainon RR	01:51:38	+ 37:14	38th Open	+ 43:23
51	Jane Noddier F V	19 Mornington Chasers	02:02:54	+ 46:30	5th Vet	+ 73:21
52	Oliver Foster V	44 Serpentine RC (V)	02:10:58	+ 56:32	5th Bus.	
53	Ian Capon V	54 Hummingbird R/K/V	02:28:00	+ 73:36	39th Open	
54	No Runner Entered	27 San Dem /Club 69				

Welsh Castles Relay 2005

Final Results

Stage 11: Newtown to Ll. Fynydd

Distance: 12.3 Record: 64:14 (1995)

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
01	George Hide	38 Winchester & Dist AC	01:09:00		1st Open	
02	Nick Hides V	10 Clevedon AC	01:09:40	+ 0:40	2nd Open	+ 0:40
03	David Symons	34 Thames Hare & Hounds	01:09:45	+ 0:45	3rd Open	+ 0:45
04	Rob Abin	04 Bridgend AC	01:10:05	+ 1:05	4th Open	+ 1:05
05	David Williams	14 Les Croupiers (SM)	01:10:41	+ 1:41	5th Open	+ 1:41
06	David Coales	09 City of Bath AC (O)	01:11:51	+ 2:51	6th Open	+ 2:51
07	Stirling Slingerland	28 Serpentine RC (SM)	01:12:59	+ 3:59	7th Open	+ 3:59
08	Tony Devoy V	39 Winst AC	01:14:15	+ 5:15	8th Open	+ 5:15
09	Martin Pengilly	08 Chepstow Harriers	01:14:36	+ 5:36	9th Open	+ 5:36
10	Paul Horvath	27 San Don/Club 59	01:16:12	+ 7:12	10th Open	+ 7:12
11	Graham Jax V	24 Poole Runners (SM)	01:16:23	+ 7:23	11th Open	+ 7:23
12	Paul Sperrin V	02 Biton RR	01:16:46	+ 7:46	12th Open	+ 7:46
13	Phil Jones V	20 Neath Harriers	01:17:14	+ 8:14	13th Open	+ 8:14
14	Alan Pitt V	31 Stroud & Dist AC	01:18:13	+ 9:13	14th Open	+ 9:13
15	Dave Sullivan V	12 Eadleigh RC	01:19:01	+ 10:01	15th Open	+ 10:01
16	Theo Tesselair	52 Corus	01:19:34	+ 10:34	1st Bus.	
17	Cave Davies	29 Scapan RR	01:19:41	+ 10:41	16th Open	+ 10:41
18	John Soroson V	43 Middleton Harriers (V)	01:19:56	+ 10:56	1st Vet	
19	Curtis Bailey V	07 Cheltenham Harriers	01:20:32	+ 11:32	17th Open	+ 11:32
20	Arwel Jones V	25 Prestatyn RC	01:21:48	+ 12:48	18th Open	+ 12:48
21	Dave Gough V	35 Vale Royal AC	01:22:28	+ 13:28	19th Open	+ 13:28
22	Dave Dunn V	16 Lytham St Annes RR	01:22:33	+ 13:33	20th Open	+ 13:33
23	Rob Sandles	01 3M Gorseinon RR	01:23:23	+ 14:23	21st Open	+ 14:23
24	Claire Peacock F V	30 Stragglers	01:23:30	+ 14:30	22nd Open	+ 14:30
25	Clive Tucker V	41 Bristol & West AC (V)	01:23:51	+ 14:51	2nd Vet	+ 3:53
26	Pete Hawcroft V	05 Bromsgrove & Redditch	01:24:22	+ 15:22	23rd Open	+ 15:22
27	Mark Meumann	19 Mornington Chasers	01:24:34	+ 15:34	24th Open	+ 15:34
28	Clive Athwood V	37 Westbury Harriers	01:24:39	+ 15:39	25th Open	+ 15:39
29	John Hargreaves V	13 G W Runners	01:24:53	+ 15:53	26th Open	+ 15:53
30	David Thomas V	40 3M Gorseinon RR (V)	01:24:58	+ 15:58	3rd Vet	+ 5:00
31	Sue Spencer Cusick F V	45 City of Bath AC (L)	01:25:11	+ 16:11	1st Lady	
32	Valerie Metcalf F V	49 Serpentine RC (L)	01:25:14	+ 16:14	2nd Lady	+ 6:03
33	Mike Davies	42 Les Croupiers RC (V)	01:25:53	+ 16:53	4th Vet	+ 5:56
34	Martin Morley V	11 Dulwich Runners	01:26:25	+ 17:25	27th Open	+ 17:26
35	Mark Jones V	23 Ponty Roadents AC	01:26:31	+ 17:31	28th Open	+ 17:31
36	A Towell	26 Salford Harriers	01:27:19	+ 18:19	29th Open	+ 18:19
37	Ian Close V	21 North Hyde AC	01:27:22	+ 18:22	30th Open	+ 18:22
38	Cyril Walters V	32 T.R.O.T.S	01:28:27	+ 19:27	31st Open	+ 19:27
39	John Spiteri V	22 Penarth & Dinas	01:28:36	+ 19:36	32nd Open	+ 19:36
40	Paul Day V	15 Llawerny Runners	01:29:51	+ 20:51	33rd Open	+ 20:51
41	Steve Symons	17 Manchester YMCA	01:29:56	+ 20:56	34th Open	+ 20:56
42	Alan Taylor	36 Wesham RR	01:32:41	+ 23:41	35th Open	+ 23:41
43	Steve New V	56 SW Police AAC	01:32:59	+ 23:59	2nd Bus.	+ 13:25
44	Carol Miller F V	46 Les Croupiers RC (L)	01:33:08	+ 24:08	3rd Lady	+ 7:57
45	Vicki Smith F V	47 Mercia Ladies	01:34:18	+ 25:18	4th Lady	+ 9:07
46	Darrell Sturley V	55 NetRegs	01:37:39	+ 28:39	3rd Bus.	+ 18:06
47	Keith Treharne V	03 Brackla Harriers	01:38:03	+ 29:03	36th Open	+ 29:03
48	Jason Worrall	18 Middleton Harriers	01:38:33	+ 29:33	37th Open	+ 29:33
49	Jeff Wright V	33 Telford Harriers	01:39:18	+ 30:18	38th Open	+ 30:18
50	Alastair Gear V	44 Serpentine RC (V)	01:39:29	+ 30:29	5th Vet	+ 19:31
51	E Roland Sherwood V	06 CSA Wanderers	01:42:20	+ 33:20	39th Open	+ 33:20
52	Heather Brain F V	48 Poole Runners (L)	01:44:28	+ 35:28	5th Lady	+ 19:17
	= Peter Perez	54 Hummingbird R/KYV	01:44:28	+ 35:28	4th Bus.	+ 24:54
54	Aled Williams	50 Air Products	02:03:00	+ 54:00	5th Bus.	+ 43:26

Welsh Castles Relay 2005

Final Results

Stage 12: Ll. Fynydd to Crossgates
Distance: 11.2 Record: 53:33 (1993)

