

Welsh Castles Relay 2006

Final Results

Stage 1: Caernarfon to Penygroes

Distance: 9.1 miles

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	Eric Vamben	30 Serpentine R.C. (S Men)	00:54:56		1st Open	
2	M. Betts	21 Middleton Harriers (S Men)	00:58:16	3:20	2nd Open	3:20
3	Bernie Jones V	38 Vale Royal A.C.	00:59:47	4:51	3rd Open	4:51
4	Peter Davies V	5 Bridgend A.C.	01:01:17	6:21	4th Open	6:21
5	Andrew Jones	28 Prestatyn R.C.	01:01:32	6:36	5th Open	6:36
6	Dickie Bowen V	23 Neath Harriers	01:02:53	7:57	6th Open	7:57
7	Ron Morris V	29 San Dom. / Club 69	01:03:57	9:01	7th Open	9:01
8	Alan Glasgow V	39 Wesham R.R.	01:04:14	9:18	8th Open	9:18
9	Mick McGeoch	17 Les Croupiers R.C. (S Men)	01:04:36	9:40	9th Open	9:40
10	Wayne Bryant	4 Brackla Harriers	01:04:47	9:51	10th Open	9:51
11	Robyn Edwards F	40 Westbury Harriers	01:04:58	10:02	11th Open	10:02
12	Rob Kingdon	3 Bitton R.R.	01:05:28	10:32	12th Open	10:32
13	Gary Brookes V	42 Wirral A.C.	01:05:53	10:57	13th Open	10:57
14	Neil Maston V	9 Clevedon A.C.	01:06:24	11:28	14th Open	11:28
15	Ed Catmur	36 Thames H. & H.	01:07:21	12:25	15th Open	12:25
16	Tom Daniels V	53 Salford Harriers (Vets)	01:07:28	12:32	1st Vet.	
17	Steve Clews V	6 Bromsgrove & Redditch A.C.	01:08:42	13:46	16th Open	13:46
18	Carl Williams	8 Chepstow Harriers	01:09:08	14:12	17th Open	14:12
19=	Susan Samme F V	19 Lytham St Annes R.R.	01:10:17	15:21	18th Open	15:21
19=	Mark Adams V	15 Hereford Couriers	01:10:17	15:21	19th Open	15:21
21	Chris Young V	34 Stroud & District A.C.	01:10:35	15:39	20th Open	15:39
22	Clive Deacon V	12 Eastleigh R.C.	01:10:51	15:55	21st Open	15:55
23	John Tymukas V	11 Dulwich Runners	01:10:57	16:01	22nd Open	16:01
24	Alistair McNicol V	41 Winchester & Dist. A.C.	01:11:06	16:10	23rd Open	16:10
25	Ian Morris V	37 T.R.O.T.S.	01:11:38	16:42	24th Open	16:42
26	Vicki Smith V	46 Mercia Ladies	01:11:39	16:43	1st Lady	
27	David Lloyd	51 Les Croupiers R.C. (Vets)	01:12:13	17:17	2nd Vet.	4:45
28	Chris Smith	58 Netregs	01:13:26	18:30	1st Bus.	
29	Liz Souness F V	33 Stragglers	01:13:53	18:57	25th Open	18:57
30	Christine Lutsch F	48 Serpentine R.C. (Ladies)	01:14:16	19:20	2nd Lady	2:37
31	Alan Jenkins V	35 Telford Harriers	01:14:29	19:33	26th Open	19:33
32	David McNamee V	7 Cheltenham Harriers	01:16:24	21:28	27th Open	21:28
33	Austin Bell V	2 Abergele Harriers	01:16:32	21:36	28th Open	21:36
34	Jenny Burton F	32 South West R.R.	01:16:40	21:44	29th Open	21:44
35	Shan Aguilar-Stone F V	44 Bitton R.R. (Ladies)	01:17:24	22:28	3rd Lady	5:45
36	Fran Gaye V	49 Winchester (Ladies)	01:18:19	23:23	4th Lady	6:40
37	Steve Parsons V	13 Great Western Runners	01:18:50	23:54	30th Open	23:54
38	Geoff White V	1 3m Gorseinon R.R.	01:19:16	24:20	31st Open	24:20
39	Frances Williams F V	45 Les Croupiers R.C. (Ladies)	01:19:29	24:33	5th Lady	7:50
40	Mike Walsh V	24 North Fylde A.C.	01:20:37	25:41	32nd Open	25:41
41	Janet Damen F V	27 Poole Runners (S Men)	01:20:44	25:48	33rd Open	25:48
42	Jayne Calvert F V	26 Pontypridd Roadents A.C.	01:21:49	26:53	34th Open	26:53
43	Ruth Calderbank F V	52 North Fylde A.C. (Vets)	01:21:53	26:57	3rd Vet.	14:25
44	Bianca Wagner F	14 Haarlem Globetrotters	01:21:55	26:59	35th Open	26:59
45	Howard Attwood V	18 Liswerry Runners	01:23:18	28:22	36th Open	28:22
46	Stephen Ingham V	20 Manchester YMCA	01:24:32	29:36	37th Open	29:36
47	Kevin Scannell	60 S. W. Police A.A.C.	01:25:27	30:31	2nd Bus.	12:01
48	Alan Belk V	56 Air Products	01:25:57	31:01	3rd Bus.	12:31
49	Glyn Hicks V	16 Islwyn R.C.	01:26:21	31:25	38th Open	31:25
50	Del Eyre F V	43 3m Gorseinon R.R. (Ladies)	01:27:00	32:04	6th Lady	15:21
51	Linsey Buck F V	10 C.S.A. Wanderers	01:27:06	32:10	39th Open	32:10
52	Andrea Worrall F	47 Middleton Harriers (Ladies)	01:30:01	35:05	7th Lady	18:22
53	Alistair Gear V	54 Serpentine R.C. (Vets)	01:30:07	35:11	4th Vet.	22:39
54	Odette White F V	31 Sospan R.R.	01:30:52	35:56	40th Open	35:56
55=	Andrew Simon V	55 Thames H. & H. (Vets)	01:31:00	36:04	5th Vet.	23:32
55=	Neil Samuel V	57 Corus Strip Products	01:31:00	36:04	4th Bus.	17:34
57	No Runner Entered	50 Bristol & West A.C. (Vets)	01:46:00	51:04	6th Vet.	38:32

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Welsh Castles Relay 2006

Final Results

Stage 2: Penygroes to Criccieth

Distance: 10.7 miles

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	Elliot Cole	5 Bridgend A.C.	01:03:42		1st Open	
2	Kevin Lewis V	23 Neath Harriers	01:07:24	3:42	2nd Open	3:42
3	Andrew Davies	30 Serpentine R.C. (S Men)	01:08:09	4:27	3rd Open	4:27
4	Trevor Rayner V	39 Wesham R.R.	01:08:42	5:00	4th Open	5:00
5	Chris Henry V	42 Wirral A.C.	01:09:04	5:22	5th Open	5:22
6	Gareth Brandrick	28 Prestatyn R.C.	01:10:00	6:18	6th Open	6:18
7	Nick Dukes	17 Les Croupiers R.C. (S Men)	01:10:22	6:40	7th Open	6:40
8	Shaun Parkin	32 South West R.R.	01:11:08	7:26	8th Open	7:26
9	Clare Nicholson F V	33 Stragglers	01:11:16	7:34	9th Open	7:34
10	Mike Richards V	9 Clevedon A.C.	01:11:43	8:01	10th Open	8:01
11	Ade White V	16 Islwyn R.C.	01:13:11	9:29	11th Open	9:29
12	Georgia Benson F	49 Winchester (Ladies)	01:13:29	9:47	1st Lady	
13	Grahame Shone V	2 Abergele Harriers	01:13:38	9:56	12th Open	9:56
14	Nick Haywood	38 Vale Royal A.C.	01:13:42	10:00	13th Open	10:00
15	David Taylor V	50 Bristol & West A.C. (Vets)	01:13:45	10:03	1st Vet.	
16	Theo Tesselaar V	57 Corus Strip Products	01:14:05	10:23	1st Bus.	
17	Steve Goodwin V	41 Winchester & Dist. A.C.	01:14:36	10:54	14th Open	10:54
18	Ian McDonald V	29 San Dom. / Club 69	01:15:06	11:24	15th Open	11:24
19	Tim Allen	36 Thames H. & H.	01:15:15	11:33	16th Open	11:33
20	Sjaak Betjes	14 Haarlem Globetrotters	01:15:31	11:49	17th Open	11:49
21	Trevor Uttley V	52 North Fylde A.C. (Vets)	01:15:58	12:16	2nd Vet.	2:13
22	Andy Murray V	11 Dulwich Runners	01:16:11	12:29	18th Open	12:29
23	Dave Cleverley V	6 Bromsgrove & Redditch A.C.	01:16:39	12:57	19th Open	12:57
24	Alan Lewis V	27 Poole Runners (S Men)	01:16:59	13:17	20th Open	13:17
25	Alison Cooke F V	15 Hereford Couriers	01:17:30	13:48	21st Open	13:48
26	Dave McManamara V	53 Salford Harriers (Vets)	01:17:46	14:04	3rd Vet.	4:01
27	S. Vasilou V	21 Middleton Harriers (S Men)	01:18:39	14:57	22nd Open	14:57
28	Mark Garrett	56 Air Products	01:20:56	17:14	2nd Bus.	6:51
29	Steve Lewis	51 Les Croupiers R.C. (Vets)	01:21:09	17:27	4th Vet.	7:24
30	Julian Bailey Gard	40 Westbury Harriers	01:21:45	18:03	23rd Open	18:03
31=	Mark Kingdon V	3 Bitton R.R.	01:23:04	19:22	24th Open	19:22
31=	Tony Burt V	4 Brackla Harriers	01:23:04	19:22	25th Open	19:22
33	Gillian Phillips F V	31 Sospan R.R.	01:23:06	19:24	26th Open	19:24
34	Paul New V	7 Cheltenham Harriers	01:23:55	20:13	27th Open	20:13
35	Paul Day V	18 Liswerry Runners	01:24:06	20:24	28th Open	20:24
36=	Bradley Cobb V	54 Serpentine R.C. (Vets)	01:24:23	20:41	5th Vet.	10:38
36=	Jeannette Muller F	48 Serpentine R.C. (Ladies)	01:24:23	20:41	2nd Lady	10:54
38=	Mark Jones V	26 Pontypridd Roadents A.C.	01:25:48	22:06	29th Open	22:06
38=	Fiona Cramp F	44 Bitton R.R. (Ladies)	01:25:48	22:06	3rd Lady	12:19
40	Andy Hammond V	34 Stroud & District A.C.	01:26:30	22:48	30th Open	22:48
41	Barrie Reeves V	12 Eastleigh R.C.	01:27:16	23:34	31st Open	23:34
42	Nigel Pitt	1 3m Gorseinon R.R.	01:27:53	24:11	32nd Open	24:11
43	Vanda Cox F V	55 Thames H. & H. (Vets)	01:29:36	25:54	6th Vet.	15:51
44	Hilary McCarthy F V	10 C.S.A. Wanderers	01:29:40	25:58	33rd Open	25:58
45	Jane Anderson V	46 Mercia Ladies	01:30:27	26:45	4th Lady	16:58
46	Jenny Hughes F	45 Les Croupiers R.C. (Ladies)	01:30:55	27:13	5th Lady	17:26
47	Ian Manners V	20 Manchester YMCA	01:30:56	27:14	34th Open	27:14
48	Anthea Hawke	58 Netregs	01:32:00	28:18	3rd Bus.	17:55
49	Tanis Hand F V	37 T.R.O.T.S.	01:32:23	28:41	35th Open	28:41
50	Debbie Cardwell F V	24 North Fylde A.C.	01:34:28	30:46	36th Open	30:46
51	Geoff Cram V	8 Chepstow Harriers	01:34:50	31:08	37th Open	31:08
52	Pat Markham F V	47 Middleton Harriers (Ladies)	01:40:14	36:32	6th Lady	26:45
53	Malcolm Offer V	13 Great Western Runners	01:40:26	36:44	38th Open	36:44
54	Philip Thomas	60 S. W. Police A.A.C.	01:42:27	38:45	4th Bus.	28:22
55	Sarah Tatton F V	19 Lytham St Annes R.R.	01:45:05	41:23	39th Open	41:23
56=	Karen Grey F V	43 3m Gorseinon R.R. (Ladies)	01:47:00	43:18	7th Lady	33:31
56=	Mike Sprason V	35 Telford Harriers	01:47:00	43:18	40th Open	43:18