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
01	Roy Reader	30 Stragglers	01:01:07		1st Open	
02	Tony McDewitt V	39 Wlra AC	01:02:55	+ 1:48	2nd Open	+ 1:48
03	Jonathan Embling V	04 Bridgend AC	01:03:09	+ 2:02	3rd Open	+ 2:02
04	Nick Malynn	34 Thames Hare & Hounds	01:03:16	+ 2:09	4th Open	+ 2:09
05	Elliott Prince	07 Cheltenham Harriers	01:04:11	+ 3:04	5th Open	+ 3:04
06	Peter Kellam	14 Les Croupiers (SM)	01:05:24	+ 4:17	6th Open	+ 4:17
07	Andrew Maynard V	28 Serpentine RC (SM)	01:05:03	+ 4:56	7th Open	+ 4:56
08	Zoe Tucker F	02 Bilton RR	01:05:07	+ 5:00	8th Open	+ 5:00
09	Peter Spalman V	38 Winchester & Dist AC	01:05:27	+ 5:20	9th Open	+ 5:20
10	Paul Atkins	05 Bromsgrove & Redditch	01:05:40	+ 5:33	10th Open	+ 5:33
11	Paul Harris	52 Corus	01:07:43	+ 6:36	1st Bus.	
12	Francis Gill F V	20 Neath Harriers	01:09:27	+ 7:20	11th Open	+ 7:20
13	Neil Wallace V	10 Clevedon AC	01:08:49	+ 7:42	12th Open	+ 7:42
14	Cornelius Corcoran	23 Porty Roadents AC	01:09:12	+ 8:05	13th Open	+ 8:05
15	Nicky Archer F	25 Vale Royal AC	01:09:29	+ 8:22	14th Open	+ 8:22
16	Dean Thornton	37 Westbury Harriers	01:09:34	+ 8:27	15th Open	+ 8:27
17	Alan Lewis V	24 Poole Runners (SM)	01:09:56	+ 8:49	16th Open	+ 8:49
18	Mike Wilcox V	13 G W Runners	01:10:29	+ 9:22	17th Open	+ 9:22
19	Andy Seal V	33 Telford Harriers	01:11:28	+ 10:21	18th Open	+ 10:21
20	Terry Townsend V	41 Bristol & West AC (V)	01:12:14	+ 11:07	1st Vet	
21	Steve Vasilou V	43 Middleton Harriers (V)	01:13:22	+ 12:15	2nd Vet	+ 1:08
22	Dennis Murphy	42 Les Croupiers RC (V)	01:13:47	+ 12:40	3rd Vet	+ 1:33
23	Tony Aimes V	21 North Fyde AC	01:13:53	+ 12:46	19th Open	+ 12:46
24	Richard Williams	56 SW Police AAC	01:14:42	+ 13:35	2nd Bus.	+ 6:58
25	Wendy Edwards F V	46 Les Croupiers RC (L)	01:15:47	+ 15:40	1st Lady	
26	Brian Griffiths V	40 3M Gorseinon RR (V)	01:17:39	+ 16:32	4th Vet	+ 5:25
27	Ian Rogers V	12 Eastleigh RC	01:17:45	+ 16:39	20th Open	+ 16:39
28	Colin Laidlaw V	16 Lytham St Annes RR	01:18:12	+ 17:05	21st Open	+ 17:05
29	Colin Rees V	27 San Dom./Club 69	01:18:23	+ 17:16	22nd Open	+ 17:16
30	Kirstin Baker F	11 Dulwich Runners	01:18:37	+ 17:30	23rd Open	+ 17:30
31	Mike Puley	19 Mornington Chasers	01:19:44	+ 18:37	24th Open	+ 18:37
32	Mike O'Brien V	17 Manchester YMCA	01:20:18	+ 19:11	25th Open	+ 19:11
33	Nigel Gibson V	50 Air Products	01:20:40	+ 19:33	3rd Bus.	+ 12:57
34	Nancy Labine F V	49 Serpentine RC (L)	01:20:56	+ 19:49	2nd Lady	+ 4:09
35	Louise Miskel F	01 3M Gorseinon RR	01:22:16	+ 21:09	26th Open	+ 21:09
36	Alan Moore V	31 Stroud & Dist AC	01:23:38	+ 22:31	27th Open	+ 22:31
37	Tom Holliday V	32 T.R.O.T.S.	01:24:39	+ 23:32	28th Open	+ 23:32
38	Don Holloway V	03 Brockla Harriers	01:25:04	+ 23:57	29th Open	+ 23:57
39	Andy Bray V	08 Chapstow Harriers	01:25:19	+ 24:12	30th Open	+ 24:12
40	Peter Blunsell V	25 Prestatyn RC	01:25:07	+ 25:00	31st Open	+ 25:00
41	Ailison Holmes F V	18 Middleton Harriers	01:25:23	+ 25:16	32nd Open	+ 25:16
42	F Murray V	26 Salford Harriers	01:25:24	+ 25:17	33rd Open	+ 25:17
43	Tim Fanshawe	55 NetRegs	01:25:52	+ 25:45	4th Bus.	+ 19:09
44	Jo Welsh F V	47 Mercia Ladies	01:26:59	+ 25:52	3rd Lady	+ 10:12
45	Dave Broadway V	09 City of Bath AC (O)	01:27:15	+ 25:09	34th Open	+ 25:09
46	Karen Broadway F V	45 City of Bath AC (L)	01:27:17	+ 25:10	4th Lady	+ 10:30
47	Sharon Lindores F V	44 Serpentine RC (V)	01:27:47	+ 26:40	5th Vet	+ 15:33
48	Phil Marland V	06 CSA Wanderers	01:29:53	+ 28:46	35th Open	+ 28:46
49	Dave Wybrant V	15 Liswary Runners	01:31:28	+ 30:21	36th Open	+ 30:21
50	Janice Clement F V	22 Pnarth & Dinas	01:32:13	+ 31:06	37th Open	+ 31:06
51	David Young V	36 Wesham RR	01:32:52	+ 31:45	38th Open	+ 31:45
52	Jackie Farquharson F V	43 Poole Runners (L)	01:34:25	+ 33:19	5th Lady	+ 17:39
53	Geraldine Williams F	29 Sospen RR	01:41:33	+ 40:26	39th Open	+ 40:26
54	Andre Muller	54 Hummingbird R/KYV	01:52:00	+ 50:53	5th Bus.	+ 44:17

Welsh Castles Relay 2005

Final Results

Stage 13: Crossgates to Buith

Distance: 10.6 Record: 52:19 (1999)

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
01	Gavin Tomlinson	35 Vale Royal AC	58:55		1st Open	
02	Craig Ross	14 Les Croupiers (SM)	59:38	+ 2:43	2nd Open	+ 2:43
03	Ed Cairn	34 Thames Hare & Hounds	59:42	+ 2:47	3rd Open	+ 2:47
04	Elliott Cole	04 Bridgend AC	01:00:41	+ 3:46	4th Open	+ 3:46
05	Mark Baylis V	39 Wrral AC	01:02:35	+ 5:40	5th Open	+ 5:40
06	Dave Grapper V	41 Bristol & West AC (V)	01:03:02	+ 6:07	1st Vet	
07	Dave Davies V	20 Neath Harriers	01:04:39	+ 7:44	6th Open	+ 7:44
08	Billy Shepherd	10 Clevedon AC	01:04:43	+ 7:48	7th Open	+ 7:48
09	Matthew Armstrong	02 Biton RR	01:04:46	+ 7:51	8th Open	+ 7:51
10	Bradley Cobb V	28 Serpentine RC (SM)	01:05:02	+ 8:07	9th Open	+ 8:07
11	Gary Johnston V	21 North Fyde AC	01:05:06	+ 8:11	10th Open	+ 8:11
	= Karl Lee	36 Wesham RR	01:05:06	+ 8:11	11th Open	+ 8:11
13	Andy Smart	35 Winchester & Dist AC	01:05:33	+ 8:38	12th Open	+ 8:38
14	Brian Phillips V	27 San Dom./Club 69	01:05:16	+ 8:21	10th Open	+ 8:21
15	Steve Daly V	30 Stragglers	01:05:33	+ 8:38	14th Open	+ 8:38
16	P McNamara	25 Salford Harriers	01:07:10	+ 10:15	15th Open	+ 10:15
17	Paul Ingham V	24 Poole Runners (SM)	01:07:54	+ 10:59	16th Open	+ 10:59
18	Willie Richmond V	16 Lytham St Annes RR	01:08:13	+ 11:18	17th Open	+ 11:18
19	David Sullivan	01 3M Gorseinon RR	01:08:30	+ 11:35	18th Open	+ 11:35
20	John Poston	52 Corus	01:08:56	+ 12:00	1st Bus.	
21	Tim O'Sullivan	42 Les Croupiers RC (V)	01:09:01	+ 12:06	2nd Vet	+ 6:59
22	Mike Clark V	37 Westbury Harriers	01:12:43	+ 13:48	19th Open	+ 13:48
23	Steve Carey V	43 Middleton Harriers (V)	01:11:08	+ 14:13	3rd Vet	+ 8:06
24	Dominic Glynn	56 SW Police AAC	01:11:45	+ 14:50	2nd Bus.	+ 2:50
25	Colin Foster	54 Hummingbird RIKYV	01:11:59	+ 15:04	3rd Bus.	+ 3:04
26	Mike Butcher V	09 City of Bath AC (O)	01:12:37	+ 15:42	20th Open	+ 15:42
27	Peter Broomfield V	31 Stroud & Dist AC	01:12:47	+ 15:52	21st Open	+ 16:52
28	Stephen Cray V	22 Penarth & Dinas	01:14:46	+ 17:51	22nd Open	+ 17:51
29	Julie Lewis F V	46 Les Croupiers RC (L)	01:15:51	+ 18:56	1st Lady	
30	Joyce Barrus F V	07 Cheltenham Harriers	01:15:59	+ 19:04	23rd Open	+ 19:04
31	Paul Baker V	23 Ponty Roadents AC	01:16:02	+ 19:07	24th Open	+ 19:07
32	Roger Beacham V	05 Bromsgrove & Redditch	01:16:20	+ 19:25	25th Open	+ 19:25
33	Nicola Page F	12 Eastleigh RC	01:16:49	+ 19:54	26th Open	+ 19:54
34	Emily Beacham F V	47 Marcia Ladies	01:16:58	+ 20:03	2nd Lady	+ 1:07
35	Glenda Davies F V	25 Pwystyn RC	01:17:05	+ 20:10	27th Open	+ 20:10
36	Linda Cox F V	48 Poole Runners (L)	01:17:46	+ 20:51	3rd Lady	+ 1:55
37	John Hill V	15 Liswerry Runners	01:17:53	+ 20:58	28th Open	+ 20:58
38	Richard Freeman	50 Air Products	01:18:38	+ 21:43	4th Bus.	+ 9:43
39	Jeni Vlahovic F	45 Serpentine RC (L)	01:20:09	+ 23:14	4th Lady	+ 4:18
40	Neil Thomas	29 Sospan RR	01:21:00	+ 24:05	29th Open	+ 24:05
41	Steve Hill V	06 Chepstow Harriers	01:21:06	+ 24:11	30th Open	+ 24:11
42	Christine Brooks F V	18 Middleton Harriers	01:21:34	+ 24:39	31st Open	+ 24:39
43	Marion Bennett V	13 G W Runners	01:25:45	+ 28:50	32nd Open	+ 28:50
	= Anthea Hawke F	55 NetRegs	01:25:45	+ 28:50	5th Bus.	+ 18:50
45	Susan Conway F	19 Mornington Chasers	01:25:31	+ 29:36	33rd Open	+ 29:36
46	Susan Williams F V	33 Telford Harriers	01:27:00	+ 30:05	34th Open	+ 30:05
47	Tom Furness V	32 T.R.O.T.S.	01:27:18	+ 30:23	35th Open	+ 30:23
48	Andrea Crisp F	11 Dulwich Runners	01:29:27	+ 32:32	36th Open	+ 32:32
49	Richard Donne V	40 3M Gorseinon RR (V)	01:30:54	+ 33:59	4th Vet	+ 27:52
50	Kate Farrell F V	17 Manchester YMCA	01:31:29	+ 34:34	37th Open	+ 34:34
51	Nancy Coppock F V	49 City of Bath AC (L)	01:39:41	+ 39:46	5th Lady	+ 29:50
52	Patricia Schuetz F V	44 Serpentine RC (V)	01:39:56	+ 40:01	5th Vet	+ 33:54
53	Anna Parry F V	06 CSA Wanderers	01:37:39	+ 40:44	38th Open	+ 40:44
54	Dave Hughes	03 Brackla Harriers	01:45:00	+ 49:05	39th Open	+ 49:05

Welsh Castles Relay 2005

Final Results

Stage 14: Builth to Drovers

Distance: 11 Record: 58:35 (1997)

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
01	Phil Sly	34 Thames Hare & Hounds	58:00		1st Open	
02	Andrew Jones	20 Neath Harriers	01:04:50	+ 6:50	2nd Open	+ 6:50
03	Gareth Davies V	04 Bridgend AC	01:05:11	+ 7:11	3rd Open	+ 7:11
04	Daniel Moore V	41 Bristol & West AC (V)	01:05:55	+ 7:55	1st Vet	
05	Steve Robinson V	07 Chebbinham Harriers	01:06:00	+ 8:00	4th Open	+ 8:00
06	Alan Woods	39 Wlral AC	01:06:03	+ 8:03	5th Open	+ 8:03
07	Charlie Pass	36 Wesham RR	01:06:07	+ 8:07	6th Open	+ 8:07
08	Mark Cooper V	10 Clevedon AC	01:06:26	+ 8:26	7th Open	+ 8:26
09	Dave Humphreys	15 Llowery Runners	01:07:28	+ 9:28	8th Open	+ 9:28
10	Martin Humphreys	31 Stroud & Dist AC	01:07:43	+ 9:43	9th Open	+ 9:43
11	Simon Everington	37 Westbury Harriers	01:08:48	+ 10:48	10th Open	+ 10:48
12	P West	26 Salford Harriers	01:09:05	+ 11:05	11th Open	+ 11:05
13	Gavin Davies	09 City of Bath AC (O)	01:09:11	+ 11:11	12th Open	+ 11:11
14	Eoin O Colgain	28 Serpentine RC (SM)	01:09:50	+ 11:50	13th Open	+ 11:50
15	Andrew Doel V	58 SW Police AAC	01:10:03	+ 12:03	1st Bus.	
16	Paul Collins V	05 Bromsgrove & Radditch	01:10:07	+ 12:07	14th Open	+ 12:07
17	Gavin Clegg V	24 Poole Runners (SM)	01:10:29	+ 12:29	15th Open	+ 12:29
18	John Telford V	35 Vale Royal AC	01:10:43	+ 12:43	16th Open	+ 12:43
19	Jeremy Branes	28 Winchester & Dist AC	01:11:39	+ 13:39	17th Open	+ 13:39
20	Philp Boyd	54 Hummingbird RUKVY	01:12:07	+ 14:07	2nd Bus.	+ 2:04
21	Dean John	32 T.R.O.T.S.	01:12:10	+ 14:10	18th Open	+ 14:10
22	Sandy Johnston	14 Les Croupiers (SM)	01:12:14	+ 14:14	19th Open	+ 14:14
23	Stuart Williams V	21 North Fyde AC	01:12:23	+ 14:23	20th Open	+ 14:23
24	Steve Tompkin	52 Corus	01:13:43	+ 15:43	3rd Bus.	+ 3:40
25	Allister Sheffield	02 Bilton RR	01:13:53	+ 15:53	21st Open	+ 15:53
26	Emma Calderbank F	48 Serpentine RC (L)	01:14:43	+ 16:43	1st Lady	
27	Santiago Porto	18 Mornington Chasers	01:15:08	+ 17:08	22nd Open	+ 17:08
28	Mike Mann V	11 Dulwich Runners	01:15:21	+ 17:21	23rd Open	+ 17:21
29	Bill Poole V	43 Middleton Harriers (V)	01:15:41	+ 17:41	2nd Vet	+ 9:46
30	Dave Garner V	17 Manchester YMCA	01:15:48	+ 17:48	24th Open	+ 17:48
31	Andy Williams	16 Middleton Harriers	01:15:50	+ 17:50	25th Open	+ 17:50
32	Knill Baird Murray V	22 Penarth & Dinas	01:16:03	+ 18:03	26th Open	+ 18:03
33	Kevin Taylor V	06 CSA Wanderers	01:16:18	+ 18:18	27th Open	+ 18:18
34	Brian Lovett	27 San Dom./Club 69	01:16:34	+ 18:34	28th Open	+ 18:34
35	Ian Loriggio V	44 Serpentine RC (V)	01:16:58	+ 18:58	3rd Vet	+ 11:03
36	Gerry Crispe	42 Les Croupiers RC (V)	01:17:56	+ 19:56	4th Vet	+ 12:01
37	Nick Davies	08 Chepstow Harriers	01:18:46	+ 20:46	29th Open	+ 20:46
38	Shane Hughes	26 Prestatyn RC	01:18:55	+ 20:55	30th Open	+ 20:55
39	Craig Fowler V	23 Ponty Roadents AC	01:20:53	+ 22:53	31st Open	+ 22:53
40	Gary Howe V	40 3M Gorseinon RR (V)	01:22:58	+ 24:58	5th Vet	+ 17:03
41	Graham Coivin V	01 3M Gorseinon RR	01:23:50	+ 25:50	32nd Open	+ 25:50
42	Andy Kirby V	13 G W Runners	01:24:40	+ 26:40	33rd Open	+ 26:40
43	Mark Williams	50 Air Products	01:26:06	+ 28:06	4th Bus.	+ 18:03
44	Noelwyn Daniel	29 Sospan RR	01:26:47	+ 28:47	34th Open	+ 28:47
45	Daniela Franceschini V	12 Eastleigh RC	01:27:05	+ 29:05	35th Open	+ 29:05
46	Jaquie Shakeshaft F	47 Merle Ladies	01:28:03	+ 30:03	2nd Lady	+ 13:20
47	Mike Ridout V	03 Blackis Harriers	01:30:16	+ 32:16	36th Open	+ 32:16
48	Lindsay Dow F V	45 City of Bath AC (L)	01:30:25	+ 32:25	3rd Lady	+ 15:42
49	Tania Corry F V	46 Les Croupiers RC (L)	01:31:11	+ 33:11	4th Lady	+ 16:28
50	Grace Hough F V	33 Telford Harriers	01:31:27	+ 33:27	37th Open	+ 33:27
51	Helen Ambrosen F V	48 Poole Runners (L)	01:32:43	+ 34:43	5th Lady	+ 18:00
52	Chris Cameron	16 Lytham St Annes RR	01:35:20	+ 37:20	38th Open	+ 37:20
53	Evan Bond	30 Stragglers	01:50:00	+ 52:00	39th Open	+ 52:00
=	Jason Curtis	56 NetRegs	01:50:00	+ 52:00	6th Bus.	+ 39:57