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Welsh Castles Relay 2006

Final Results

Stage 3: Criccieth to Maentwrog

Distance: 12.1 miles

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	Sullivan Smith	14 Haarlem Globetrotters	01:10:19		1st Open	
2	Philip Parry V	50 Bristol & West A.C. (Vets)	01:10:52	0:33	1st Vet.	
3	Xavier Desse V	42 Wirral A.C.	01:12:39	2:20	2nd Open	2:20
4	Gareth Thomas	17 Les Croupiers R.C. (S Men)	01:15:07	4:48	3rd Open	4:48
5	Ian Druce	30 Serpentine R.C. (S Men)	01:16:46	6:27	4th Open	6:27
6	Joe Thomas	5 Bridgend A.C.	01:17:37	7:18	5th Open	7:18
7	Clive Richards V	9 Clevedon A.C.	01:17:38	7:19	6th Open	7:19
8	Ian Vaughan	58 Netregs	01:17:40	7:21	1st Bus.	
9	Julian Mawson	39 Wesham R.R.	01:17:59	7:40	7th Open	7:40
10	Lee Smith	57 Corus Strip Products	01:19:45	9:26	2nd Bus.	2:05
11	Nic Gould	36 Thames H. & H.	01:20:10	9:51	8th Open	9:51
12	Alan Pitt V	34 Stroud & District A.C.	01:20:31	10:12	9th Open	10:12
13	Dafydd Lambeth	16 Islwyn R.C.	01:21:38	11:19	10th Open	11:19
14	Mark Kennerley V	28 Prestatyn R.C.	01:21:45	11:26	11th Open	11:26
15	Graham Grew V	13 Great Western Runners	01:22:12	11:53	12th Open	11:53
16	Peter Kennedy	33 Stragglers	01:22:20	12:01	13th Open	12:01
17	Lisa Knight F	60 S. W. Police A.A.C.	01:22:47	12:28	3rd Bus.	5:07
18	Rob Gordon	40 Westbury Harriers	01:23:45	13:26	14th Open	13:26
19	I. Newcombe V	21 Middleton Harriers (S Men)	01:24:05	13:46	15th Open	13:46
20	Allister Sheffield	3 Bitton R.R.	01:24:53	14:34	16th Open	14:34
21	Emma Patel F	49 Winchester (Ladies)	01:25:57	15:38	1st Lady	
22	Jeff Russell V	29 San Dom. / Club 69	01:26:22	16:03	17th Open	16:03
23	Andy Jones V	32 South West R.R.	01:26:30	16:11	18th Open	16:11
24	Andy McCoy	7 Cheltenham Harriers	01:26:46	16:27	19th Open	16:27
25	James Edwards V	38 Vale Royal A.C.	01:27:23	17:04	20th Open	17:04
26	Tiarnan O'Cleirigh V	11 Dulwich Runners	01:27:55	17:36	21st Open	17:36
27	Geraint Williams	26 Pontypridd Roadents A.C.	01:28:43	18:24	22nd Open	18:24
28	Dave Daniels V	6 Bromsgrove & Redditch A.C.	01:28:57	18:38	23rd Open	18:38
29	Lindsay Emyr F V	45 Les Croupiers R.C. (Ladies)	01:29:05	18:46	2nd Lady	3:08
30	Chris Bradshaw V	4 Brackla Harriers	01:31:52	21:33	24th Open	21:33
31	Sarah Edmunds F	48 Serpentine R.C. (Ladies)	01:32:13	21:54	3rd Lady	6:16
32	Steve Herington V	15 Hereford Couriers	01:32:20	22:01	25th Open	22:01
33	Phil Manley V	41 Winchester & Dist. A.C.	01:32:48	22:29	26th Open	22:29
34	Terry Hellings V	19 Lytham St Annes R.R.	01:32:51	22:32	27th Open	22:32
35	Jeff Prett V	18 Liswerry Runners	01:33:00	22:41	28th Open	22:41
36=	Mark Chapman	56 Air Products	01:33:33	23:14	4th Bus.	15:53
36=	Paul Whitlock V	55 Thames H. & H. (Vets)	01:33:33	23:14	2nd Vet.	22:41
38	James Copley	20 Manchester YMCA	01:33:39	23:20	29th Open	23:20
39	Sally Curnow F	44 Bitton R.R. (Ladies)	01:33:54	23:35	4th Lady	7:57
40	Matthew Ashton	2 Abergele Harriers	01:33:55	23:36	30th Open	23:36
41	Theresa Brady F V	54 Serpentine R.C. (Vets)	01:36:10	25:51	3rd Vet.	25:18
42	Graeme Donnan	51 Les Croupiers R.C. (Vets)	01:36:43	26:24	4th Vet.	25:51
43	Paul Christie	8 Chepstow Harriers	01:36:51	26:32	31st Open	26:32
44	Chris Lee	27 Poole Runners (S Men)	01:38:46	28:27	32nd Open	28:27
45	Simon Unsworth V	52 North Fylde A.C. (Vets)	01:39:21	29:02	5th Vet.	28:29
46	Clare McKenna F	47 Middleton Harriers (Ladies)	01:39:34	29:15	5th Lady	13:37
47	Mal Howells V	31 Sospan R.R.	01:40:00	29:41	33rd Open	29:41
48	Dave Dyson V	24 North Fylde A.C.	01:44:16	33:57	34th Open	33:57
49	Gaynor Hulland F V	43 3m Gorseinon R.R. (Ladies)	01:44:55	34:36	6th Lady	18:58
50	Paul Lewis	1 3m Gorseinon R.R.	01:45:00	34:41	35th Open	34:41
51	Chris Paul V	53 Salford Harriers (Vets)	01:48:54	38:35	6th Vet.	38:02
52	Jane Buck F V	10 C.S.A. Wanderers	01:50:38	40:19	36th Open	40:19
53	Martin Skehan V	35 Telford Harriers	01:51:53	41:34	37th Open	41:34
54=	Steve Williams V	23 Neath Harriers	02:01:00	50:41	38th Open	50:41
54=	Patrick Powell V	37 T.R.O.T.S.	02:01:00	50:41	39th Open	50:41
54=	Steve Selway V	12 Eastleigh R.C.	02:01:00	50:41	40th Open	50:41
57	No Runner Entered	46 Mercia Ladies	02:16:00	65:41	7th Lady	50:03

Welsh Castles Relay 2006

Final Results

Stage 4: Maentwrog to Harlech

Distance: 9.4 miles

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	Richie Bullen	17 Les Croupiers R.C. (S Men)	00:53:53		1st Open	
2	Paul Graham	33 Stragglers	00:56:57	3:04	2nd Open	3:04
3	Tony McDevitt V	42 Wirral A.C.	00:58:16	4:23	3rd Open	4:23
4	Jeff Rees V	23 Neath Harriers	01:00:56	7:03	4th Open	7:03
5	Andy Yelland	39 Wesham R.R.	01:01:45	7:52	5th Open	7:52
6	Robert Hunt V	5 Bridgend A.C.	01:02:16	8:23	6th Open	8:23
7	John Diffey	51 Les Croupiers R.C. (Vets)	01:02:21	8:28	1st Vet.	
8	Geoff Smith V	9 Clevedon A.C.	01:02:22	8:29	7th Open	8:29
9	Dave Williams V	53 Salford Harriers (Vets)	01:02:54	9:01	2nd Vet.	0:33
10	David Mortimer V	50 Bristol & West A.C. (Vets)	01:04:19	10:26	3rd Vet.	1:58
11	Jacky Thorn F V	38 Vale Royal A.C.	01:04:47	10:54	8th Open	10:54
12	Chris Saunders	30 Serpentine R.C. (S Men)	01:05:25	11:32	9th Open	11:32
13	Trish Robson F V	40 Westbury Harriers	01:05:36	11:43	10th Open	11:43
14	Terry Bradshaw V	52 North Fylde A.C. (Vets)	01:06:05	12:12	4th Vet.	3:44
15	Martin Morley V	11 Dulwich Runners	01:07:01	13:08	11th Open	13:08
16	Gerwyn Williams V	29 San Dom. / Club 69	01:09:56	16:03	12th Open	16:03
17	Tony Britten	41 Winchester & Dist. A.C.	01:10:17	16:24	13th Open	16:24
18	James Wade V	3 Bitton R.R.	01:10:21	16:28	14th Open	16:28
19	John Weeks V	16 Islwyn R.C.	01:10:23	16:30	15th Open	16:30
20	Ilonka Betjes F	57 Corus Strip Products	01:10:48	16:55	1st Bus.	
21	Yvonne Bullen F V	45 Les Croupiers R.C. (Ladies)	01:11:05	17:12	1st Lady	
22	Jayne Littlewood F V	15 Hereford Couriers	01:11:41	17:48	16th Open	17:48
23	Daniel James	26 Pontypridd Roadents A.C.	01:12:09	18:16	17th Open	18:16
24	Gina Hardman V	49 Winchester (Ladies)	01:12:33	18:40	2nd Lady	1:28
25	Richard Read V	12 Eastleigh R.C.	01:12:38	18:45	18th Open	18:45
26	Don Holloway V	4 Brackla Harriers	01:12:49	18:56	19th Open	18:56
27	Richard Rogan	7 Cheltenham Harriers	01:12:58	19:05	20th Open	19:05
28	Dave Moulder V	32 South West R.R.	01:13:11	19:18	21st Open	19:18
29	Rachel Whittaker F	48 Serpentine R.C. (Ladies)	01:13:30	19:37	3rd Lady	2:25
30	Chris Bourne V	34 Stroud & District A.C.	01:14:00	20:07	22nd Open	20:07
31	David Walsh V	55 Thames H. & H. (Vets)	01:15:25	21:32	5th Vet.	13:04
32	Rob Davis V	19 Lytham St Annes R.R.	01:15:42	21:49	23rd Open	21:49
33	Steve James V	6 Bromsgrove & Redditch A.C.	01:16:23	22:30	24th Open	22:30
34	Jenna Curtis F	44 Bitton R.R. (Ladies)	01:16:42	22:49	4th Lady	5:37
35	Mick Owen V	35 Telford Harriers	01:16:57	23:04	25th Open	23:04
36	Pam Grant F V	2 Abergele Harriers	01:17:26	23:33	26th Open	23:33
37	Kevin Russell V	60 S. W. Police A.A.C.	01:18:00	24:07	2nd Bus.	7:12
38	Ann Rowell F V	37 T.R.O.T.S.	01:18:12	24:19	27th Open	24:19
39	Paul Ingham V	27 Poole Runners (S Men)	01:18:36	24:43	28th Open	24:43
40	Nigel Gibson V	56 Air Products	01:18:40	24:47	3rd Bus.	7:52
41	Carole Bowness F V	47 Middleton Harriers (Ladies)	01:19:13	25:20	5th Lady	8:08
42	Marcus Eyre V	1 3m Gorseinon R.R.	01:20:00	26:07	29th Open	26:07
43	Matthew Fincher	31 Sospan R.R.	01:21:20	27:27	30th Open	27:27
44	Amanda Evans F V	43 3m Gorseinon R.R. (Ladies)	01:22:50	28:57	6th Lady	11:45
45	Hazel Paterson F V	54 Serpentine R.C. (Vets)	01:23:35	29:42	6th Vet.	21:14
46	Christine Jennings F V	10 C.S.A. Wanderers	01:24:15	30:22	31st Open	30:22
47	Veronica Ford F V	13 Great Western Runners	01:24:53	31:00	32nd Open	31:00
48	Jason Burton	28 Prestatyn R.C.	01:27:02	33:09	33rd Open	33:09
49	Eric Bailey V	8 Chepstow Harriers	01:28:25	34:32	34th Open	34:32
50	Caroline Cummings V	46 Mercia Ladies	01:29:48	35:55	7th Lady	18:43
51	Celia Robbins	58 Netregs	01:30:24	36:31	4th Bus.	19:36
52	Rob Vreenengoor V	14 Haarlem Globetrotters	01:30:49	36:56	35th Open	36:56
53	B. Bowden V	21 Middleton Harriers (S Men)	01:32:32	38:39	36th Open	38:39
54	Julia Davies F V	18 Lliswerry Runners	01:33:51	39:58	37th Open	39:58
55=	Neil Atherton V	20 Manchester YMCA	01:34:00	40:07	38th Open	40:07
55=	Anthony Hickson V	36 Thames H. & H.	01:34:00	40:07	39th Open	40:07
55=	Eileen Swallow F V	24 North Fylde A.C.	01:34:00	40:07	40th Open	40:07

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Welsh Castles Relay 2006
Final Results
Stage 5: Harlech to Barmouth
Distance: 9.6 miles

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	Mick Tabor	17 Les Croupiers R.C. (S Men)	01:02:24		1st Open	
2	Caspar Prestidge	30 Serpentine R.C. (S Men)	01:02:42	0:18	2nd Open	0:18
3	T. Melia	21 Middleton Harriers (S Men)	01:03:15	0:51	3rd Open	0:51
4	Howard Carpenter V	23 Neath Harriers	01:03:46	1:22	4th Open	1:22
5	Steve Tompkin	57 Corus Strip Products	01:04:18	1:54	1st Bus.	
6	Derek Scarborough V	5 Bridgend A.C.	01:05:18	2:54	5th Open	2:54
7	Dave Bray V	9 Clevedon A.C.	01:05:44	3:20	6th Open	3:20
8	Pete Weatherhead V	42 Wirral A.C.	01:06:21	3:57	7th Open	3:57
9	Paul Saba	14 Haarlem Globetrotters	01:06:42	4:18	8th Open	4:18
10	Anthony Price	60 S. W. Police A.A.C.	01:07:14	4:50	2nd Bus.	2:56
11	Andy Tremain	41 Winchester & Dist. A.C.	01:07:44	5:20	9th Open	5:20
12	Dave Bright	51 Les Croupiers R.C. (Vets)	01:08:47	6:23	1st Vet.	
13	Ruth Davies F	45 Les Croupiers R.C. (Ladies)	01:08:48	6:24	1st Lady	
14	Keith Sawyer V	3 Bitton R.R.	01:08:59	6:35	10th Open	6:35
15	Gwyn Lloyd V	26 Pontypridd Roadents A.C.	01:09:29	7:05	11th Open	7:05
16	Alistair Irvine V	55 Thames H. & H. (Vets)	01:10:14	7:50	2nd Vet.	1:27
17	Geoff Robberts V	27 Poole Runners (S Men)	01:10:39	8:15	12th Open	8:15
18	Steve Brown V	7 Cheltenham Harriers	01:11:12	8:48	13th Open	8:48
19=	Marc Gadsden	35 Telford Harriers	01:12:23	9:59	14th Open	9:59
19=	Ros Tabor F V	11 Dulwich Runners	01:12:23	9:59	15th Open	9:59
21	Jonathan Davies	16 Islwyn R.C.	01:12:32	10:08	16th Open	10:08
22	Phil Leaver V	39 Wesham R.R.	01:12:48	10:24	17th Open	10:24
23	Jay Waller	40 Westbury Harriers	01:13:07	10:43	18th Open	10:43
24	Joan Clark V	46 Mercia Ladies	01:13:14	10:50	2nd Lady	4:26
25	James Delaney V	29 San Dom. / Club 69	01:13:32	11:08	19th Open	11:08
26	Simon Grant	2 Abergele Harriers	01:14:26	12:02	20th Open	12:02
27	Jane Campion F V	38 Vale Royal A.C.	01:14:41	12:17	21st Open	12:17
28	Martin Slack	15 Hereford Couriers	01:15:56	13:32	22nd Open	13:32
29	James Thomas V	4 Brackla Harriers	01:15:58	13:34	23rd Open	13:34
30	John Hill V	18 Liswerry Runners	01:16:42	14:18	24th Open	14:18
31	Andrew Lane V	33 Stragglers	01:17:20	14:56	25th Open	14:56
32	Tim Horn V	50 Bristol & West A.C. (Vets)	01:17:36	15:12	3rd Vet.	8:49
33	Tony Gale V	32 South West R.R.	01:17:56	15:32	26th Open	15:32
34	Roger Briers V	34 Stroud & District A.C.	01:18:05	15:41	27th Open	15:41
35	Adrian Lloyd V	54 Serpentine R.C. (Vets)	01:18:09	15:45	4th Vet.	9:22
36	Mike Bull V	13 Great Western Runners	01:18:51	16:27	28th Open	16:27
37	Gary Johnston V	52 North Fylde A.C. (Vets)	01:19:45	17:21	5th Vet.	10:58
38	Samantha Robinson F	48 Serpentine R.C. (Ladies)	01:21:41	19:17	3rd Lady	12:53
39	Andy Griffiths V	56 Air Products	01:21:57	19:33	3rd Bus.	17:39
40	Jason Wilkins V	10 C.S.A. Wanderers	01:22:49	20:25	29th Open	20:25
41	Dennis Moran V	53 Salford Harriers (Vets)	01:23:04	20:40	6th Vet.	14:17
42	Toni Britton F V	44 Bitton R.R. (Ladies)	01:24:18	21:54	4th Lady	15:30
43	Joanne McDonough F	28 Prestatyn R.C.	01:24:24	22:00	30th Open	22:00
44	Ian Bright V	36 Thames H. & H.	01:25:21	22:57	31st Open	22:57
45	Helen Williams F V	37 T.R.O.T.S.	01:27:37	25:13	32nd Open	25:13
46	Dave Stokes	6 Bromsgrove & Redditch A.C.	01:28:44	26:20	33rd Open	26:20
47	Angela Mann F	49 Winchester (Ladies)	01:29:52	27:28	5th Lady	21:04
48	Tracey Ellor F V	24 North Fylde A.C.	01:31:21	28:57	34th Open	28:57
49	Andy Bray V	8 Chepstow Harriers	01:32:17	29:53	35th Open	29:53
50	Stephanie Dibden V	12 Eastleigh R.C.	01:33:22	30:58	36th Open	30:58
51	Phil Swann V	31 Sospan R.R.	01:35:05	32:41	37th Open	32:41
52	Sue Todd F V	20 Manchester YMCA	01:35:24	33:00	38th Open	33:00
53=	Tracey Williams F V	43 3m Gorseinon R.R. (Ladies)	01:36:00	33:36	6th Lady	27:12
53=	Chris Cameron	19 Lytham St Annes R.R.	01:36:00	33:36	39th Open	33:36
53=	Tina Newton F V	1 3m Gorseinon R.R.	01:36:00	33:36	40th Open	33:36
53=	Maria Brierley	58 Netregs	01:36:00	33:36	4th Bus.	31:42
53=	Julie Laverock F	47 Middleton Harriers (Ladies)	01:36:00	33:36	7th Lady	27:12