Welsh Castles Relay 2005

Final Results

Stage 15: Drovers to Brecon

Distance: 12.4 Record: 58:14

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
01	Andy Gore	07 Cheltenham Harriers	01:05:05		1st Open	
02	Geraint Lewis	04 Bridgend AC	01:05:13	+0:08	2nd Open	+0:08
03	Mike Grist V	24 Poole Runners (SM)	01:08:28	+2:23	3rd Open	+2:23
04	Pete Kilgallon V	39 Wirral AC	01:06:59	+2:54	4th Open	+2:54
05	Nic Gould	34 Thames Hare & Hounds	01:09:18	+3:13	5th Open	+3:13
06	Rob Jones	14 Les Croupiers (SM)	01:09:48	+3:43	6th Open	+3:43
07	Chris Williams	10 Clevedon AC	01:11:38	+5:33	7th Open	+5:33
08	Phil Adams V	20 Neath Harriers	01:11:40	+5:35	8th Open	+5:35
09	Andy Robbins	28 Serpentine RC (SM)	01:13:38	+7:31	9th Open	+7:31
10	Jeff Davies V	23 Ponny Roadents AC	01:14:10	+8:05	10th Open	+8:05
11	Andy Difley	09 City of Bath AC (O)	01:15:11	+9:06	11th Open	+9:06
12	Joseph Brady	11 Dulwich Runners	01:16:08	+10:03	12th Open	+10:03
13	Alan Walton	27 San Dom./Club 69	01:16:45	+10:40	13th Open	+10:40
14	Christine Thomas F V	48 Poole Runners (L)	01:18:01	+11:56	1st Lady	
15	Clive Diamond	42 Les Croupiers RC (V)	01:18:16	+12:11	1st Vet	
16	Ann Thomas F V	32 T.R.O.T.S.	01:18:26	+12:21	14th Open	+12:21
17	Nick Hume V	21 North Fyde AC	01:18:48	+12:43	15th Open	+12:43
18	Paul Brandrick V	25 Prestatyn RC	01:19:02	+12:57	16th Open	+12:57
19	Malcolm Green	38 Winchester & Dist AC	01:19:11	+13:06	17th Open	+13:06
20	Geoff Fisher V	30 Shagglers	01:19:28	+13:23	18th Open	+13:23
21	Malc Schofield V	43 Middleton Harriers (V)	01:20:52	+14:47	2nd Vet	+2:36
22	Tony Archer V	35 Vale Royal AC	01:22:53	+16:48	19th Open	+16:48
23	John Wilson V	22 Penarth & Dinas	01:23:18	+17:11	20th Open	+17:11
24	Chris Herbert V	41 Bristol & West AC (V)	01:23:18	+17:13	3rd Vet	+5:02
25	Matt Whitehart	54 Hummingbird R/KV	01:23:22	+17:17	1st Bus	
26	Emily Dennis F	16 Lytham St Annes RR	01:24:14	+18:09	21st Open	+18:09
27	Nell Chipper V	15 Llanwrtyd Runners	01:24:44	+18:39	22nd Open	+18:39
28	Geoff Livingston V	31 Stroud & Dist AC	01:25:00	+18:55	23rd Open	+18:55
29	Penny Thorn F	49 Serpentine RC (L)	01:25:37	+19:32	2nd Lady	+7:36
30	Bec Avanesian F	17 Manchester YMCA	01:26:16	+20:11	24th Open	+20:11
31	Colin Jones V	12 Eastleigh RC	01:26:27	+20:22	25th Open	+20:22
32	Peter Budd V	26 Salford Harriers	01:26:36	+20:30	26th Open	+20:30
33	Martin Hooper	29 Sossan RR	01:28:42	+20:37	27th Open	+20:37
34	Jane Stalle F V	33 Telford Harriers	01:27:07	+21:02	28th Open	+21:02
35	Robbie King V	19 Morningside Chasers	01:27:36	+21:31	29th Open	+21:31
36	Dave Durrant V	50 Air Products	01:27:44	+21:36	2nd Bus	+4:19
37	Vanessa Hawkins F V	02 Bilton RR	01:27:44	+21:39	30th Open	+21:39
38	Ian Wade V	08 Chepstow Harriers	01:29:10	+23:05	31st Open	+23:05
39	Graham Vickers V	36 Wesham RR	01:29:36	+23:31	32nd Open	+23:31
40	Chris Smith	55 NetRegs	01:31:12	+25:07	3rd Bus	+7:50
41	Jenny Parkes F V	06 CSA Wanderers	01:33:11	+27:06	33rd Open	+27:06
42	James Adie	05 Bromsgrove & Redditch	01:35:08	+29:03	34th Open	+29:03
43	Liz Clarke F V	46 Les Croupiers RC (L)	01:37:06	+31:01	3rd Lady	+19:06
44	Steve Birmingham	03 Brackley Harriers	01:37:55	+31:50	35th Open	+31:50
45	Paul Taylor V	18 Middleton Harriers	01:38:54	+32:49	36th Open	+32:49
46	Glyn Williams V	40 3M Gorseinon RR (V)	01:39:17	+33:12	4th Vet	+21:01
47	John Scodding V	13 G W Runners	01:40:21	+34:16	37th Open	+34:16
48	Neil Samuel	52 Corus	01:40:58	+34:53	4th Bus	+17:36
49	Andrew Lewis	56 SW Police AAC	01:41:42	+35:37	5th Bus	+18:20
50	Rod Morgan	01 3M Gorseinon RR	01:44:18	+38:13	38th Open	+38:13
51	Boo McConnell F V	45 City of Bath AC (L)	01:44:50	+38:45	4th Lady	+25:49
52	Juliet Allan F V	44 Serpentine RC (V)	01:45:00	+38:55	5th Vet	+26:44
53	Pauline Doble F V	47 Merca Ladies	01:45:58	+39:54	5th Lady	+27:58
54	No Runner Entered	37 Westbury Harriers	02:19:00	+72:55	39th Open	+72:55

Welsh Castles Relay 2005

Final Results

Stage 16: Brecon to Beacons Res.

Distance: 9 Record: 44:35 (1988)

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
01	Simon Wurr	34 Thames Hare & Hounds	49:29		1st Open	
02	Andy Greenleaf	38 Winchester & Dist AC	50:14	+ 0:45	2nd Open	+ 0:45
03	Alan Wood	04 Bridgend AC	53:04	+ 3:35	3rd Open	+ 3:35
04	Dan Merckel	55 NetRegs	53:15	+ 3:45	1st Bus.	
05	Stuart Creas	14 Les Croupiers (SM)	54:07	+ 4:38	4th Open	+ 4:38
06	Kevin Lanckham	05 Bromsgrove & Redditch	55:15	+ 5:46	5th Open	+ 5:46
07	Andy Heyes V	10 Clevedon AC	55:16	+ 5:47	6th Open	+ 5:47
08	Warwick Fontescue V	02 Briton RR	56:21	+ 6:52	7th Open	+ 6:52
09	Morton Gammelstater	39 Wirral AC	56:30	+ 7:01	8th Open	+ 7:01
10	J Jacobs	26 Salford Harriers	57:08	+ 7:39	9th Open	+ 7:39
11	Geoff Davis V	09 City of Bath AC (O)	57:43	+ 8:14	10th Open	+ 8:14
	= Holly May F	45 City of Bath AC (L)	57:43	+ 8:14	1st Lady	
13	Steve Hargreaves	16 Lytham St Annes RR	57:57	+ 8:28	11th Open	+ 8:28
14	Martin Ford V	07 Cheltenham Harriers	58:04	+ 8:35	12th Open	+ 8:35
15	Paul Graham	30 Stragglers	58:32	+ 9:03	13th Open	+ 9:03
16	Mike Davis V	31 Stroud & Dist AC	58:44	+ 9:15	14th Open	+ 9:15
17	Rob Heckelt V	20 Neath Harriers	59:04	+ 9:35	15th Open	+ 9:35
18	Malc Bostock V	43 Middleton Harriers (V)	59:53	+ 10:24	1st Vet	
19	Jon Osman V	12 Eastleigh RC	01:00:23	+ 10:54	16th Open	+ 10:54
20	Matthew Robinson V	41 Bristol & West AC (V)	01:00:30	+ 11:01	2nd Vet	+ 0:37
21	Marie-Aline Perrier F	49 Serpentine RC (L)	01:00:52	+ 11:23	2nd Lady	+ 3:09
22	Stefan Schwartz	11 Dulwich Runners	01:01:16	+ 11:47	17th Open	+ 11:47
23	Mark Harvey	08 Chepstow Harriers	01:01:26	+ 11:57	18th Open	+ 11:57
24	Eric Phillips	28 Serpentine RC (SM)	01:01:32	+ 12:03	19th Open	+ 12:03
25	Tony Codling V	21 North Fyde AC	01:01:42	+ 12:13	20th Open	+ 12:13
26	Matt Sweeting	35 Vale Royal AC	01:01:48	+ 12:19	21st Open	+ 12:19
27	Roy Williams V	24 Poole Runners (SM)	01:02:57	+ 13:28	22nd Open	+ 13:28
28	Mark Jones	29 Sospan RR	01:03:41	+ 14:12	23rd Open	+ 14:12
29	Ian Hodge V	44 Serpentine RC (V)	01:04:06	+ 14:37	3rd Vet	+ 4:13
30	Howard Thomas	27 San Dom./Club 66	01:04:24	+ 14:55	24th Open	+ 14:55
31	Paul Morris	42 Les Croupiers RC (V)	01:05:04	+ 15:35	4th Vet	+ 5:11
32	Martin McGuinness	19 Mornington Chasers	01:05:36	+ 16:07	25th Open	+ 16:07
33	Joanna Pritchard F V	46 Les Croupiers RC (L)	01:05:43	+ 16:14	3rd Lady	+ 8:00
34	Richard Vessel	50 Air Products	01:05:50	+ 16:21	2nd Bus.	+ 12:35
35	Gareth Jones	06 CSA Wanderers	01:06:45	+ 17:16	26th Open	+ 17:16
36	John Preston	52 Conus	01:06:56	+ 17:27	3rd Bus.	+ 13:41
37	Devanna Tweed F V	48 Poole Runners (L)	01:07:34	+ 18:05	4th Lady	+ 9:51
38	John Leary V	17 Manchester YMCA	01:08:41	+ 20:12	27th Open	+ 20:12
39	Chris Davies V	15 Liswerry Runners	01:10:08	+ 20:39	28th Open	+ 20:39
40	Bernadette Dickinson F V	36 Wesham RR	01:10:36	+ 21:07	29th Open	+ 21:07
41	John Rogers	58 SW Police AAC	01:10:48	+ 21:19	4th Bus.	+ 17:33
42	Kevin Knight	01 3M Gorseinon RR	01:10:53	+ 21:24	30th Open	+ 21:24
43	Jeanette Malin F V	47 Mercep Ladies	01:11:17	+ 21:48	5th Lady	+ 13:34
44	Leah Hughes F	25 Prestatyn RC	01:11:23	+ 21:54	31st Open	+ 21:54
45	Lisa Cleary F V	22 Penarth & Dinas	01:11:47	+ 22:18	32nd Open	+ 22:18
46	Rob Ford V	23 Ponty Roadents AC	01:12:14	+ 22:45	33rd Open	+ 22:45
47	Anthony Powell	03 Brackla Harriers	01:13:17	+ 23:48	34th Open	+ 23:48
48	Krynda Hurst-Moore F V	18 Middleton Harriers	01:13:40	+ 24:11	35th Open	+ 24:11
49	Efied Joseph V	40 3M Gorseinon RR (V)	01:16:58	+ 27:29	5th Vet	+ 17:05
50	Veronica Ford F V	13 G W Runners	01:17:35	+ 28:07	36th Open	+ 28:07
51	Caroline Deacon F V	33 Telford Harriers	01:19:01	+ 29:32	37th Open	+ 29:32
52	Lon Morgan F V	32 T.R.O.T.S.	01:30:00	+ 40:31	38th Open	+ 40:31
	= Simon Parish V	54 Hummingbird R/KYV	01:30:00	+ 40:31	5th Bus.	+ 36:45
54	No Runner Entered	37 Westbury Harriers	01:45:00	+ 55:31	39th Open	+ 55:31

Welsh Castles Relay 2005

Final Results

Stage 17: Beacons Res. to Merthyr

Distance: 9.2 No Record, New Route

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
01	Chris Meyler	04 Bridgend AC	47:53		1st Open	
02	Nick Dukes	14 Les Croupiers (SM)	51:06	+ 3:13	2nd Open	+ 3:13
03	John Cant	34 Thames Hare & Hounds	52:11	+ 4:18	3rd Open	+ 4:18
04	Gareth Feraday	52 Conus	52:15	+ 4:22	1st Bus.	
05	Mark Graham	06 Bromsgrove & Redditch	52:36	+ 4:43	4th Open	+ 4:43
06	Dave Cartwright V	24 Poole Runners (SM)	52:51	+ 4:58	5th Open	+ 4:58
07	Louisa Copp F V	20 Neath Harriers	53:55	+ 6:02	6th Open	+ 6:02
08	Ruairi MacIver	26 Serpentine RC (SM)	54:18	+ 6:25	7th Open	+ 6:25
09	Barry Johnston V	42 Les Croupiers RC (V)	55:45	+ 7:52	1st Vet	+ 8:25
10	Neil Halliday V	25 Prestatyn RC	56:18	+ 8:25	8th Open	+ 8:25
11	James Downey V	39 Wirral AC	56:27	+ 8:34	9th Open	+ 8:34
12	Simon Richards V	13 G W Runners	56:49	+ 8:56	10th Open	+ 8:56
13	Daman Jukes	27 San Dam /Club 59	58:22	+ 10:29	11th Open	+ 10:29
14	Kev Wood V	11 Dunwich Runners	58:54	+ 11:01	12th Open	+ 11:01
15	Judith Llewellyn F V	08 Cheslow Harriers	58:56	+ 11:03	13th Open	+ 11:03
16	Mike Solomon V	10 Clevedon AC	59:58	+ 12:05	14th Open	+ 12:05
17	Jon Parnar V	17 Manchester YMCA	01:00:07	+ 12:14	15th Open	+ 12:14
18	Tim James	56 SW Police AAC	01:01:16	+ 13:23	2nd Bus.	+ 9:01
19	Colin Bradley V	15 Ulswater Runners	01:01:38	+ 13:45	16th Open	+ 13:45
20	Debbie Evans F V	22 Penarth & Dinas	01:01:58	+ 14:05	17th Open	+ 14:05
21	S Sacks V	26 Salford Harriers	01:02:18	+ 14:25	18th Open	+ 14:25
22	Declan McManus V	37 Wexbury Harriers	01:02:37	+ 14:44	19th Open	+ 14:44
23	Tony Sharp	38 Winchester & Dist AC	01:03:01	+ 15:08	20th Open	+ 15:08
24	Gavin Cotter	07 Cheltenham Harriers	01:03:12	+ 15:19	21st Open	+ 15:19
25	Paul Cambridge V	43 Middleton Harriers (V)	01:03:19	+ 15:26	2nd Vet	+ 7:34
26	Paul Carter	36 Wesham RR	01:03:37	+ 15:44	22nd Open	+ 15:44
27	Nassera Guernouri F	19 Monington Chasers	01:03:50	+ 15:57	23rd Open	+ 15:57
28	Mike Adams V	41 Bristol & West AC (V)	01:03:51	+ 15:58	3rd Vet	+ 8:06
29	David Brooks	21 North Fylke AC	01:03:53	+ 16:00	24th Open	+ 16:00
30	Louisa Tarbet F	46 Les Croupiers RC (L)	01:03:58	+ 16:05	1st Lady	+ 17:02
31	Joanne Muir-Little F V	30 Stragglers	01:04:55	+ 17:02	25th Open	+ 17:14
32	Paula Telford F	35 Vale Royal AC	01:05:07	+ 17:14	26th Open	+ 17:38
33	Debbie Otley F V	23 Ponty Roadents AC	01:05:31	+ 17:38	27th Open	+ 17:38
34	Heleen Griffin F V	50 Air Products	01:05:58	+ 18:05	3rd Bus.	+ 13:43
35	Duncan Page V	12 Eastleigh RC	01:06:59	+ 19:06	28th Open	+ 19:06
36	Richard Gask V	02 Bilton RR	01:07:58	+ 20:05	29th Open	+ 20:05
37	Janet Jones F V	08 CSA Wanderers	01:08:09	+ 20:16	30th Open	+ 20:16
38	Maggie Kirk F V	48 Poole Runners (L)	01:09:00	+ 21:07	2nd Lady	+ 5:02
39	Terry Heffernan V	31 Stroud & Dist AC	01:09:26	+ 21:33	31st Open	+ 21:33
40	Ann Rowel F V	32 T. R. O. T. S.	01:11:03	+ 23:10	32nd Open	+ 23:10
41	Laraine Steel F V	47 Mercia Ladies	01:11:29	+ 23:36	3rd Lady	+ 7:31
42	Sarah Appleby F	49 Serpentine RC (L)	01:12:30	+ 24:37	4th Lady	+ 8:32
43	Heather Kitts F V	55 NetRags	01:14:18	+ 26:25	4th Bus.	+ 22:03
44	Avril Brown F V	03 Brackla Harriers	01:15:20	+ 27:27	33rd Open	+ 27:27
45	Rosemary Reid F	16 Lytham St Annes RR	01:17:03	+ 29:10	34th Open	+ 29:10
46	Clare Stevens F	29 Sospan RR	01:18:07	+ 30:14	35th Open	+ 30:14
47	Cathy McCarthy F V	45 City of Bath AC (L)	01:19:47	+ 31:54	5th Lady	+ 15:49
48	Donna Miles F V	33 Telford Harriers	01:21:24	+ 33:31	36th Open	+ 33:31
49	Karen Burrows F V	01 3M Gorseinon RR	01:21:30	+ 33:37	37th Open	+ 33:37
=	Diane Connor F V	40 3M Gorseinon RR (V)	01:21:30	+ 33:37	4th Vet	+ 25:45
51	Michael Egbor V	44 Serpentine RC (V)	01:22:07	+ 34:14	5th Vet	+ 26:22
52	Alyson Lamb F V	18 Middleton Harriers	01:24:13	+ 36:20	38th Open	+ 36:20
53	John Coppock V	09 City of Bath AC (O)	01:32:00	+ 44:07	39th Open	+ 44:07
=	Ken Brereton	54 Hummingbird R/KYV	01:32:00	+ 44:07	5th Bus.	+ 39:45