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Welsh Castles Relay 2006

Final Results

Stage 6: Barmouth to Dolgellau

Distance: 10.7 miles

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	Matt Kilpin	42 Wirral A.C.	01:03:30		1st Open	
2	John Collingham	14 Haarlem Globetrotters	01:05:12	1:42	2nd Open	1:42
3	Justyn Rowley	9 Clevedon A.C.	01:05:33	2:03	3rd Open	2:03
4	Mike Cardew V	7 Cheltenham Harriers	01:05:35	2:05	4th Open	2:05
5	Evan Bond	33 Stragglers	01:06:29	2:59	5th Open	2:59
6	Naomi Warner F	36 Thames H. & H.	01:06:43	3:13	6th Open	3:13
7	Phillip Jenkins V	5 Bridgend A.C.	01:07:15	3:45	7th Open	3:45
8	Paul Fromme	30 Serpentine R.C. (S Men)	01:09:01	5:31	8th Open	5:31
9=	Bob Bamsey V	23 Neath Harriers	01:11:00	7:30	9th Open	7:30
9=	A. Williams	21 Middleton Harriers (S Men)	01:11:00	7:30	10th Open	7:30
11	Simon Nurse	17 Les Croupiers R.C. (S Men)	01:11:26	7:56	11th Open	7:56
12	Phil Manning V	34 Stroud & District A.C.	01:11:41	8:11	12th Open	8:11
13	Jon Osman V	12 Eastleigh R.C.	01:13:00	9:30	13th Open	9:30
14	Keith Dodd V	35 Telford Harriers	01:15:40	12:10	14th Open	12:10
15	Alex Duck	3 Bitton R.R.	01:15:56	12:26	15th Open	12:26
16	Will Clarkson	41 Winchester & Dist. A.C.	01:16:02	12:32	16th Open	12:32
17	Janice Palmer F V	27 Poole Runners (S Men)	01:17:13	13:43	17th Open	13:43
18	Nigel Barker V	13 Great Western Runners	01:17:25	13:55	18th Open	13:55
19	Andrea Smith F V	52 North Fylde A.C. (Vets)	01:17:47	14:17	1st Vet.	
20	Neil Stevens	29 San Dom. / Club 69	01:17:59	14:29	19th Open	14:29
21	Tim O'Sullivan	51 Les Croupiers R.C. (Vets)	01:19:00	15:30	2nd Vet.	1:13
22	Mark Kallenberg V	10 C.S.A. Wanderers	01:19:15	15:45	20th Open	15:45
23	Paul Dursley V	18 Liswerry Runners	01:19:25	15:55	21st Open	15:55
24	Richard Wall V	15 Hereford Couriers	01:20:52	17:22	22nd Open	17:22
25	Joanna Gorney F V	39 Wesham R.R.	01:22:17	18:47	23rd Open	18:47
26	Clive Brown V	6 Bromsgrove & Redditch A.C.	01:22:39	19:09	24th Open	19:09
27	Helen Duffield F	8 Chepstow Harriers	01:22:53	19:23	25th Open	19:23
28	Neil Parker	16 Islwyn R.C.	01:23:04	19:34	26th Open	19:34
29	Paul Newby V	55 Thames H. & H. (Vets)	01:23:16	19:46	3rd Vet.	5:29
30	Angharad Palin F	48 Serpentine R.C. (Ladies)	01:23:22	19:52	1st Lady	
31	Roland Bowness V	53 Salford Harriers (Vets)	01:23:55	20:25	4th Vet.	6:08
32	Lisa Pettit F V	54 Serpentine R.C. (Vets)	01:26:12	22:42	5th Vet.	8:25
33	Mike Atkins V	32 South West R.R.	01:26:30	23:00	27th Open	23:00
34	Paul Latchford	57 Corus Strip Products	01:27:00	23:30	1st Bus.	
35	Judi Bowsher F V	45 Les Croupiers R.C. (Ladies)	01:27:50	24:20	2nd Lady	4:28
36	Nicola Mullins F	60 S. W. Police A.A.C.	01:28:11	24:41	2nd Bus.	1:11
37	John Shaughnessy	58 Netregs	01:28:56	25:26	3rd Bus.	1:56
38	Dave Topping V	38 Vale Royal A.C.	01:29:02	25:32	28th Open	25:32
39	Wendy Tippett F V	40 Westbury Harriers	01:29:32	26:02	29th Open	26:02
40	Vicky John F	26 Pontypridd Roadents A.C.	01:30:25	26:55	30th Open	26:55
41	Tony Cook V	50 Bristol & West A.C. (Vets)	01:31:15	27:45	6th Vet.	13:28
42	Mike Hodges V	37 T.R.O.T.S.	01:34:36	31:06	31st Open	31:06
43	Nicola Stevenson F	11 Dulwich Runners	01:34:42	31:12	32nd Open	31:12
44	Zoe James F	44 Bitton R.R. (Ladies)	01:34:52	31:22	3rd Lady	11:30
45	Angella Hughes F V	2 Abergele Harriers	01:37:16	33:46	33rd Open	33:46
46	Andrea Brown	46 Mercia Ladies	01:37:34	34:04	4th Lady	14:12
47	Kate O'Regan V	49 Winchester (Ladies)	01:37:36	34:06	5th Lady	14:14
48	Mark Halliwell V	4 Brackla Harriers	01:38:12	34:42	34th Open	34:42
49	Christine Hurdidge F V	43 3m Gorseinon R.R. (Ladies)	01:39:07	35:37	6th Lady	15:45
50	Paul Rees V	1 3m Gorseinon R.R.	01:39:10	35:40	35th Open	35:40
51	Pip Fitzpatrick F	20 Manchester YMCA	01:39:15	35:45	36th Open	35:45
52	Vicky Robinson F	19 Lytham St Annes R.R.	01:40:24	36:54	37th Open	36:54
53	Helen Baxandall F V	28 Prestatyn R.C.	01:43:42	40:12	38th Open	40:12
54	Byron Morgan V	31 Sospan R.R.	01:50:00	46:30	39th Open	46:30
55	Ruth Bardsley F	47 Middleton Harriers (Ladies)	01:50:42	47:12	7th Lady	27:20
56	Phil Brackpool V	56 Air Products	01:51:15	47:45	4th Bus.	24:15
57	Paula Washington F V	24 North Fylde A.C.	01:51:26	47:56	40th Open	47:56

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Welsh Castles Relay 2006

Final Results

Stage 7: Dolgellau to Dinas Mawddwy

Distance: 9.75 miles

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	Clive Bromhall V	50 Bristol & West A.C. (Vets)	00:59:38		1st Vet.	
2	Alan Woods	42 Wirral A.C.	00:59:58	0:20	1st Open	
3	Stuart Crees	17 Les Croupiers R.C. (S Men)	01:00:11	0:33	2nd Open	0:13
4	Jason Williams	9 Clevedon A.C.	01:00:53	1:15	3rd Open	0:55
5	John Houghton V	52 North Fylde A.C. (Vets)	01:03:01	3:23	2nd Vet.	3:23
6	Phil Carbutt V	6 Bromsgrove & Redditch A.C.	01:03:36	3:58	4th Open	3:38
7	Steven Jones	5 Bridgend A.C.	01:03:58	4:20	5th Open	4:00
8	Jim Aylmore V	27 Poole Runners (S Men)	01:04:57	5:19	6th Open	4:59
9	Paul Talbot	23 Neath Harriers	01:05:27	5:49	7th Open	5:29
10	Stefan Van Der Pols	14 Haarlem Globetrotters	01:05:37	5:59	8th Open	5:39
11	Andrew Maynard V	30 Serpentine R.C. (S Men)	01:06:20	6:42	9th Open	6:22
12	Ian Hoare V	3 Bitton R.R.	01:08:25	8:47	10th Open	8:27
13	James Godber	11 Dulwich Runners	01:09:09	9:31	11th Open	9:11
14	Ian Giles	7 Cheltenham Harriers	01:09:10	9:32	12th Open	9:12
15	M. Flatley	21 Middleton Harriers (S Men)	01:09:34	9:56	13th Open	9:36
16	Paul Thomas V	32 South West R.R.	01:09:52	10:14	14th Open	9:54
17	David Williams V	29 San Dom. / Club 69	01:10:01	10:23	15th Open	10:03
18	Paul Dunkerly	39 Wesham R.R.	01:10:11	10:33	16th Open	10:13
19	Eddie Gilligan V	20 Manchester YMCA	01:10:23	10:45	17th Open	10:25
20	Lynn Jolley F	57 Corus Strip Products	01:10:48	11:10	1st Bus.	
21	Colin Harvey V	16 Islwyn R.C.	01:11:03	11:25	18th Open	11:05
22	Arwel Jones V	28 Prestatyn R.C.	01:11:40	12:02	19th Open	11:42
23	Martin George	31 Sospan R.R.	01:11:56	12:18	20th Open	11:58
24	Geoff Richards V	56 Air Products	01:12:29	12:51	2nd Bus.	1:41
25	David Shaw V	53 Salford Harriers (Vets)	01:12:48	13:10	3rd Vet.	13:10
26	Michael Worthington V	55 Thames H. & H. (Vets)	01:12:53	13:15	4th Vet.	13:15
27	Emma Calderbank F	48 Serpentine R.C. (Ladies)	01:13:24	13:46	1st Lady	
28	Simon Richards V	13 Great Western Runners	01:13:34	13:56	21st Open	13:36
29=	Gareth Hardman V	41 Winchester & Dist. A.C.	01:13:50	14:12	22nd Open	13:52
29=	Natalie Cain F	49 Winchester (Ladies)	01:13:50	14:12	2nd Lady	0:26
31	Steve Littlewood V	15 Hereford Couriers	01:14:33	14:55	23rd Open	14:35
32	Maria Lowe	47 Middleton Harriers (Ladies)	01:14:44	15:06	3rd Lady	1:20
33	Gerry Crispie	51 Les Croupiers R.C. (Vets)	01:15:37	15:59	5th Vet.	15:59
34	Andrew Hitchings	58 Netregs	01:16:16	16:38	3rd Bus.	5:28
35	John Sawyer V	33 Stragglers	01:16:19	16:41	24th Open	16:21
36	Mel Watson F V	37 T.R.O.T.S.	01:16:28	16:50	25th Open	16:30
37	Jo Fifield F	34 Stroud & District A.C.	01:16:30	16:52	26th Open	16:32
38	Mike Anthony V	18 Liswerry Runners	01:16:45	17:07	27th Open	16:47
39	Sara Rhimes F V	12 Eastleigh R.C.	01:17:09	17:31	28th Open	17:11
40	Nathan Reeks	8 Chepstow Harriers	01:17:26	17:48	29th Open	17:28
41	Glyn Evans V	38 Vale Royal A.C.	01:17:54	18:16	30th Open	17:56
42	Kim Braznell V	46 Mercia Ladies	01:18:18	18:40	4th Lady	4:54
43	Steve Bendle V	1 3m Gorseinon R.R.	01:18:21	18:43	31st Open	18:23
44	Ian Hodge V	54 Serpentine R.C. (Vets)	01:18:25	18:47	6th Vet.	18:47
45	Steve Watkins V	35 Telford Harriers	01:20:27	20:49	32nd Open	20:29
46	Kelvin Jones V	60 S. W. Police A.A.C.	01:21:45	22:07	4th Bus.	10:57
47	Claire McCraery F V	44 Bitton R.R. (Ladies)	01:22:46	23:08	5th Lady	9:22
48	Paul Thomas V	2 Abergele Harriers	01:23:37	23:59	33rd Open	23:39
49	Willie Richmond V	19 Lytham St Annes R.R.	01:24:15	24:37	34th Open	24:17
50	Liz Sowter F	45 Les Croupiers R.C. (Ladies)	01:25:12	25:34	6th Lady	11:48
51	Craig Fowler V	26 Pontypridd Roadents A.C.	01:26:01	26:23	35th Open	26:03
52	Mike Ridout V	4 Brackla Harriers	01:27:00	27:22	36th Open	27:02
53	Malcolm White	40 Westbury Harriers	01:28:17	28:39	37th Open	28:19
54	Linda Hutchinson F V	43 3m Gorseinon R.R. (Ladies)	01:31:15	31:37	7th Lady	17:51
55=	Caryl Davies F	10 C.S.A. Wanderers	01:38:00	38:22	38th Open	38:02
55=	Helen Jolly F V	24 North Fylde A.C.	01:38:00	38:22	39th Open	38:02
55=	Tom Samuel	36 Thames H. & H.	01:38:00	38:22	40th Open	38:02