Welsh Castles Relay 2005

Final Results

Stage 18: Merthyr to Abercynon
Distance: 9.1 No Record, New Route

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
01	Christian Cobbold	14 Les Croupiers (SM)	50:07		1st Open	
02	Mark Gilbertson	34 Thames Hare & Hounds	51:43	+ 1:36	2nd Open	+ 1:36
03	Graeme Riley V	41 Bristol & West AC (V)	52:44	+ 2:37	1st Vet	
04	Lee Sandham	20 Neath Harriers	55:11	+ 5:04	3rd Open	+ 5:04
05	Mark Morris V	39 Wirral AC	55:12	+ 5:05	4th Open	+ 5:05
06	Mike Cardew	07 Chehenham Harriers	55:35	+ 5:28	5th Open	+ 5:28
07	George Nixon V	25 Pysiatyn RC	55:59	+ 5:52	6th Open	+ 5:52
08	David Miller	42 Les Croupiers RC (V)	57:14	+ 7:07	2nd Vet	+ 4:30
09	Dave Schubert V	31 Stroud & Dist AC	57:40	+ 7:33	7th Open	+ 7:33
10	James Davies	04 Bridgend AC	57:58	+ 7:49	8th Open	+ 7:49
11	Phil Chan	13 G W Runners	58:01	+ 7:54	9th Open	+ 7:54
12	Paul Dawes V	27 San Don/Club 89	58:05	+ 7:58	10th Open	+ 7:58
13	Malcolm Treby	09 City of Bath AC (O)	58:16	+ 8:09	11th Open	+ 8:09
14	Steve Caldwell	08 Chepstow Harriers	58:19	+ 8:12	12th Open	+ 8:12
15	James Edwards V	35 Vale Royal AC	58:21	+ 8:14	13th Open	+ 8:14
16	Andrew Jenkins	52 Corus	58:37	+ 8:30	1st Bus.	
17	Tony Britton V	38 Winchester & Dist AC	59:34	+ 9:27	14th Open	+ 9:27
18	Mark Dunscomb V	06 CSA Wanderers	59:39	+ 9:32	15th Open	+ 9:32
19	Justin Rowley	10 Clevedon AC	59:54	+ 9:47	16th Open	+ 9:47
20	Peter Jones V	33 Telford Harriers	01:01:26	+ 11:19	17th Open	+ 11:19
21	Dave Griffiths V	30 Stragglers	01:03:04	+ 12:57	18th Open	+ 12:57
22	Stefan Lichtenhoeker	16 Mornington Cheasers	01:03:34	+ 13:27	19th Open	+ 13:27
23	Chris Saunders	28 Serpentine RC (SM)	01:04:16	+ 14:09	20th Open	+ 14:09
24	Delo Youngs F V	01 3M Gorseion RR	01:05:12	+ 15:05	21st Open	+ 15:05
25	Dave Czarne V	24 Poole Runners (SM)	01:05:24	+ 15:17	22nd Open	+ 15:17
26	Lee Yudez V	40 3M Gorseion RR (V)	01:05:25	+ 15:18	3rd Vet	+ 13:41
27	Rob Davis V	16 Lytham St Annes RR	01:06:29	+ 16:22	23rd Open	+ 16:22
28	Rachel Whittaker F	49 Serpentine RC (L)	01:06:29	+ 16:22	1st Lady	
29	Richard Smith V	44 Serpentine RC (V)	01:06:36	+ 16:29	4th Vet	+ 13:52
30	Edwina Turner F V	46 Les Croupiers RC (L)	01:06:42	+ 16:35	2nd Lady	+ 0:13
31	Steve Smeeth V	12 Eastleigh RC	01:06:58	+ 16:51	24th Open	+ 16:51
32	Lindy Eynon F V	32 T.R.C.T.S.	01:07:06	+ 16:59	25th Open	+ 16:59
33	Nicholas Pounder	23 Ponty Roadents AC	01:07:25	+ 17:19	26th Open	+ 17:19
34	R Towell V	26 Salford Harriers	01:07:35	+ 17:29	27th Open	+ 17:28
35	Ken Mumford V	43 Middleton Harriers (V)	01:07:44	+ 17:37	5th Vet	+ 15:00
36	Shan Aguilar-Stone F V	02 Briton RR	01:08:09	+ 18:02	28th Open	+ 18:02
37	Mike Lecl V	05 Bromsgrove & Redditch	01:08:28	+ 18:21	29th Open	+ 18:21
38	Libby Lavis F V	03 Braconia Harriers	01:09:10	+ 19:03	30th Open	+ 19:03
39	Emma Gordon F	37 Westbury Harriers	01:09:46	+ 19:39	31st Open	+ 19:39
40	Dave Dyson V	21 North Fyde AC	01:10:22	+ 20:15	32nd Open	+ 20:15
41	Anne Dickerson F V	45 City of Bath AC (L)	01:10:34	+ 20:27	3rd Lady	+ 4:05
42	Robin Parsons V	15 Liswerry Runners	01:11:53	+ 21:46	33rd Open	+ 21:46
43	Debbie Williams F V	22 Penarth & Dinas	01:11:53	+ 21:46	34th Open	+ 21:46
44	John Barrett V	18 Middleton Harriers	01:13:07	+ 23:00	35th Open	+ 23:00
45	Peter Cook V	36 Wesham RR	01:14:06	+ 23:59	36th Open	+ 23:59
46	Les Phillips V	29 Sospan RR	01:15:11	+ 25:04	37th Open	+ 25:04
47	Chris Riby	50 Air Products	01:15:20	+ 25:13	2nd Bus.	+ 16:43
48	Andrea Brown F V	47 Merold Ladies	01:15:33	+ 25:26	4th Lady	+ 9:04
49	Peter Jenkinson	17 Manchester YMCA	01:16:26	+ 26:19	38th Open	+ 26:19
50	Frances Machin F	55 NetRegs	01:17:21	+ 27:14	3rd Bus.	+ 18:44
51	Ian Sullivan V	56 SW Police AAC	01:17:24	+ 27:17	4th Bus.	+ 18:47
52	Carol Ingham F V	48 Poole Runners (L)	01:24:37	+ 34:30	5th Lady	+ 18:08
53	Sarah Hind F V	11 Dulwich Runners	01:26:00	+ 35:53	39th Open	+ 35:53
54	Gideon Jones	54 Hummingbird R/KYV	01:31:00	+ 40:53	5th Bus.	+ 32:23

Welsh Castles Relay 2005

Final Results

Stage 19: Abercynon to Caerphilly
Distance: 10.4 Record: 62:07 (2002)

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
01	Tim Lewis	04 Bridgend AC	01:03:35		1st Open	
02	Matt Lynas	34 Thames Hare & Hounds	01:04:58	+ 1:21	2nd Open	+ 1:21
03	Dave Stanton	31 Stroud & Dist AC	01:05:56	+ 2:21	3rd Open	+ 2:21
04	Stuart Reeves	14 Les Croupiers (SM)	01:05:59	+ 2:24	4th Open	+ 2:24
05	Paul Howarth	39 Wrral AC	01:07:05	+ 3:30	5th Open	+ 3:30
06	Ian Williams V	20 Neath Harriers	01:08:33	+ 4:58	6th Open	+ 4:58
07	John Thorpe	13 G W Runners	01:08:43	+ 5:08	7th Open	+ 5:08
08	Miguel Branco	28 Serpentine RC (SM)	01:08:51	+ 5:16	8th Open	+ 5:16
09	Darren Cotter	35 Vale Royal AC	01:09:04	+ 5:29	9th Open	+ 5:29
10	Keith Wells	54 Hummingbird RIKYV	01:09:11	+ 5:38	1st Bus.	
11	Arthur Johns V	24 Poole Runners (SM)	01:09:23	+ 5:48	10th Open	+ 5:48
12	Mike Davies	38 Winchester & Dist AC	01:09:45	+ 6:10	11th Open	+ 6:10
13	Roger Coombs	32 T.R.O.T.S.	01:10:09	+ 6:34	12th Open	+ 6:34
14	Alstair Young V	11 Dulwich Runners	01:10:14	+ 6:39	13th Open	+ 6:39
15	Runner Not Declared	02 Bilton RR	01:10:34	+ 6:59	14th Open	+ 6:59
16	John Hiscox V	23 Ponty Roadents AC	01:10:57	+ 7:22	15th Open	+ 7:22
17	Paul Dunckerley	36 Washam RR	01:11:02	+ 7:27	16th Open	+ 7:27
18	Marin Davies V	12 Eastleigh RC	01:11:09	+ 7:34	17th Open	+ 7:34
	= Chris Slowley V	41 Bostol & West AC (V)	01:11:09	+ 7:34	1st Vet	
20	Rachel Goddard F	01 3M Gorseion RR	01:11:18	+ 7:43	18th Open	+ 7:43
21	Deidan Flynn V	30 Stragglers	01:11:48	+ 8:13	19th Open	+ 8:13
22	Andrew Dix	09 City of Bath AC (C)	01:13:20	+ 9:45	20th Open	+ 9:45
23	Phil Anderson V	06 Blomsgrove & Redditch	01:14:36	+ 11:01	21st Open	+ 11:01
24	Jonathan Williams V	10 Clevedon AC	01:14:43	+ 11:08	22nd Open	+ 11:08
25	Pete Deacon V	40 3M Gorseion RR (V)	01:14:48	+ 11:13	2nd Vet	+ 3:39
26	Steve Owen	42 Les Croupiers RC (V)	01:14:52	+ 11:17	3rd Vet	+ 3:43
27	Ken Buckle V	07 Cheltenham Harriers	01:15:20	+ 11:45	23rd Open	+ 11:45
28	Neil Stevens	27 San Dom./Club 89	01:16:28	+ 12:53	24th Open	+ 12:53
29	Rob Fowler V	06 CSA Wanderers	01:18:06	+ 14:31	25th Open	+ 14:31
30	Kelly Jane Little F	45 City of Bath AC (L)	01:18:20	+ 14:45	1st Lady	
31	Mark Chorley V	52 Corus	01:18:57	+ 15:22	2nd Bus.	+ 9:48
32	Angela Leonard F	17 Manchester YMCA	01:21:24	+ 17:49	26th Open	+ 17:49
33	Gareth Hughes V	26 Prestatyn RC	01:21:40	+ 18:05	27th Open	+ 18:05
34	Amy Ost	08 Chepstow Harriers	01:22:00	+ 18:25	28th Open	+ 18:25
35	Charlotte Johns F V	03 Brackla Harriers	01:22:16	+ 18:41	29th Open	+ 18:41
36	Tanya Ashworth F	21 North Fyde AC	01:23:20	+ 19:45	30th Open	+ 19:45
37	Joanna Conn F	49 Serpentine RC (L)	01:23:58	+ 20:23	2nd Lady	+ 5:38
38	D Moran V	26 Salford Harriers	01:25:08	+ 21:33	31st Open	+ 21:33
39	Graham Leigh V	50 Air Products	01:25:34	+ 21:59	3rd Bus.	+ 16:23
40	Jean Luc Huez V	44 Serpentine RC (V)	01:25:40	+ 22:05	4th Vet	+ 14:31
41	Hannah Townier F	48 Poole Runners (L)	01:25:03	+ 22:28	3rd Lady	+ 7:43
42	Gillian Phillips F V	29 Sosparr RR	01:25:13	+ 22:38	32nd Open	+ 22:38
43	Richard Miles	20 Telford Harriers	01:25:39	+ 23:04	33rd Open	+ 23:04
44	Sandy Chipper F	15 Liswerry Runners	01:25:50	+ 23:15	34th Open	+ 23:15
45	Judy Bowsher F V	46 Les Croupiers RC (L)	01:25:58	+ 23:23	4th Lady	+ 8:38
46	Charles Bowcock V	43 Middleton Harriers (V)	01:27:52	+ 24:17	5th Vet	+ 18:43
	= Dave Greaves	56 SW Police AAC	01:27:52	+ 24:17	4th Bus.	+ 18:41
48	Trevor Wiloughby V	16 Lytham St Annes RR	01:28:07	+ 24:32	35th Open	+ 24:32
49	Teca Phillips F V	22 Penarth & Dinas	01:30:57	+ 27:22	36th Open	+ 27:22
50	Anthony Parsons	55 NetRegs	01:31:16	+ 27:41	5th Bus.	+ 22:05
51	Sarah Mayne F V	19 Mornington Chasers	01:31:58	+ 28:23	37th Open	+ 28:23
52	Dave Perkins V	37 Westbury Harriers	01:40:31	+ 36:56	38th Open	+ 36:56
53	Gillian Thompson F V	18 Middleton Harriers	01:42:00	+ 38:25	39th Open	+ 38:25
54	Jenny Hooper F V	47 Merca Ladies	01:43:11	+ 39:36	8th Lady	+ 24:51