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Welsh Castles Relay 2006

Final Results

Stage 8: Dinas Mawddwy to Foel

Distance: 11.2 miles

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	Andy Greenleaf	41 Winchester & Dist. A.C.	01:04:20		1st Open	
2	Mark Hulmston	42 Wirral A.C.	01:05:15	0:55	2nd Open	0:55
3	Rod Jones	40 Westbury Harriers	01:06:19	1:59	3rd Open	1:59
4	Matt James	15 Hereford Couriers	01:07:02	2:42	4th Open	2:42
5	Barney Southin	30 Serpentine R.C. (S Men)	01:07:39	3:19	5th Open	3:19
6	Gosse Beerda	14 Haarlem Globetrotters	01:09:14	4:54	6th Open	4:54
7	Alan Kerr V	5 Bridgend A.C.	01:10:49	6:29	7th Open	6:29
8	Scott Howell	17 Les Croupiers R.C. (S Men)	01:11:42	7:22	8th Open	7:22
9	Stuart Hancock V	9 Clevedon A.C.	01:11:45	7:25	9th Open	7:25
10	John Bertenshaw V	39 Wesham R.R.	01:13:14	8:54	10th Open	8:54
11	Steven Edwards	16 Islwyn R.C.	01:14:03	9:43	11th Open	9:43
12	Anthony Burn	3 Bitton R.R.	01:15:01	10:41	12th Open	10:41
13	L. Roberts	21 Middleton Harriers (S Men)	01:15:23	11:03	13th Open	11:03
14	Chris Guerrier V	27 Poole Runners (S Men)	01:15:26	11:06	14th Open	11:06
15	Chris Hutber	36 Thames H. & H.	01:16:14	11:54	15th Open	11:54
16	Andy Clement V	12 Eastleigh R.C.	01:16:54	12:34	16th Open	12:34
17	Justin McIlveen	2 Abergele Harriers	01:17:00	12:40	17th Open	12:40
18	David Buck	10 C.S.A. Wanderers	01:18:11	13:51	18th Open	13:51
19	Mike Evans V	23 Neath Harriers	01:18:46	14:26	19th Open	14:26
20	Steve Sandham V	33 Stragglers	01:19:02	14:42	20th Open	14:42
21	Mary Bowen Rees F V	37 T.R.O.T.S.	01:19:14	14:54	21st Open	14:54
22	Kevin Wood V	11 Dulwich Runners	01:19:23	15:03	22nd Open	15:03
23	Graham Colvin V	1 3m Gorseinon R.R.	01:19:39	15:19	23rd Open	15:19
24	Chris Jones V	18 Liswerry Runners	01:20:11	15:51	24th Open	15:51
25	Graham Crump V	50 Bristol & West A.C. (Vets)	01:20:14	15:54	1st Vet.	
26	Veronica Singleton F V	45 Les Croupiers R.C. (Ladies)	01:20:32	16:12	1st Lady	
27	Steve Owen	51 Les Croupiers R.C. (Vets)	01:20:42	16:22	2nd Vet.	0:28
28	Ian Close V	52 North Fylde A.C. (Vets)	01:20:49	16:29	3rd Vet.	0:35
29	Andy Tassell V	56 Air Products	01:21:48	17:28	1st Bus.	
30	Matt Brown V	38 Vale Royal A.C.	01:21:58	17:38	25th Open	17:38
31	Colin Rees V	29 San Dom. / Club 69	01:22:42	18:22	26th Open	18:22
32	Sue Davies V	49 Winchester (Ladies)	01:25:17	20:57	2nd Lady	4:45
33	Andrew Davies V	26 Pontypridd Roadents A.C.	01:25:51	21:31	27th Open	21:31
34	Louise Croxson F	48 Serpentine R.C. (Ladies)	01:26:52	22:32	3rd Lady	6:20
35	Rae Willoughby V	19 Lytham St Annes R.R.	01:27:54	23:34	28th Open	23:34
36	Alison Carpenter F V	55 Thames H. & H. (Vets)	01:28:33	24:13	4th Vet.	8:19
37	Dave Kesterton V	6 Bromsgrove & Redditch A.C.	01:28:41	24:21	29th Open	24:21
38	Richard Commander V	35 Telford Harriers	01:30:54	26:34	30th Open	26:34
39	Steve Hatfield V	28 Prestatyn R.C.	01:31:11	26:51	31st Open	26:51
40	Chris Booth	58 Netregs	01:31:18	26:58	2nd Bus.	9:30
41	Andrew Warner V	32 South West R.R.	01:31:24	27:04	32nd Open	27:04
42	Gavin Cotter	7 Cheltenham Harriers	01:32:16	27:56	33rd Open	27:56
43	Yoram Van Dijk	57 Corus Strip Products	01:32:37	28:17	3rd Bus.	10:49
44	Christopher Cameron-Doe V	54 Serpentine R.C. (Vets)	01:33:36	29:16	5th Vet.	13:22
45	Caroline Sandles F V	43 3m Gorseinon R.R. (Ladies)	01:33:58	29:38	4th Lady	13:26
46	Frank Murray V	53 Salford Harriers (Vets)	01:34:04	29:44	6th Vet.	13:50
47	Gerry Ashton V	8 Chepstow Harriers	01:36:29	32:09	34th Open	32:09
48	Alison Holmes F V	47 Middleton Harriers (Ladies)	01:37:17	32:57	5th Lady	16:45
49	Glenda Clark V	46 Mercia Ladies	01:39:05	34:45	6th Lady	18:33
50	Chris Jenkins F	44 Bitton R.R. (Ladies)	01:40:27	36:07	7th Lady	19:55
51	Steve Birmingham	4 Brackla Harriers	01:42:49	38:29	35th Open	38:29
52	Ron Wootten V	13 Great Western Runners	01:43:19	38:59	36th Open	38:59
53	David Twizell V	24 North Fylde A.C.	01:43:24	39:04	37th Open	39:04
54	Martin O'Brien	20 Manchester YMCA	01:43:51	39:31	38th Open	39:31
55=	Geof Langston V	34 Stroud & District A.C.	01:52:00	47:40	39th Open	47:40
55=	Mark Hooley	60 S. W. Police A.A.C.	01:52:00	47:40	4th Bus.	30:12
57	No Runner Entered	31 Sospan R.R.	02:07:00	62:40	40th Open	62:40

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Welsh Castles Relay 2006

Final Results

Stage 9: Foel to Llanfair Caereinion

Distance: 8.6 miles

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	Steven Paddock	36 Thames H. & H.	00:51:48		1st Open	
2	Keith Davies	17 Les Croupiers R.C. (S Men)	00:52:02	0:14	2nd Open	0:14
3	Luke Malarz	8 Chepstow Harriers	00:52:10	0:22	3rd Open	0:22
4	Angela Tyrrell	60 S. W. Police A.A.C.	00:53:00	1:12	1st Bus.	
5	Martin Longhurst	13 Great Western Runners	00:54:26	2:38	4th Open	2:38
6	Michael Callenberg	10 C.S.A. Wanderers	00:55:49	4:01	5th Open	4:01
7	Jonathan Sanderson	30 Serpentine R.C. (S Men)	00:56:24	4:36	6th Open	4:36
8	Richard Clarke V	55 Thames H. & H. (Vets)	00:58:48	7:00	1st Vet.	
9	Dewi West V	1 3m Gorseinon R.R.	00:59:12	7:24	7th Open	7:24
10	Ceri Anne Davies F V	26 Pontypridd Roadents A.C.	00:59:16	7:28	8th Open	7:28
11	Martin Davis	37 T.R.O.T.S.	00:59:26	7:38	9th Open	7:38
12	Tony Airnes V	52 North Fylde A.C. (Vets)	00:59:36	7:48	2nd Vet.	0:48
13	Steven McCormack	2 Abergele Harriers	00:59:47	7:59	10th Open	7:59
14	John Leadman	57 Corus Strip Products	00:59:52	8:04	2nd Bus.	6:52
15	Rob Millward V	32 South West R.R.	01:00:05	8:17	11th Open	8:17
16	Susannah Bulpin F	29 San Dom. / Club 69	01:00:10	8:22	12th Open	8:22
17	Malcolm Roberts V	9 Clevedon A.C.	01:00:13	8:25	13th Open	8:25
18	Jeff Aston	51 Les Croupiers R.C. (Vets)	01:00:24	8:36	3rd Vet.	1:36
19	Julie Scholey F V	45 Les Croupiers R.C. (Ladies)	01:01:11	9:23	1st Lady	
20	Tom Reid	41 Winchester & Dist. A.C.	01:01:56	10:08	14th Open	10:08
21	Steve Hames V	23 Neath Harriers	01:01:58	10:10	15th Open	10:10
22	Mike Leci V	6 Bromsgrove & Redditch A.C.	01:02:48	11:00	16th Open	11:00
23	Neil Ivens V	56 Air Products	01:03:05	11:17	3rd Bus.	10:05
24	Robert Ambrosen	27 Poole Runners (S Men)	01:03:22	11:34	17th Open	11:34
25	Stuart Davidson V	5 Bridgend A.C.	01:03:33	11:45	18th Open	11:45
26	Steve Powell	3 Bitton R.R.	01:04:18	12:30	19th Open	12:30
27	Clint Sauls V	33 Stragglers	01:05:24	13:36	20th Open	13:36
28	Kate Brandrick F	28 Prestatyn R.C.	01:05:59	14:11	21st Open	14:11
29	Gus McGregor V	42 Wirral A.C.	01:06:05	14:17	22nd Open	14:17
30	Peter Brook V	34 Stroud & District A.C.	01:06:30	14:42	23rd Open	14:42
31	Kate Haley V	46 Mercia Ladies	01:06:57	15:09	2nd Lady	5:46
32	Emma Hoare F	44 Bitton R.R. (Ladies)	01:07:09	15:21	3rd Lady	5:58
33	Paul Carter	39 Wesham R.R.	01:07:27	15:39	24th Open	15:39
34	Janet Snow F V	38 Vale Royal A.C.	01:07:42	15:54	25th Open	15:54
35	Melissa Bonas	49 Winchester (Ladies)	01:08:09	16:21	4th Lady	6:58
36	K. Momford V	21 Middleton Harriers (S Men)	01:09:55	18:07	26th Open	18:07
37	Christopher Jenkins	4 Brackla Harriers	01:11:44	19:56	27th Open	19:56
38	Marieke Schoonen F	48 Serpentine R.C. (Ladies)	01:12:33	20:45	5th Lady	11:22
39	Sara Rex F V	35 Telford Harriers	01:12:46	20:58	28th Open	20:58
40	Anthony Wilshire V	50 Bristol & West A.C. (Vets)	01:12:59	21:11	4th Vet.	14:11
41	Richard Adams V	40 Westbury Harriers	01:13:06	21:18	29th Open	21:18
42	Pam Ferris	7 Cheltenham Harriers	01:13:43	21:55	30th Open	21:55
43	Stephanie Burchill F	11 Dulwich Runners	01:13:54	22:06	31st Open	22:06
44	Les Phillips V	31 Sospan R.R.	01:16:31	24:43	32nd Open	24:43
45	Kate Campbell	58 Netregs	01:16:40	24:52	4th Bus.	23:40
46	Malcolm Parker V	16 Islwyn R.C.	01:17:08	25:20	33rd Open	25:20
47	Stuart Cripps V	53 Salford Harriers (Vets)	01:17:17	25:29	5th Vet.	18:29
48	Karen Ceeney F V	18 Liswerry Runners	01:18:46	26:58	34th Open	26:58
49	Astrid Meester F V	14 Haarlem Globetrotters	01:19:02	27:14	35th Open	27:14
50	Liz Routledge F V	24 North Fylde A.C.	01:19:30	27:42	36th Open	27:42
51	Lucy Knight	20 Manchester YMCA	01:19:43	27:55	37th Open	27:55
52	Marie Wilcock F	19 Lytham St Annes R.R.	01:20:49	29:01	38th Open	29:01
53	Keith Evans V	54 Serpentine R.C. (Vets)	01:22:54	31:06	6th Vet.	24:06
54	Julie Pulling F V	43 3m Gorseinon R.R. (Ladies)	01:23:27	31:39	6th Lady	22:16
55	Sue O'Dowd F V	12 Eastleigh R.C.	01:25:56	34:08	39th Open	34:08
56	Janice Pugh F V	47 Middleton Harriers (Ladies)	01:26:00	34:12	7th Lady	24:49
57	No Runner Entered	15 Hereford Couriers	01:41:00	49:12	40th Open	49:12

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Welsh Castles Relay 2006

Final Results

Stage 10: Llanfair Caereinion to Newtown

Distance: 13.3 miles

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	Willard Chinnanhu	27 Poole Runners (S Men)	01:10:51		1st Open	
2	Richard Gardiner	60 S. W. Police A.A.C.	01:11:24	0:33	1st Bus.	
3	Dave Mulvee	14 Haarlem Globetrotters	01:14:46	3:55	2nd Open	3:55
4	Phil Killingly	41 Winchester & Dist. A.C.	01:16:48	5:57	3rd Open	5:57
5	Simon Barrett	30 Serpentine R.C. (S Men)	01:17:20	6:29	4th Open	6:29
6	Paul Wilson	9 Clevedon A.C.	01:17:42	6:51	5th Open	6:51
7	David Williams	17 Les Croupiers R.C. (S Men)	01:18:43	7:52	6th Open	7:52
8	Graham Brook	33 Stragglers	01:19:05	8:14	7th Open	8:14
9	James Jackson V	53 Salford Harriers (Vets)	01:20:20	9:29	1st Vet.	
10	Mike Blackmore	3 Bitton R.R.	01:20:23	9:32	8th Open	9:32
11	Alex Rowe V	39 Wesham R.R.	01:20:58	10:07	9th Open	10:07
12	Steven Thomas	16 Islwyn R.C.	01:21:05	10:14	10th Open	10:14
13	Paul Griffiths	23 Neath Harriers	01:21:09	10:18	11th Open	10:18
14	Tim Clarke	15 Hereford Couriers	01:22:31	11:40	12th Open	11:40
15	Alan Wood	5 Bridgend A.C.	01:23:01	12:10	13th Open	12:10
16	Andy Howse	36 Thames H. & H.	01:23:18	12:27	14th Open	12:27
17	P. Wood V	21 Middleton Harriers (S Men)	01:23:38	12:47	15th Open	12:47
18	Jeremy Hogan V	50 Bristol & West A.C. (Vets)	01:24:11	13:20	2nd Vet.	3:51
19	Mo Manir	57 Corus Strip Products	01:24:30	13:39	2nd Bus.	13:06
20	Carwyn Thomas	10 C.S.A. Wanderers	01:25:52	15:01	16th Open	15:01
21	Kevin Keating V	42 Wirral A.C.	01:26:15	15:24	17th Open	15:24
22	Nick Davis	8 Chepstow Harriers	01:27:12	16:21	18th Open	16:21
23	Alistair McNay	7 Cheltenham Harriers	01:27:23	16:32	19th Open	16:32
24	Jeff Lawton V	52 North Fylde A.C. (Vets)	01:27:37	16:46	3rd Vet.	7:17
25	Simon Barnes	34 Stroud & District A.C.	01:28:31	17:40	20th Open	17:40
26	Olivia Renshaw F	38 Vale Royal A.C.	01:28:44	17:53	21st Open	17:53
27	Katherine Jones V	49 Winchester (Ladies)	01:29:00	18:09	1st Lady	
28	Mark Graham	6 Bromsgrove & Redditch A.C.	01:29:11	18:20	22nd Open	18:20
29	Joe Brady V	11 Dulwich Runners	01:31:22	20:31	23rd Open	20:31
30	Martin Davies V	18 Liswerry Runners	01:31:24	20:33	24th Open	20:33
31	Anne Fallows F	45 Les Croupiers R.C. (Ladies)	01:31:33	20:42	2nd Lady	2:33
32	George Nicholls	28 Prestatyn R.C.	01:32:14	21:23	25th Open	21:23
33	Paul Morris	51 Les Croupiers R.C. (Vets)	01:34:30	23:39	4th Vet.	14:10
34	Mark Rice V	32 South West R.R.	01:35:29	24:38	26th Open	24:38
35	John Greene V	54 Serpentine R.C. (Vets)	01:35:54	25:03	5th Vet.	15:34
36	Andrew Thomas V	31 Sospan R.R.	01:37:18	26:27	27th Open	26:27
37	Grainne Odonnell F	48 Serpentine R.C. (Ladies)	01:37:31	26:40	3rd Lady	8:31
38	Andy Oliver	20 Manchester YMCA	01:37:45	26:54	28th Open	26:54
39	Mike Clark V	40 Westbury Harriers	01:38:08	27:17	29th Open	27:17
40	Richard Webster V	1 3m Gorseinon R.R.	01:39:00	28:09	30th Open	28:09
41	Alan Heap V	19 Lytham St Annes R.R.	01:40:33	29:42	31st Open	29:42
42	Kate Symons F V	55 Thames H. & H. (Vets)	01:41:02	30:11	6th Vet.	20:42
43	Mike Willcox V	13 Great Western Runners	01:44:14	33:23	32nd Open	33:23
44	Lynette Porter F V	44 Bitton R.R. (Ladies)	01:44:46	33:55	4th Lady	15:46
45	Paul Ross V	2 Abergele Harriers	01:45:45	34:54	33rd Open	34:54
46	Chris Lloyd	24 North Fylde A.C.	01:45:55	35:04	34th Open	35:04
47	Daniele Franceschini V	12 Eastleigh R.C.	01:46:04	35:13	35th Open	35:13
48	Hugh Burchard	58 Netregs	01:47:22	36:31	3rd Bus.	35:58
49	Evan Williams	37 T.R.O.T.S.	01:49:15	38:24	36th Open	38:24
50	Bob Ford V	26 Pontypridd Roadents A.C.	01:49:37	38:46	37th Open	38:46
51	Andrew Dunscombe	4 Brackla Harriers	01:50:23	39:32	38th Open	39:32
52	Christina Smith F V	43 3m Gorseinon R.R. (Ladies)	01:52:18	41:27	5th Lady	23:18
53	John Strange V	35 Telford Harriers	01:54:04	43:13	39th Open	43:13
54	Teresa Hollins F V	47 Middleton Harriers (Ladies)	01:55:42	44:51	6th Lady	26:42
55	Bill Desmond V	56 Air Products	01:56:06	45:15	4th Bus.	44:42
56	Jo Hounsall	46 Mercia Ladies	02:03:26	52:35	7th Lady	34:26
57	Graham Moore	29 San Dom. / Club 69	02:13:00	62:09	40th Open	62:09

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Welsh Castles Relay 2006

Final Results

Caernarfon to Newtown - Distance : 105 miles.

Pos	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	17 Les Croupiers R.C. (S Men)	11:00:26		1st Open	
2	30 Serpentine R.C. (S Men)	11:04:42	4:16	2nd Open	4:16
3	42 Wirral A.C.	11:13:16	12:50	3rd Open	12:50
4	5 Bridgend A.C.	11:18:46	18:20	4th Open	18:20
5	9 Clevedon A.C.	11:19:57	19:31	5th Open	19:31
6	39 Wesham R.R.	11:59:35	59:09	6th Open	59:09
7	33 Stragglers	12:08:05	67:39	7th Open	67:39
8	41 Winchester & Dist. A.C.	12:09:27	69:01	8th Open	69:01
9	23 Neath Harriers	12:14:19	73:53	9th Open	73:53
10	3 Bitton R.R.	12:16:48	76:22	10th Open	76:22
11	14 Haarlem Globetrotters	12:19:07	78:41	11th Open	78:41
12	21 Middleton Harriers (S Men)	12:26:17	85:51	12th Open	85:51
13	27 Poole Runners (S Men)	12:37:33	97:07	13th Open	97:07
14	38 Vale Royal A.C.	12:45:40	105:14	14th Open	105:14
15	16 Islwyn R.C.	12:50:28	110:02	15th Open	110:02
16	51 Les Croupiers R.C. (Vets)	12:51:26	111:00	1st Vet.	
17	52 North Fylde A.C. (Vets)	12:51:52	111:26	2nd Vet.	0:26
18	57 Corus Strip Products	12:54:43	114:17	1st Bus.	
19	36 Thames H. & H.	12:58:10	117:44	16th Open	117:44
20	7 Cheltenham Harriers	12:59:22	118:56	17th Open	118:56
21	50 Bristol & West A.C. (Vets)	13:00:49	120:23	3rd Vet.	9:23
22	11 Dulwich Runners	13:02:57	122:31	18th Open	122:31
23	40 Westbury Harriers	13:04:33	124:07	19th Open	124:07
24	6 Bromsgrove & Redditch A.C.	13:06:20	125:54	20th Open	125:54
25	32 South West R.R.	13:08:45	128:19	21st Open	128:19
26	29 San Dom. / Club 69	13:12:45	132:19	22nd Open	132:19
27	15 Hereford Couriers	13:13:42	133:16	23rd Open	133:16
28	34 Stroud & District A.C.	13:24:53	144:27	24th Open	144:27
29	45 Les Croupiers R.C. (Ladies)	13:25:40	145:14	1st Lady	
30	53 Salford Harriers (Vets)	13:28:30	148:04	4th Vet.	37:04
31	28 Prestatyn R.C.	13:29:29	149:03	25th Open	149:03
32	49 Winchester (Ladies)	13:34:02	153:36	2nd Lady	8:22
33	2 Abergele Harriers	13:39:22	158:56	26th Open	158:56
34	48 Serpentine R.C. (Ladies)	13:39:45	159:19	3rd Lady	14:05
35	60 S. W. Police A.A.C.	13:42:15	161:49	2nd Bus.	47:32
36	55 Thames H. & H. (Vets)	13:44:20	163:54	5th Vet.	52:54
37	26 Pontypridd Roadents A.C.	13:49:08	168:42	27th Open	168:42
38	18 Llswerry Runners	13:57:28	177:02	28th Open	177:02
39	8 Chepstow Harriers	13:57:41	177:15	29th Open	177:15
40	13 Great Western Runners	13:58:10	177:44	30th Open	177:44
41	10 C.S.A. Wanderers	14:11:35	191:09	31st Open	191:09
42	4 Brackla Harriers	14:18:38	198:12	32nd Open	198:12
43	1 3m Gorseinon R.R.	14:23:31	203:05	33rd Open	203:05
44	12 Eastleigh R.C.	14:24:10	203:44	34th Open	203:44
45	56 Air Products	14:25:46	205:20	3rd Bus.	91:03
46	44 Bitton R.R. (Ladies)	14:28:06	207:40	4th Lady	62:26
47	54 Serpentine R.C. (Vets)	14:29:25	208:59	6th Vet.	97:59
48	37 T.R.O.T.S.	14:29:49	209:23	35th Open	209:23
49	58 Netregs	14:30:02	209:36	4th Bus.	95:19
50	35 Telford Harriers	14:36:33	216:07	36th Open	216:07
51	19 Lytham St Annes R.R.	14:53:50	233:24	37th Open	233:24
52	20 Manchester YMCA	15:09:28	249:02	38th Open	249:02
53	46 Mercia Ladies	15:26:28	266:02	5th Lady	120:48
54	31 Sospan R.R.	15:33:08	272:42	39th Open	272:42
55	47 Middleton Harriers (Ladies)	15:49:27	289:01	6th Lady	143:47
56	43 3m Gorseinon R.R. (Ladies)	15:57:50	297:24	7th Lady	152:10
57	24 North Fylde A.C.	16:02:57	302:31	40th Open	302:31

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Welsh Castles Relay 2006

Final Results

Stage 11: Newtown to Llanbadarn Fynydd

Distance: 12.3 miles

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	Eric Borg	14 Haarlem Globetrotters	01:09:54		1st Open	
2	Mike Weedall V	38 Vale Royal A.C.	01:11:19	1:25	2nd Open	1:25
3	Mark Cooper V	9 Clevedon A.C.	01:12:27	2:33	3rd Open	2:33
4	Chris Discombe	17 Les Croupiers R.C. (S Men)	01:13:42	3:48	4th Open	3:48
5	Tim Lewis	5 Bridgend A.C.	01:13:47	3:53	5th Open	3:53
6	Jon Gilling	58 Netregs	01:14:49	4:55	1st Bus.	
7	Kevin Darcy	30 Serpentine R.C. (S Men)	01:15:02	5:08	6th Open	5:08
8	Nick Malynn	36 Thames H. & H.	01:15:22	5:28	7th Open	5:28
9	Michael Evans	37 T.R.O.T.S.	01:15:33	5:39	8th Open	5:39
10	Paul Sperrin V	3 Bitton R.R.	01:16:19	6:25	9th Open	6:25
11	Simon Loach	11 Dulwich Runners	01:17:38	7:44	10th Open	7:44
12	Jo Kelsey F	49 Winchester (Ladies)	01:19:12	9:18	1st Lady	
13	James Rickards	7 Cheltenham Harriers	01:19:16	9:22	11th Open	9:22
14	M. Bostock V	21 Middleton Harriers (S Men)	01:19:32	9:38	12th Open	9:38
15	Mark Griffiths V	35 Telford Harriers	01:19:36	9:42	13th Open	9:42
16	William Lloyd	15 Hereford Couriers	01:19:41	9:47	14th Open	9:47
17	Leon Foster	42 Wirral A.C.	01:20:22	10:28	15th Open	10:28
18	Phil Adams V	23 Neath Harriers	01:21:11	11:17	16th Open	11:17
19	Mike Best V	27 Poole Runners (S Men)	01:21:22	11:28	17th Open	11:28
20	Mick Cronshaw V	52 North Fylde A.C. (Vets)	01:22:07	12:13	1st Vet.	
21	Claire Peacock F V	33 Stragglers	01:22:17	12:23	18th Open	12:23
22	Richard Herrington	41 Winchester & Dist. A.C.	01:22:18	12:24	19th Open	12:24
23	Mike Holmes V	53 Salford Harriers (Vets)	01:23:18	13:24	2nd Vet.	1:11
24	Keith Partridge V	32 South West R.R.	01:23:21	13:27	20th Open	13:27
25	Richard Donne V	1 3m Gorseinon R.R.	01:24:50	14:56	21st Open	14:56
26	Tony Jefferies V	40 Westbury Harriers	01:25:19	15:25	22nd Open	15:25
27	Stuart Williams	56 Air Products	01:25:56	16:02	2nd Bus.	11:07
28	Andy Crock V	29 San Dom. / Club 69	01:26:33	16:39	23rd Open	16:39
29	Terry Caveney	51 Les Croupiers R.C. (Vets)	01:26:35	16:41	3rd Vet.	4:28
30	Cornelius Corcoran	26 Pontypridd Roadents A.C.	01:27:01	17:07	24th Open	17:07
31	Alan Elsmere V	6 Bromsgrove & Redditch A.C.	01:27:33	17:39	25th Open	17:39
32	Karine Pradier F V	48 Serpentine R.C. (Ladies)	01:27:48	17:54	2nd Lady	8:36
33	Mark Dickinson V	50 Bristol & West A.C. (Vets)	01:29:37	19:43	4th Vet.	7:30
34	Steven Kirby	13 Great Western Runners	01:29:59	20:05	26th Open	20:05
35	Dick Finch V	8 Chepstow Harriers	01:30:05	20:11	27th Open	20:11
36	Brian Pyrah	19 Lytham St Annes R.R.	01:30:27	20:33	28th Open	20:33
37	Michael Bunston	16 Islwyn R.C.	01:30:52	20:58	29th Open	20:58
38	Lionnel Pradier V	54 Serpentine R.C. (Vets)	01:31:10	21:16	5th Vet.	9:03
39	Sjaak Betjes	57 Corus Strip Products	01:31:15	21:21	3rd Bus.	16:26
40	Steve Symons V	20 Manchester YMCA	01:32:01	22:07	30th Open	22:07
41	Ian Richards V	31 Sospan R.R.	01:32:57	23:03	31st Open	23:03
42	Chris Davies V	18 Liswerry Runners	01:33:09	23:15	32nd Open	23:15
43	John Insole	24 North Fylde A.C.	01:35:11	25:17	33rd Open	25:17
44	Janet Brown F V	44 Bitton R.R. (Ladies)	01:35:28	25:34	3rd Lady	16:16
45	Ian Rogers V	12 Eastleigh R.C.	01:35:36	25:42	34th Open	25:42
46	Em Beacham V	46 Mercia Ladies	01:35:45	25:51	4th Lady	16:33
47	Alan Taylor	39 Wesham R.R.	01:36:23	26:29	35th Open	26:29
48	Dave Jones V	28 Prestatyn R.C.	01:37:35	27:41	36th Open	27:41
49	Steve New V	60 S. W. Police A.A.C.	01:38:04	28:10	4th Bus.	23:15
50	Glenda Edwards F V	45 Les Croupiers R.C. (Ladies)	01:39:03	29:09	5th Lady	19:51
51	Peter Broomfield V	34 Stroud & District A.C.	01:39:55	30:01	37th Open	30:01
52	Keith Treharne V	4 Brackla Harriers	01:40:19	30:25	38th Open	30:25
53	Peter Blair-Fish V	55 Thames H. & H. (Vets)	01:44:05	34:11	6th Vet.	21:58
54	Alan Lucas V	2 Abergele Harriers	01:45:31	35:37	39th Open	35:37
55	Tracy Lawless F	47 Middleton Harriers (Ladies)	01:46:44	36:50	6th Lady	27:32
56	Fay Sharpe F V	43 3m Gorseinon R.R. (Ladies)	01:47:19	37:25	7th Lady	28:07
57	E Roland Sherwood V	10 C.S.A. Wanderers	01:49:25	39:31	40th Open	39:31