Welsh Castles Relay 2005

Final Results

Stage 20: Caerphilly to Cardiff

Distance: 10.4 Record: 56:55 (2004)

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
01	Richie Gardiner	56 SW Police AAC	55:02		1st Bus.	
02	Julian Baker	14 Les Croupiers (SM)	58:03	+ 3:01	1st Open	
03	Con Rees	24 Poole Runners (SM)	59:24	+ 4:22	2nd Open	+ 1:21
04	Matt King	38 Winchester & Dist AC	01:00:32	+ 5:30	3rd Open	+ 2:29
05	Richard Jones	04 Bridgend AC	01:00:57	+ 5:55	4th Open	+ 2:54
06	Ian Williams	32 T.R.O.T.S.	01:01:15	+ 6:13	5th Open	+ 3:12
07	Jeremy Hogan V	41 Bristol & West AC (V)	01:02:39	+ 7:37	1st Vet	
08	Nigel Thompson	16 Lytham St Annes RR	01:02:45	+ 7:43	6th Open	+ 4:42
09	Mark Evans	08 CSA Wanderers	01:04:16	+ 9:14	7th Open	+ 6:13
10	Peter Coles V	23 Plofty Roadents AC	01:04:28	+ 9:26	8th Open	+ 6:25
11	Julian Hough	31 Stroud & Dist AC	01:04:53	+ 9:51	9th Open	+ 6:50
12	Leon Foster	39 Wirral AC	01:05:05	+ 10:04	10th Open	+ 7:03
13	Nigel Edwards V	13 G W Runners	01:05:24	+ 10:22	11th Open	+ 7:21
14	Godfrey Rhimes V	12 Eastleigh RC	01:05:37	+ 10:35	12th Open	+ 7:34
15	Kevin Wilkinson V	27 San Dom /Club 69	01:05:49	+ 10:47	13th Open	+ 7:46
16	Chris Vauden V	10 Clevedon AC	01:05:52	+ 10:50	14th Open	+ 7:49
17	Bill Graham V	02 Bilton RR	01:06:10	+ 11:08	15th Open	+ 8:07
18	M Seed	26 Salford Harriers	01:06:31	+ 11:29	16th Open	+ 8:28
19	Robin Kindersley V	28 Serpentine RC (SM)	01:06:41	+ 11:39	17th Open	+ 8:38
20	Richard Jones	01 3M Gorseinon RR	01:06:57	+ 11:55	18th Open	+ 8:54
21	Peter Davico V	03 Brackla Harriers	01:07:36	+ 12:34	19th Open	+ 9:33
22	Mark Thornley V	35 Vale Royal AC	01:07:52	+ 12:50	20th Open	+ 9:49
23	Rhodi Davis V	34 Thames Hare & Hounds	01:08:19	+ 13:17	21st Open	+ 10:16
24	Steve Williams	52 Corus	01:09:16	+ 14:14	2nd Bus.	+ 14:14
25	David Coles	42 Les Croupiers RC (V)	01:09:48	+ 14:46	2nd Vet	+ 7:09
26	Martin Bates V	36 Wesham RR	01:09:51	+ 14:49	22nd Open	+ 11:48
27	John Buckle	19 Mornington Chasers	01:10:00	+ 14:58	23rd Open	+ 11:57
28	Jim Desmond	30 Stragglers	01:10:32	+ 15:30	24th Open	+ 12:29
29	Tamsin Clark F	47 Mercia Ladies	01:10:49	+ 15:47	1st Lady	
30	David Bingham V	07 Cheltenham Harriers	01:10:58	+ 15:56	25th Open	+ 12:55
31	Matt Lavis	37 Westbury Harriers	01:11:44	+ 16:42	26th Open	+ 13:41
32	Gareth Jones V	08 Chapstow Harriers	01:12:17	+ 17:15	27th Open	+ 14:14
33	Ben Tucker	20 Neath Harriers	01:12:36	+ 17:34	28th Open	+ 14:33
34	Euan Basterfield V	09 City of Bath AC (O)	01:12:47	+ 17:45	29th Open	+ 14:44
35	Richard Long V	44 Serpentine RC (V)	01:15:29	+ 20:27	3rd Vet	+ 12:50
36	David Alan Jones V	25 Prestabyn RC	01:16:09	+ 21:07	30th Open	+ 18:06
37	Vicky Ingham F	48 Poole Runners (L)	01:17:30	+ 22:28	2nd Lady	+ 5:41
38	Ros Tabor F V	11 Dulwich Runners	01:17:45	+ 22:43	31st Open	+ 19:42
39	Bob Fairclough V	21 North Fyde AC	01:18:16	+ 23:14	32nd Open	+ 20:13
40	Chris Jarvis	55 NetRags	01:18:58	+ 23:56	3rd Bus.	+ 23:56
41	Steve Bendle V	40 3M Gorseinon RR (V)	01:19:10	+ 24:08	4th Vet	+ 16:31
42	Graham Machin V	33 Telford Harriers	01:19:30	+ 24:28	33rd Open	+ 21:27
43	Mandy Peace F V	29 Sospan RR	01:20:24	+ 25:22	34th Open	+ 22:21
44	Nick Pringle V	16 Llswerry Runners	01:20:41	+ 25:39	35th Open	+ 22:38
45	Gary Mines V	50 Air Products	01:20:59	+ 25:57	4th Bus.	+ 25:57
46	Libby O'Duffy F V	46 Les Croupiers RC (L)	01:21:21	+ 26:19	3rd Lady	+ 10:32
47	Victoria Hall F	22 Penarth & Dinas	01:21:23	+ 26:21	36th Open	+ 23:20
48	Roger Beacham V	05 Bromsgrove & Redditch	01:23:19	+ 28:17	37th Open	+ 25:16
49	Jane Harris F V	49 Serpentine RC (L)	01:25:25	+ 30:23	4th Lady	+ 14:59
50	Tom Temple V	43 Middleton Harriers (V)	01:27:47	+ 32:45	5th Vet	+ 25:08
51	Rachel Ross F V	17 Manchester YMCA	01:32:23	+ 37:21	38th Open	+ 34:25
52	Tony Hamilton V	54 Hummingbird R/KYV	01:34:20	+ 39:18	5th Bus.	+ 39:18
53	Andrea Worrall F	18 Middleton Harriers	01:37:19	+ 42:17	39th Open	+ 39:16
=	Jenny Hutchinson F	45 City of Bath AC (L)	01:37:19	+ 42:17	5th Lady	+ 26:30