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Welsh Castles Relay 2006

Final Results

Stage 12: Llanbadarn Fynydd to Crossgates

Distance: 11.2 miles

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	Steve Hollier V	9 Clevedon A.C.	01:05:31		1st Open	
2	Godfrey Rhimes V	12 Eastleigh R.C.	01:05:55	0:24	2nd Open	0:24
3	Jonathan Embling V	5 Bridgend A.C.	01:06:01	0:30	3rd Open	0:30
4	John Reilly V	21 Middleton Harriers (S Men)	01:06:16	0:45	4th Open	0:45
5	Stefan Van Der Pols	57 Corus Strip Products	01:06:45	1:14	1st Bus.	
6	Sandy Johnston	17 Les Croupiers R.C. (S Men)	01:07:33	2:02	5th Open	2:02
7	Pete Kilgallon V	42 Wirral A.C.	01:07:53	2:22	6th Open	2:22
8	Theo Tesselaar V	14 Haarlem Globetrotters	01:08:26	2:55	7th Open	2:55
9	Dave Gapper V	50 Bristol & West A.C. (Vets)	01:08:47	3:16	1st Vet.	
10	Dave Philips V	32 South West R.R.	01:09:00	3:29	8th Open	3:29
11	Lee Sandham	23 Neath Harriers	01:09:30	3:59	9th Open	3:59
12	Peter Spelman V	41 Winchester & Dist. A.C.	01:10:12	4:41	10th Open	4:41
13	Gavin Edmonds	30 Serpentine R.C. (S Men)	01:11:40	6:09	11th Open	6:09
14	Kenny Roberts V	34 Stroud & District A.C.	01:11:45	6:14	12th Open	6:14
15	Andy Seal V	35 Telford Harriers	01:12:23	6:52	13th Open	6:52
16	Paul Simons V	53 Salford Harriers (Vets)	01:13:24	7:53	2nd Vet.	4:37
17	Paul Sullivan V	26 Pontypridd Roadents A.C.	01:13:27	7:56	14th Open	7:56
18	Richard Williams	60 S. W. Police A.A.C.	01:13:39	8:08	2nd Bus.	6:54
19	Tony Archer V	38 Vale Royal A.C.	01:13:51	8:20	15th Open	8:20
20	Mike Davies	51 Les Croupiers R.C. (Vets)	01:14:03	8:32	3rd Vet.	5:16
21	Ray Betterton V	3 Bitton R.R.	01:14:47	9:16	16th Open	9:16
22	Gareth Jones V	8 Chepstow Harriers	01:15:34	10:03	17th Open	10:03
23	Pete Barratt V	56 Air Products	01:15:42	10:11	3rd Bus.	8:57
24	Becky Griffith F	27 Poole Runners (S Men)	01:15:47	10:16	18th Open	10:16
25	Dave Hughes V	4 Brackla Harriers	01:17:21	11:50	19th Open	11:50
26	Alan Mawdsley V	33 Stragglers	01:17:56	12:25	20th Open	12:25
27	Nigel Simpkin V	19 Lytham St Annes R.R.	01:18:36	13:05	21st Open	13:05
28	Vikki Filsell F	36 Thames H. & H.	01:18:41	13:10	22nd Open	13:10
29	Gordon Allison	7 Cheltenham Harriers	01:18:52	13:21	23rd Open	13:21
30	Richard Smith V	54 Serpentine R.C. (Vets)	01:19:01	13:30	4th Vet.	10:14
31	Mike O'Brien V	20 Manchester YMCA	01:19:12	13:41	24th Open	13:41
32	Dave Whipp V	6 Bromsgrove & Redditch A.C.	01:19:36	14:05	25th Open	14:05
33	Jeni Vlahovic F	48 Serpentine R.C. (Ladies)	01:20:08	14:37	1st Lady	
34	Shirley Dyson-Lawrie V	49 Winchester (Ladies)	01:20:24	14:53	2nd Lady	0:16
35	Steve MacDonald V	40 Westbury Harriers	01:21:10	15:39	26th Open	15:39
36	Roy Evans V	2 Abergelge Harriers	01:21:41	16:10	27th Open	16:10
37	Clare Wyngard F V	11 Dulwich Runners	01:21:49	16:18	28th Open	16:18
38	Emma Oughton F V	13 Great Western Runners	01:22:17	16:46	29th Open	16:46
39	John Nicholls V	1 3m Gorseinon R.R.	01:22:46	17:15	30th Open	17:15
40	Clive Rowberry V	15 Hereford Couriers	01:23:06	17:35	31st Open	17:35
41	Clive Cooksey V	29 San Dom. / Club 69	01:23:42	18:11	32nd Open	18:11
42	Sue Neal F V	45 Les Croupiers R.C. (Ladies)	01:24:04	18:33	3rd Lady	3:56
43	Tony James V	16 Islwyn R.C.	01:25:03	19:32	33rd Open	19:32
44	Neville Roberts	10 C.S.A. Wanderers	01:25:14	19:43	34th Open	19:43
45	John Bradley V	52 North Fylde A.C. (Vets)	01:25:37	20:06	5th Vet.	16:50
46	Claire Spick F V	44 Bitton R.R. (Ladies)	01:25:39	20:08	4th Lady	5:31
47	Peta Daniels F V	18 Lliswerry Runners	01:25:50	20:19	35th Open	20:19
48	Derek Wilson V	24 North Fylde A.C.	01:26:19	20:48	36th Open	20:48
49	Chris Armstrong	28 Prestatyn R.C.	01:26:27	20:56	37th Open	20:56
50	Tim Fanshawe	58 Netregs	01:26:55	21:24	4th Bus.	20:10
51	Dave Young V	39 Wesham R.R.	01:27:22	21:51	38th Open	21:51
52	Kim Molyneux F V	47 Middleton Harriers (Ladies)	01:29:25	23:54	5th Lady	9:17
53=	Lowri Randell F	31 Sospan R.R.	01:34:07	28:36	39th Open	28:36
53=	Tom Furness V	37 T.R.O.T.S.	01:34:07	28:36	40th Open	28:36
55	Kim Holohan F V	43 3m Gorseinon R.R. (Ladies)	01:35:17	29:46	6th Lady	15:09
56	Frank Carpenter V	55 Thames H. & H. (Vets)	01:46:03	40:32	6th Vet.	37:16
57	No Runner Entered	46 Mercia Ladies	02:07:00	61:29	7th Lady	46:52

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Welsh Castles Relay 2006

Final Results

Stage 13: Crossgates to Builth Wells

Distance: 10.6 miles

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	Ian Williams	37 T.R.O.T.S.	00:55:26		1st Open	
2	Matthew Robinson V	50 Bristol & West A.C. (Vets)	01:00:42	5:16	1st Vet.	
3	Tony Devoy V	42 Wirral A.C.	01:01:07	5:41	2nd Open	5:41
4	Elliot Prince	7 Cheltenham Harriers	01:01:36	6:10	3rd Open	6:10
5	Eddie Wagner	14 Haarlem Globetrotters	01:01:55	6:29	4th Open	6:29
6	Jeff Davies V	26 Pontypridd Roadents A.C.	01:02:56	7:30	5th Open	7:30
7	Nic Archer F	38 Vale Royal A.C.	01:02:58	7:32	6th Open	7:32
8	Huw Roberts V	5 Bridgend A.C.	01:03:25	7:59	7th Open	7:59
9	Gary Dench	30 Serpentine R.C. (S Men)	01:03:46	8:20	8th Open	8:20
10	John Wright V	52 North Fylde A.C. (Vets)	01:04:12	8:46	2nd Vet.	3:30
11	Barry Peatfield V	39 Wesham R.R.	01:04:40	9:14	9th Open	9:14
12	Ian Williams V	23 Neath Harriers	01:05:18	9:52	10th Open	9:52
13	Dan Leedham	41 Winchester & Dist. A.C.	01:05:21	9:55	11th Open	9:55
14	J. Sproson V	21 Middleton Harriers (S Men)	01:05:31	10:05	12th Open	10:05
15	Gosse Beerda	57 Corus Strip Products	01:05:49	10:23	1st Bus.	
16	Matt Townsend	17 Les Croupiers R.C. (S Men)	01:06:10	10:44	13th Open	10:44
17	Richard Smith V	9 Clevedon A.C.	01:06:34	11:08	14th Open	11:08
18	Wayne Ellis	3 Bitton R.R.	01:06:38	11:12	15th Open	11:12
19	John Diffey V	60 S. W. Police A.A.C.	01:08:59	13:33	2nd Bus.	3:10
20	Brian Lovett	29 San Dom. / Club 69	01:09:50	14:24	16th Open	14:24
21	Kevin Taylor V	10 C.S.A. Wanderers	01:10:20	14:54	17th Open	14:54
22	Patrick Sullivan V	16 Islwyn R.C.	01:10:50	15:24	18th Open	15:24
23	John Plain	51 Les Croupiers R.C. (Vets)	01:11:02	15:36	3rd Vet.	10:20
24	Dave Ozanne V	27 Poole Runners (S Men)	01:11:36	16:10	19th Open	16:10
25	Valerie Metcalf F V	48 Serpentine R.C. (Ladies)	01:12:19	16:53	1st Lady	
26	Chris Gurney V	32 South West R.R.	01:12:36	17:10	20th Open	17:10
27	Dave Griffiths V	33 Stragglers	01:12:59	17:33	21st Open	17:33
28	Richard Gilbert V	35 Telford Harriers	01:13:06	17:40	22nd Open	17:40
29	Antonio Latorre V	54 Serpentine R.C. (Vets)	01:13:59	18:33	4th Vet.	13:17
30	Kirstin Baker F	11 Dulwich Runners	01:14:15	18:49	23rd Open	18:49
31	Liz Clarke F V	45 Les Croupiers R.C. (Ladies)	01:14:49	19:23	2nd Lady	2:30
32	Martin Bennett V	13 Great Western Runners	01:16:03	20:37	24th Open	20:37
33	Colin Marrs V	40 Westbury Harriers	01:17:50	22:24	25th Open	22:24
34	Alan Gibbons V	55 Thames H. & H. (Vets)	01:18:09	22:43	5th Vet.	17:27
35	Ben Clarke	34 Stroud & District A.C.	01:18:24	22:58	26th Open	22:58
36	Richard Freeman V	56 Air Products	01:19:01	23:35	3rd Bus.	13:12
37	Brian Griffiths V	1 3m Gorseinon R.R.	01:19:30	24:04	27th Open	24:04
38	Kevin Barnes V	15 Hereford Couriers	01:19:35	24:09	28th Open	24:09
39	Roger Beacham V	6 Bromsgrove & Redditch A.C.	01:19:42	24:16	29th Open	24:16
40	Val Clare F V	18 Lliswerry Runners	01:20:02	24:36	30th Open	24:36
41	Esme Ireland V	49 Winchester (Ladies)	01:20:14	24:48	3rd Lady	7:55
42	Gilliam Conroy	46 Mercia Ladies	01:20:43	25:17	4th Lady	8:24
43	Brian Eckersley V	28 Prestatyn R.C.	01:20:51	25:25	31st Open	25:25
44	Rob Spotswood V	2 Abergele Harriers	01:21:20	25:54	32nd Open	25:54
45	Nett Jones F	44 Bitton R.R. (Ladies)	01:21:31	26:05	5th Lady	9:12
46	Bernadette Martin F V	31 Sospan R.R.	01:22:05	26:39	33rd Open	26:39
47	Ant Parsons	58 Netregs	01:22:33	27:07	4th Bus.	16:44
48	Duncan Page V	12 Eastleigh R.C.	01:24:10	28:44	34th Open	28:44
49	Paul Bigmore V	4 Brackla Harriers	01:24:56	29:30	35th Open	29:30
50	Chris Holland V	19 Lytham St Annes R.R.	01:28:19	32:53	36th Open	32:53
51	Shelley Leach F	47 Middleton Harriers (Ladies)	01:28:31	33:05	6th Lady	16:12
52	Bev Wright F V	24 North Fylde A.C.	01:28:34	33:08	37th Open	33:08
53	Kate Farrell F V	20 Manchester YMCA	01:35:54	40:28	38th Open	40:28
54	Natasha Williams F V	8 Chepstow Harriers	01:39:10	43:44	39th Open	43:44
55	Nicola Smith F	43 3m Gorseinon R.R. (Ladies)	01:40:19	44:53	7th Lady	28:00
56=	No Runner Entered	36 Thames H. & H.	02:01:00	65:34	40th Open	65:34
56=	No Runner Entered	53 Salford Harriers (Vets)	02:01:00	65:34	6th Vet.	60:18

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Welsh Castles Relay 2006

Final Results

Stage 14: Built Wells to Drovers Arms

Distance: 11.0 miles

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	Martin Lewis	27 Poole Runners (S Men)	01:05:01		1st Open	
2	Thijs Feuth	14 Haarlem Globetrotters	01:06:21	1:20	2nd Open	1:20
3	Simon Wurr	36 Thames H. & H.	01:07:20	2:19	3rd Open	2:19
4	Gavin Colcombe	60 S. W. Police A.A.C.	01:07:50	2:49	1st Bus.	
5	Paul Richards V	23 Neath Harriers	01:08:14	3:13	4th Open	3:13
6	Rob Atkin	5 Bridgend A.C.	01:08:50	3:49	5th Open	3:49
7	Nick Hides V	9 Clevedon A.C.	01:09:01	4:00	6th Open	4:00
8	Dave Humphreys	18 Liswerry Runners	01:09:31	4:30	7th Open	4:30
9	Andrew Reeves	30 Serpentine R.C. (S Men)	01:09:48	4:47	8th Open	4:47
10	S. Hulme V	21 Middleton Harriers (S Men)	01:10:15	5:14	9th Open	5:14
11	Julian Mann	41 Winchester & Dist. A.C.	01:10:45	5:44	10th Open	5:44
12	Charlie Pass	39 Wesham R.R.	01:10:54	5:53	11th Open	5:53
13	Kevin Spilman V	7 Cheltenham Harriers	01:11:13	6:12	12th Open	6:12
14	Gareth Williams	38 Vale Royal A.C.	01:11:41	6:40	13th Open	6:40
15	Ben Osborn	33 Stragglers	01:11:55	6:54	14th Open	6:54
16	Karen Hazlitt V	49 Winchester (Ladies)	01:12:41	7:40	1st Lady	
17	Martin Humphreys	34 Stroud & District A.C.	01:13:47	8:46	15th Open	8:46
18	Barbara Yff F	48 Serpentine R.C. (Ladies)	01:13:52	8:51	2nd Lady	1:11
19	Noel O'Dowd V	12 Eastleigh R.C.	01:14:40	9:39	16th Open	9:39
20	Steve Coupe V	31 Sospan R.R.	01:14:56	9:55	17th Open	9:55
21	Simon Lewis V	29 San Dom. / Club 69	01:14:59	9:58	18th Open	9:58
22	Martin Pengilly	8 Chepstow Harriers	01:15:01	10:00	19th Open	10:00
23	Bill Graham V	3 Bitton R.R.	01:15:08	10:07	20th Open	10:07
24	Sean McCormack V	2 Abergele Harriers	01:15:11	10:10	21st Open	10:10
25	Julian Carter	17 Les Croupiers R.C. (S Men)	01:15:15	10:14	22nd Open	10:14
26	Ian Meadowcroft	58 Netregs	01:15:56	10:55	2nd Bus.	8:06
27	Richard Everson V	32 South West R.R.	01:16:27	11:26	23rd Open	11:26
28	Peter Scarrat V	42 Wirral A.C.	01:17:12	12:11	24th Open	12:11
29	Ali Welsh V	52 North Fylde A.C. (Vets)	01:17:37	12:36	1st Vet.	
30	Rhodri Davies V	55 Thames H. & H. (Vets)	01:17:46	12:45	2nd Vet.	0:09
31	Mike Mann V	11 Dulwich Runners	01:18:08	13:07	25th Open	13:07
32	Mike Higginbottom V	53 Salford Harriers (Vets)	01:18:35	13:34	3rd Vet.	0:58
33	Dave Garner V	20 Manchester YMCA	01:18:47	13:46	26th Open	13:46
34	Chris Palmer	40 Westbury Harriers	01:18:51	13:50	27th Open	13:50
35	Terry Townsend V	50 Bristol & West A.C. (Vets)	01:19:09	14:08	4th Vet.	1:32
36	Calvin Thomas V	16 Islwyn R.C.	01:19:58	14:57	28th Open	14:57
37	Martin Cortvriend V	28 Prestatyn R.C.	01:20:45	15:44	29th Open	15:44
38	Paul Saba	57 Corus Strip Products	01:20:57	15:56	3rd Bus.	13:07
39	Roger Fairhurst	56 Air Products	01:21:08	16:07	4th Bus.	13:18
40	Anthony Stranger-Jones V	54 Serpentine R.C. (Vets)	01:21:20	16:19	5th Vet.	3:43
41	Lisa Newing F	44 Bitton R.R. (Ladies)	01:21:35	16:34	3rd Lady	8:54
42	Richard Boon	51 Les Croupiers R.C. (Vets)	01:21:40	16:39	6th Vet.	4:03
43	Dave Dunn V	19 Lytham St Annes R.R.	01:25:42	20:41	30th Open	20:41
44	Cyril Walters V	37 T.R.O.T.S.	01:26:12	21:11	31st Open	21:11
45	Paul Ford	4 Brackla Harriers	01:26:46	21:45	32nd Open	21:45
46	Rob Fowler V	10 C.S.A. Wanderers	01:27:17	22:16	33rd Open	22:16
47	Paul Atkins	6 Bromsgrove & Redditch A.C.	01:27:20	22:19	34th Open	22:19
48	Robert Sandles V	1 3m Gorseinon R.R.	01:29:00	23:59	35th Open	23:59
49	Andy Kirby V	13 Great Western Runners	01:30:13	25:12	36th Open	25:12
50	Steve Hooper V	26 Pontypridd Roadents A.C.	01:31:15	26:14	37th Open	26:14
51	Jean Turner F V	35 Telford Harriers	01:33:06	28:05	38th Open	28:05
52	Carol Miller F V	45 Les Croupiers R.C. (Ladies)	01:34:18	29:17	4th Lady	21:37
53	Neil Lewis	15 Hereford Couriers	01:35:38	30:37	39th Open	30:37
54	Dave Wood V	24 North Fylde A.C.	01:38:06	33:05	40th Open	33:05
55	Ginny Willey F	47 Middleton Harriers (Ladies)	01:38:11	33:10	5th Lady	25:30
56	Lizzie Clifford V	46 Mercia Ladies	01:43:03	38:02	6th Lady	30:22
57	Jenny Hart F	43 3m Gorseinon R.R. (Ladies)	01:47:03	42:02	7th Lady	34:22

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Welsh Castles Relay 2006

Final Results

Stage 15: Drovers Arms to Brecon

Distance: 12.4 miles

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	Billy Shepherd	9 Clevedon A.C.	01:11:34		1st Open	
2	Des McIvor V	42 Wirral A.C.	01:13:35	2:01	2nd Open	2:01
3	Andy Robbins	30 Serpentine R.C. (S Men)	01:13:40	2:06	3rd Open	2:06
4	Andy Doel V	23 Neath Harriers	01:14:10	2:36	4th Open	2:36
5	Darren Blazier	2 Abergele Harriers	01:14:21	2:47	5th Open	2:47
6	David Moore V	36 Thames H. & H.	01:14:26	2:52	6th Open	2:52
7	Paul Collins V	6 Bromsgrove & Redditch A.C.	01:15:00	3:26	7th Open	3:26
8	Joost Nijssen	14 Haarlem Globetrotters	01:15:31	3:57	8th Open	3:57
9	Steve Collins V	33 Stragglers	01:15:50	4:16	9th Open	4:16
10	Stuart Reeves	17 Les Croupiers R.C. (S Men)	01:16:37	5:03	10th Open	5:03
11	Lee Smith V	18 Lliswerry Runners	01:16:46	5:12	11th Open	5:12
12	Russ Mabbott V	39 Wesham R.R.	01:17:04	5:30	12th Open	5:30
13	Darren Cottier	38 Vale Royal A.C.	01:17:39	6:05	13th Open	6:05
14	Ann Thomas F V	37 T.R.O.T.S.	01:18:02	6:28	14th Open	6:28
15	Darran McLane	32 South West R.R.	01:18:47	7:13	15th Open	7:13
16	Jerry Watson V	55 Thames H. & H. (Vets)	01:19:18	7:44	1st Vet.	
17	Bill Eadie V	52 North Fylde A.C. (Vets)	01:20:03	8:29	2nd Vet.	0:45
18	Malcolm Green V	41 Winchester & Dist. A.C.	01:20:19	8:45	16th Open	8:45
19	Gareth Creed	8 Chepstow Harriers	01:20:25	8:51	17th Open	8:51
20	Peter Budd V	53 Salford Harriers (Vets)	01:21:12	9:38	3rd Vet.	1:54
21	Daniel Harris	57 Corus Strip Products	01:22:07	10:33	1st Bus.	
22	Paul Brandrick V	28 Prestatyn R.C.	01:22:16	10:42	18th Open	10:42
23	Paul Williams V	26 Pontypridd Roadents A.C.	01:22:32	10:58	19th Open	10:58
24	Daman Jukes	29 San Dom. / Club 69	01:22:52	11:18	20th Open	11:18
25	David Billingham V	7 Cheltenham Harriers	01:23:19	11:45	21st Open	11:45
26	Emily Dennis F	19 Lytham St Annes R.R.	01:23:47	12:13	22nd Open	12:13
27	Shan Roberts F V	10 C.S.A. Wanderers	01:24:04	12:30	23rd Open	12:30
28	Wayne James V	5 Bridgend A.C.	01:24:07	12:33	24th Open	12:33
29	G. Chester V	21 Middleton Harriers (S Men)	01:24:30	12:56	25th Open	12:56
30	Andy Jenkins V	3 Bitton R.R.	01:26:06	14:32	26th Open	14:32
31	Alan Mann	51 Les Croupiers R.C. (Vets)	01:26:26	14:52	4th Vet.	7:08
32	John Collier	40 Westbury Harriers	01:26:51	15:17	27th Open	15:17
33	Stuart Morrish	15 Hereford Couriers	01:27:05	15:31	28th Open	15:31
34	Sharon Ford F V	4 Brackla Harriers	01:27:27	15:53	29th Open	15:53
35	Shane Wilde	16 Islwyn R.C.	01:27:31	15:57	30th Open	15:57
36	Wendy Boon F V	45 Les Croupiers R.C. (Ladies)	01:28:03	16:29	1st Lady	
37	Michelle Clarke F	35 Telford Harriers	01:29:29	17:55	31st Open	17:55
38	Charlie Thompson	58 Netregs	01:30:31	18:57	2nd Bus.	8:24
39	Keith Fraser V	27 Poole Runners (S Men)	01:30:35	19:01	32nd Open	19:01
40	Mandy Peace F V	31 Sospan R.R.	01:30:46	19:12	33rd Open	19:12
41	Jane Hawkins V	46 Mercia Ladies	01:31:21	19:47	2nd Lady	3:18
42	Sarah Reid V	49 Winchester (Ladies)	01:31:49	20:15	3rd Lady	3:46
43	Paul Arnold	1 3m Gorseinon R.R.	01:32:22	20:48	34th Open	20:48
44	Stuart Hines V	12 Eastleigh R.C.	01:32:48	21:14	35th Open	21:14
45	Mike Adams V	50 Bristol & West A.C. (Vets)	01:33:14	21:40	5th Vet.	13:56
46	Ian Keith V	54 Serpentine R.C. (Vets)	01:34:22	22:48	6th Vet.	15:04
47	Vanessa Hawkins F V	44 Bitton R.R. (Ladies)	01:37:04	25:30	4th Lady	9:01
48	Chris Brooks F V	47 Middleton Harriers (Ladies)	01:37:05	25:31	5th Lady	9:02
49	Jayne Arnold F	43 3m Gorseinon R.R. (Ladies)	01:38:32	26:58	6th Lady	10:29
50	Andrew Lewis V	60 S. W. Police A.A.C.	01:40:36	29:02	3rd Bus.	18:29
51	Alison Whitelaw F V	56 Air Products	01:41:17	29:43	4th Bus.	19:10
52	Peter Gibson V	24 North Fylde A.C.	01:43:25	31:51	36th Open	31:51
53	Alun Jenkins	13 Great Western Runners	01:43:40	32:06	37th Open	32:06
54	Joanna Conn F V	48 Serpentine R.C. (Ladies)	01:45:00	33:26	7th Lady	16:57
55	Stephen Hindmarsh V	20 Manchester YMCA	01:45:23	33:49	38th Open	33:49
56	Terry Hefferman V	34 Stroud & District A.C.	01:58:13	46:39	39th Open	46:39
57	No Runner Entered	11 Dulwich Runners	02:19:00	67:26	40th Open	67:26