Welsh Castles Relay 2005
Mountains Results
Kings of the Mountains

Pos	Team	Stage 3	Stage 7	Stage 10	Stage 11	Stage 14	Stage 16	Totals
01	34 Thames Hare & Hounds	01:06:57	00:55:07	01:14:39	01:09:45	00:58:00	00:46:29	06:13:57
02	04 Bridgend AC	01:11:46	01:00:05	01:17:24	01:10:05	01:05:11	00:53:04	06:37:36
03	10 Clevedon AC	01:12:31	00:59:57	01:19:32	01:09:40	01:06:26	00:56:16	06:43:22
04	39 Wral AC	01:12:35	01:03:31	01:17:52	01:14:15	01:06:03	00:56:30	06:50:46
05	14 Les Croupiers (SM)	01:12:16	01:01:03	01:21:39	01:10:41	01:12:14	00:54:07	06:52:00
06	38 Winchester & Dist AC	01:13:02	01:11:17	01:17:17	01:09:00	01:11:39	00:50:14	06:52:29
07	09 City of Bath AC (O)	01:12:59	01:00:59	01:22:23	01:11:51	01:09:11	00:57:43	06:55:06
08	28 Serpentine RC (SM)	01:11:08	01:01:58	01:19:05	01:12:59	01:09:50	01:01:32	06:56:32
09	20 Neath Harriers	01:15:53	01:00:53	01:21:56	01:17:14	01:04:50	00:59:04	06:59:50
10	07 Cheltenham Harriers	01:16:56	01:03:36	01:16:21	01:20:32	01:06:00	00:58:04	07:01:29
11	26 Salford Harriers	01:08:00	01:02:24	01:23:32	01:27:19	01:09:06	00:57:06	07:06:28
12	24 Poole Runners (SM)	01:15:23	01:05:37	01:21:37	01:16:23	01:10:29	01:02:57	07:12:26
13	52 Gorus	01:06:45	00:58:09	01:29:03	01:19:34	01:13:43	01:06:58	07:15:10
14	21 North Fyde AC	01:16:09	01:02:22	01:19:29	01:27:22	01:12:23	01:01:42	07:19:27
15	31 Stroud & Dist AC	01:27:48	01:11:20	01:18:30	01:18:13	01:07:43	00:58:44	07:22:18
16	36 Wesham RR	01:06:38	01:06:33	01:17:02	01:32:41	01:06:07	01:10:36	07:23:37
17	35 Vale Royal AC	01:11:36	01:08:56	01:34:36	01:22:28	01:10:43	01:01:48	07:30:07
18	02 Bllon RR	01:29:19	01:06:21	01:27:42	01:16:46	01:13:53	00:56:21	07:30:22
19	05 Bromsgrove & Redditch	01:27:13	01:05:16	01:33:37	01:24:22	01:10:07	00:55:16	07:35:52
20	37 Westbury Harriers	01:29:45	01:07:20	01:17:49	01:24:39	01:08:48	01:08:13	07:36:34
21	11 Dulwich Runners	01:16:40	01:06:58	01:31:20	01:26:26	01:15:21	01:01:16	07:40:01
22	08 Chepstow Harriers	01:17:12	01:12:20	01:36:14	01:14:36	01:18:46	01:01:26	07:40:34
23	15 Llwenny Runners	01:34:15	01:08:14	01:27:19	01:29:51	01:07:28	01:10:08	07:57:15
24	12 Eastleigh RC	01:34:57	01:09:57	01:26:18	01:15:01	01:27:05	01:00:23	07:57:41
25	29 Soapan RR	01:21:35	01:16:40	01:32:12	01:19:41	01:25:47	01:03:41	07:59:36
26	30 Stragglers	01:29:33	01:00:28	01:29:30	01:23:30	01:50:00	00:56:32	08:02:33
27	25 Ponty Roadents AC	01:20:07	01:13:53	01:30:25	01:26:31	01:20:53	01:12:14	08:04:03
28	16 Lytham St Annes RR	01:24:35	01:11:09	01:33:09	01:22:33	01:35:20	00:57:57	08:04:43
29	17 Manchester YMCA	01:31:56	01:05:23	01:35:21	01:29:56	01:15:46	01:09:41	08:08:03
30	13 G W Runners	01:23:03	01:10:43	01:28:32	01:24:53	01:24:40	01:17:36	08:09:27
31	18 Middleton Harriers	01:36:43	01:02:26	01:26:20	01:36:33	01:15:50	01:13:40	08:13:34
32	32 T.R.O.T.S.	01:24:55	01:13:33	01:24:30	01:26:27	01:12:10	01:30:09	08:13:35
33	22 Penarth & Dinas	01:41:20	01:12:24	01:23:50	01:28:36	01:16:03	01:11:47	08:14:00
34	56 SW Police AAC	01:23:54	01:32:56	01:27:33	01:32:59	01:10:03	01:10:48	08:18:13
35	27 San Dom /Club 60	01:18:19	01:03:19	02:28:00	01:16:12	01:16:34	01:04:24	08:28:48
36	19 Mornington Chasers	01:32:49	01:21:00	01:51:36	01:24:34	01:15:08	01:06:36	08:30:45
37	55 NetRegs	01:28:32	01:01:21	01:47:54	01:37:39	01:50:00	00:53:15	08:35:41
38	25 Prestatyn RC	01:54:21	01:10:23	01:40:52	01:21:49	01:18:55	01:11:23	08:37:42
39	06 CSA Wanderers	01:35:48	01:35:29	01:25:06	01:42:20	01:16:18	01:06:45	08:42:48
40	33 Telford Harriers	01:34:11	01:12:28	01:26:57	01:39:18	01:31:27	01:19:01	08:43:22
41	01 3M Gorseinon RR	01:35:16	01:22:46	01:48:07	01:23:23	01:23:50	01:10:53	08:44:14
42	50 Air Products	01:24:17	01:08:38	01:38:10	02:03:00	01:26:06	01:05:50	08:46:01
43	03 Brackla Harriers	01:33:51	01:18:55	01:40:17	01:38:03	01:30:16	01:13:17	08:54:39
44	54 Hummingbird R/KYV	02:01:00	01:38:00	02:10:56	01:44:28	01:12:07	01:30:00	10:16:31

Queens of the Mountains

Pos	Team	Stage 3	Stage 7	Stage 10	Stage 11	Stage 14	Stage 16	Totals
01	49 Serpentine RC (L)	01:31:07	01:14:48	01:30:58	01:25:14	01:14:43	01:00:52	07:57:42
02	46 Les Croupiers RC (L)	01:30:09	01:08:03	01:33:43	01:33:08	01:31:11	01:05:43	08:21:57
03	45 City of Bath AC (L)	01:33:31	01:19:46	01:39:47	01:25:11	01:30:25	00:57:43	08:23:23
04	48 Poole Runners (L)	01:27:39	01:12:47	01:36:36	01:44:28	01:32:43	01:07:34	08:41:47
05	47 Merda Ladies	01:27:27	01:21:17	01:40:05	01:34:18	01:28:03	01:11:17	08:42:27

Monarchs of the Mountains

Pos	Team	Stage 3	Stage 7	Stage 10	Stage 11	Stage 14	Stage 16	Totals
01	41 Bristol & West AC (V)	01:08:25	01:11:54	01:14:24	01:23:51	01:05:56	01:00:30	07:04:59
02	43 Middleton Harriers (V)	01:11:53	01:09:23	01:22:11	01:19:58	01:15:41	00:59:53	07:18:59
03	42 Les Croupiers RC (V)	01:17:42	01:06:22	01:32:46	01:25:53	01:17:56	01:05:04	07:47:43
04	40 3M Gorseinon RR (V)	01:42:16	01:15:03	01:38:33	01:24:58	01:22:58	01:16:58	08:44:46
05	44 Serpentine RC (V)	01:44:28	01:17:26	02:02:54	01:39:29	01:16:58	01:04:06	09:05:21

Welsh Castles Relay 2005

Leaderboard

Caernarfon to Cardiff - Distance : 209 miles.

Pos	Team	Time	Behind Leader	Class Posn.	Behind Leader
01	34 Thames Hare & Hounds	20:36:51		1st Open	
02	04 Bridgend AC	20:52:25	+15:34	2nd Open	+15:34
03	14 Les Croupiers (SM)	20:52:55	+16:04	3rd Open	+16:04
04	39 Wirral AC	21:02:18	+25:27	4th Open	+25:27
05	20 Naath Harriers	21:41:23	+64:32	5th Open	+64:32
06	28 Serpentine RC (SM)	21:44:30	+67:39	6th Open	+67:39
07	10 Clevedon AC	21:58:25	+81:34	7th Open	+81:34
08	41 Bristol & West AC (V)	22:02:01	+85:10	1st Vet	
09	38 Winchester & Dist AC	22:03:04	+86:13	8th Open	+86:13
10	24 Poole Runners (SM)	22:43:33	+126:42	9th Open	+126:42
11	07 Chatterham Harriers	22:55:40	+138:49	10th Open	+138:49
12	52 Corus	23:05:49	+148:58	1st Bus.	
13	26 Salford Harriers	23:18:27	+161:36	11th Open	+161:36
14	35 Vale Royal AC	23:32:39	+175:48	12th Open	+175:48
15	02 Bolton RR	23:40:36	+183:45	13th Open	+183:45
16	42 Les Croupiers RC (V)	23:45:35	+188:44	2nd Vet	+103:34
17	30 Stragglers	23:52:11	+195:20	14th Open	+195:20
18	36 Wesham RR	23:53:54	+197:03	15th Open	+197:03
19	05 Bromsgrove & Redditch	24:00:29	+203:38	16th Open	+203:38
20	09 City of Bath AC (O)	24:11:56	+215:05	17th Open	+215:05
21	21 North Fylde AC	24:15:41	+218:50	18th Open	+218:50
22	31 Stroud & Dist AC	24:20:54	+224:03	19th Open	+224:03
23	23 Ponfy Roadents AC	24:43:57	+247:06	20th Open	+247:06
24	27 San Dom. Club GB	24:44:31	+247:40	21st Open	+247:40
25	11 Dulwich Runners	24:57:20	+260:29	22nd Open	+260:29
26	43 Middleton Harriers (V)	25:05:31	+268:40	3rd Vet	+153:30
27	08 Chepstow Harriers	25:08:21	+271:30	23rd Open	+271:30
28	32 T.R.O.T.S.	25:14:46	+277:55	24th Open	+277:55
29	13 G.W. Runners	25:18:57	+282:06	25th Open	+282:06
30	25 Prestatyn RC	25:44:08	+307:17	26th Open	+307:17
31	12 Eastleigh RC	25:44:14	+307:23	27th Open	+307:23
32	48 Serpentine RC (L)	25:47:15	+310:24	1st Lady	
33	37 Westbury Harriers	25:55:29	+318:38	28th Open	+318:38
34	56 SW Police AAC	26:09:55	+333:04	2nd Bus.	+184:06
35	46 Les Croupiers RC (L)	26:14:03	+337:12	2nd Lady	+26:48
36	16 Lytham St Annes RR	26:15:32	+338:41	29th Open	+338:41
37	15 Liswerry Runners	26:17:27	+340:36	30th Open	+340:36
38	06 CSA Wanderers	26:35:46	+358:57	31st Open	+358:57
39	19 Morningson Chasers	26:45:24	+368:33	32nd Open	+368:33
40	33 Telford Harriers	26:49:35	+372:44	33rd Open	+372:44
41	03 Brackla Harriers	27:09:05	+392:14	34th Open	+392:14
42	17 Manchester YMCA	27:13:55	+397:04	35th Open	+397:04
43	50 Air Products	27:17:56	+401:05	3rd Bus.	+282:07
44	22 Penarth & Dinas	27:19:29	+402:38	36th Open	+402:38
45	01 3M Gorseinon RR	27:22:35	+405:44	37th Open	+405:44
46	55 NetRegs	27:29:35	+412:44	4th Bus.	+263:46
47	47 Marcia Ladies	27:40:30	+423:39	3rd Lady	+113:15
48	40 3M Gorseinon RR (V)	27:47:44	+430:53	4th Vet	+345:43
49	45 City of Bath AC (L)	28:10:54	+454:03	4th Lady	+143:39
50	29 Soapan RR	28:21:00	+464:09	38th Open	+464:09
51	49 Poole Runners (L)	28:31:36	+474:44	5th Lady	+164:20
52	13 Middleton Harriers	28:39:16	+482:25	39th Open	+482:25
53	44 Serpentine RC (V)	29:04:16	+507:25	5th Vet	+422:15
54	54 Hummingbird R/KYV	31:15:45	+639:54	5th Bus.	+490:56