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Welsh Castles Relay 2006

Final Results

Stage 16: Brecon to Beacons Reservoir

Distance: 9.0 miles

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	Alex Pilcher	41 Winchester & Dist. A.C.	00:51:01		1st Open	
2	Alec Woods V	50 Bristol & West A.C. (Vets)	00:51:40	0:39	1st Vet.	
3	Dan Merckel	58 Netregs	00:52:16	1:15	1st Bus.	
4	Erwan Piriou	14 Haarlem Globetrotters	00:52:40	1:39	2nd Open	1:39
5	Lee Aherne	29 San Dom. / Club 69	00:53:31	2:30	3rd Open	2:30
6	Roy Reeder V	33 Stragglers	00:54:02	3:01	4th Open	3:01
7	Jeremy Bradley	7 Cheltenham Harriers	00:54:46	3:45	5th Open	3:45
8	Nick Frost V	26 Pontypridd Roadents A.C.	00:54:59	3:58	6th Open	3:58
9	Gareth Davies V	5 Bridgend A.C.	00:55:21	4:20	7th Open	4:20
10	Darren Saville	3 Bitton R.R.	00:55:28	4:27	8th Open	4:27
11	Malcolm Eadie	24 North Fylde A.C.	00:55:46	4:45	9th Open	4:45
12	Andy Heyes V	9 Clevedon A.C.	00:56:00	4:59	10th Open	4:59
13	Steve Sincock V	32 South West R.R.	00:56:13	5:12	11th Open	5:12
14	Barry Norman	39 Wesham R.R.	00:56:51	5:50	12th Open	5:50
15	Michaela McCallum V	49 Winchester (Ladies)	00:57:24	6:23	1st Lady	
16	Richard Phillips	30 Serpentine R.C. (S Men)	00:57:44	6:43	13th Open	6:43
17	Frank Dudbridge	36 Thames H. & H.	00:58:55	7:54	14th Open	7:54
18	Kevin Lanckham V	6 Bromsgrove & Redditch A.C.	00:59:07	8:06	15th Open	8:06
19	Rob Jones	17 Les Croupiers R.C. (S Men)	01:00:33	9:32	16th Open	9:32
20	Michael Williams	11 Dulwich Runners	01:00:46	9:45	17th Open	9:45
21	P. Byrne V	21 Middleton Harriers (S Men)	01:01:03	10:02	18th Open	10:02
22	Tony Codling V	52 North Fylde A.C. (Vets)	01:01:18	10:17	2nd Vet.	9:38
23	Pete Crane	23 Neath Harriers	01:01:51	10:50	19th Open	10:50
24	Clive Osmond	51 Les Croupiers R.C. (Vets)	01:02:03	11:02	3rd Vet.	10:23
25	Mark Harvey	8 Chepstow Harriers	01:02:33	11:32	20th Open	11:32
26	Mike Farmery V	55 Thames H. & H. (Vets)	01:02:37	11:36	4th Vet.	10:57
27	Paul Harris	18 Liswerry Runners	01:02:50	11:49	21st Open	11:49
28	Mark Bayliss V	42 Wirral A.C.	01:02:57	11:56	22nd Open	11:56
29	Ian Johnson V	53 Salford Harriers (Vets)	01:03:16	12:15	5th Vet.	11:36
30	Peter Carwadine V	15 Hereford Couriers	01:03:55	12:54	23rd Open	12:54
31	Clive Attwood V	40 Westbury Harriers	01:04:03	13:02	24th Open	13:02
32	Dave Griffith V	37 T.R.O.T.S.	01:04:14	13:13	25th Open	13:13
33	Richard Vassall	56 Air Products	01:04:26	13:25	2nd Bus.	12:10
34	Claire Warner F	48 Serpentine R.C. (Ladies)	01:05:22	14:21	2nd Lady	7:58
35	Matt Sweeting	38 Vale Royal A.C.	01:05:25	14:24	26th Open	14:24
36	Malcolm Eldridge V	16 Islwyn R.C.	01:07:02	16:01	27th Open	16:01
37	David Simpson V	54 Serpentine R.C. (Vets)	01:07:06	16:05	6th Vet.	15:26
38	Jo Webb F V	44 Bitton R.R. (Ladies)	01:08:11	17:10	3rd Lady	10:47
39	John McNeilly V	13 Great Western Runners	01:08:38	17:37	28th Open	17:37
40	Elfed Joseph V	1 3m Gorseinon R.R.	01:08:49	17:48	29th Open	17:48
41	Peter Hunt V	27 Poole Runners (S Men)	01:09:11	18:10	30th Open	18:10
42	Ellie Howard F	47 Middleton Harriers (Ladies)	01:09:28	18:27	4th Lady	12:04
43	Richard Bristow	60 S. W. Police A.A.C.	01:09:45	18:44	3rd Bus.	17:29
44	Mark Jones V	31 Sospan R.R.	01:09:52	18:51	31st Open	18:51
45	Roger Carter V	20 Manchester YMCA	01:10:40	19:39	32nd Open	19:39
46	Libby O'Duffy F V	45 Les Croupiers R.C. (Ladies)	01:11:18	20:17	5th Lady	13:54
47	Charlotte Johns F V	4 Brackla Harriers	01:11:48	20:47	33rd Open	20:47
48	John Hughes Roberts V	28 Prestatyn R.C.	01:12:48	21:47	34th Open	21:47
49	Paul Bruton	57 Corus Strip Products	01:14:28	23:27	4th Bus.	22:12
50	Richard Carr	34 Stroud & District A.C.	01:14:43	23:42	35th Open	23:42
51	Jo Clark F	12 Eastleigh R.C.	01:15:28	24:27	36th Open	24:27
52	Hilary Jaques F V	2 Abergele Harriers	01:15:42	24:41	37th Open	24:41
53	Gareth Jones	10 C.S.A. Wanderers	01:18:35	27:34	38th Open	27:34
54=	Trevor Willoughby V	19 Lytham St Annes R.R.	01:18:51	27:50	39th Open	27:50
54=	Jeff Wright V	35 Telford Harriers	01:18:51	27:50	40th Open	27:50
56	Ann Stuart V	46 Mercia Ladies	01:19:35	28:34	6th Lady	22:11
57	Ingrid Taylor F V	43 3m Gorseinon R.R. (Ladies)	01:22:26	31:25	7th Lady	25:02

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Welsh Castles Relay 2006

Final Results

Stage 17: Beacons Reservoir to Merthyr

Distance: 9.2 miles

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	Phil Cook	17 Les Croupiers R.C. (S Men)	00:51:48		1st Open	
2	Nick Ball	7 Cheltenham Harriers	00:54:34	2:46	2nd Open	2:46
3	Mark Morris V	42 Wirral A.C.	00:55:24	3:36	3rd Open	3:36
4	Francis Gill F V	23 Neath Harriers	00:56:09	4:21	4th Open	4:21
5	Dave Cartwright V	27 Poole Runners (S Men)	00:56:14	4:26	5th Open	4:26
6	Mike Davies	41 Winchester & Dist. A.C.	00:56:21	4:33	6th Open	4:33
7	David Palmer	30 Serpentine R.C. (S Men)	00:56:32	4:44	7th Open	4:44
8	Matthew Parkes	5 Bridgend A.C.	00:56:48	5:00	8th Open	5:00
9	Mark Thornley V	38 Vale Royal A.C.	00:57:03	5:15	9th Open	5:15
10	Andy Shaw	9 Clevedon A.C.	00:57:37	5:49	10th Open	5:49
11	George Kennedy V	39 Wesham R.R.	00:57:53	6:05	11th Open	6:05
12	Dave Coles	51 Les Croupiers R.C. (Vets)	00:58:39	6:51	1st Vet.	
13	Sam Hopton	32 South West R.R.	00:58:57	7:09	12th Open	7:09
14	Ann Evans F V	26 Pontypridd Roadents A.C.	00:59:04	7:16	13th Open	7:16
15	Helen Yule F V	18 Liswerry Runners	01:01:57	10:09	14th Open	10:09
16	India Lee F	49 Winchester (Ladies)	01:02:06	10:18	1st Lady	
17	Simon Mason V	52 North Fylde A.C. (Vets)	01:02:39	10:51	2nd Vet.	4:00
18	Bill Snelgrove V	55 Thames H. & H. (Vets)	01:02:41	10:53	3rd Vet.	4:02
19	Chris Herbert V	50 Bristol & West A.C. (Vets)	01:03:21	11:33	4th Vet.	4:42
20	Peter Allan V	53 Salford Harriers (Vets)	01:03:35	11:47	5th Vet.	4:56
21	Helen Griffin F V	56 Air Products	01:04:16	12:28	1st Bus.	
22	Kerry Price	16 Islwyn R.C.	01:04:37	12:49	15th Open	12:49
23	John Rogers V	60 S. W. Police A.A.C.	01:04:44	12:56	2nd Bus.	0:28
24	Ilonka Betjes F	14 Haarlem Globetrotters	01:05:03	13:15	16th Open	13:15
25	John Hargreaves V	13 Great Western Runners	01:05:53	14:05	17th Open	14:05
26	Libby Lavis F V	4 Brackla Harriers	01:06:20	14:32	18th Open	14:32
27	Becky Hayward F	44 Bitton R.R. (Ladies)	01:06:48	15:00	2nd Lady	4:42
28	Julie Lewis F V	45 Les Croupiers R.C. (Ladies)	01:07:21	15:33	3rd Lady	5:15
29	John Preston	57 Corus Strip Products	01:08:12	16:24	3rd Bus.	3:56
30	Len Quartly V	6 Bromsgrove & Redditch A.C.	01:08:45	16:57	19th Open	16:57
31	Iain Campbell	34 Stroud & District A.C.	01:08:53	17:05	20th Open	17:05
32	Ruki Sidwa F V	11 Dulwich Runners	01:09:24	17:36	21st Open	17:36
33	Philip Jones V	28 Prestatyn R.C.	01:09:27	17:39	22nd Open	17:39
34	Jane Harris F V	48 Serpentine R.C. (Ladies)	01:09:54	18:06	4th Lady	7:48
35	Tania Schwabe F	31 Sospan R.R.	01:10:17	18:29	23rd Open	18:29
36	Terry Jones V	1 3m Gorseinon R.R.	01:10:34	18:46	24th Open	18:46
37	Linda O'Shaughnessy F	40 Westbury Harriers	01:10:49	19:01	25th Open	19:01
38	Nick Peregrine V	8 Chepstow Harriers	01:11:18	19:30	26th Open	19:30
39	Alan Smith V	10 C.S.A. Wanderers	01:11:34	19:46	27th Open	19:46
40	Nicola Page F	12 Eastleigh R.C.	01:12:14	20:26	28th Open	20:26
41	Rich Cook V	3 Bitton R.R.	01:12:25	20:37	29th Open	20:37
42	Kirsty Bangham F	33 Stragglers	01:12:41	20:53	30th Open	20:53
43	Louisa Reeves F V	54 Serpentine R.C. (Vets)	01:12:59	21:11	6th Vet.	14:20
44	Heloise Goodley F	36 Thames H. & H.	01:13:21	21:33	31st Open	21:33
45	C. Bowcock V	21 Middleton Harriers (S Men)	01:13:35	21:47	32nd Open	21:47
46	Lindsey Sturdy	58 Netregs	01:13:51	22:03	4th Bus.	9:35
47	Lon Morgan F V	37 T.R.O.T.S.	01:14:34	22:46	33rd Open	22:46
48	Lee Reynolds F V	19 Lytham St Annes R.R.	01:16:31	24:43	34th Open	24:43
49	Ros Cox	46 Mercia Ladies	01:16:42	24:54	5th Lady	14:36
50	Dave Edwards V	2 Abergele Harriers	01:16:52	25:04	35th Open	25:04
51	Jane Staite F V	35 Telford Harriers	01:17:00	25:12	36th Open	25:12
52	Julie Suff F	15 Hereford Couriers	01:17:15	25:27	37th Open	25:27
53	Rachel Ross F V	20 Manchester YMCA	01:18:38	26:50	38th Open	26:50
54	Clare Green F V	29 San Dom. / Club 69	01:21:57	30:09	39th Open	30:09
55	Liz Harris F V	47 Middleton Harriers (Ladies)	01:22:56	31:08	6th Lady	20:50
56	Diane Connor F V	43 3m Gorseinon R.R. (Ladies)	01:24:28	32:40	7th Lady	22:22
57	Gwen James F V	24 North Fylde A.C.	01:27:33	35:45	40th Open	35:45

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Welsh Castles Relay 2006

Final Results

Stage 18: Merthyr to Abercynon

Distance: 9.1 miles

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	John Collingham	57 Corus Strip Products	00:54:42		1st Bus.	
2	Ross Mathews	6 Bromsgrove & Redditch A.C.	00:55:22	0:40	1st Open	
3	Matthew Hurford	17 Les Croupiers R.C. (S Men)	00:55:37	0:55	2nd Open	0:15
4	Kevin Buxton V	42 Wirral A.C.	00:57:31	2:49	3rd Open	2:09
5	Tony Croft V	19 Lytham St Annes R.R.	00:57:51	3:09	4th Open	2:29
6	Dave Stanton V	34 Stroud & District A.C.	00:58:22	3:40	5th Open	3:00
7	Jerry Greatorex	30 Serpentine R.C. (S Men)	00:58:57	4:15	6th Open	3:35
8	Jon Meek	41 Winchester & Dist. A.C.	00:59:08	4:26	7th Open	3:46
9	Louise Copp F	23 Neath Harriers	01:01:03	6:21	8th Open	5:41
10	Martin Davies V	12 Eastleigh R.C.	01:01:20	6:38	9th Open	5:58
11	Nigel Charman V	9 Clevedon A.C.	01:01:24	6:42	10th Open	6:02
12	Guy Dunscomb	36 Thames H. & H.	01:01:27	6:45	11th Open	6:05
13	Jo Pritchard F V	45 Les Croupiers R.C. (Ladies)	01:01:44	7:02	1st Lady	
14	James Davies	5 Bridgend A.C.	01:03:21	8:39	12th Open	7:59
15	Gareth Bicknell	28 Prestatyn R.C.	01:04:57	10:15	13th Open	9:35
16	Keith Hill V	40 Westbury Harriers	01:05:46	11:04	14th Open	10:24
17	Martin Hooper V	31 Sospan R.R.	01:06:12	11:30	15th Open	10:50
18	Ken Buckle V	7 Cheltenham Harriers	01:07:16	12:34	16th Open	11:54
19	Denis Murphy	51 Les Croupiers R.C. (Vets)	01:07:23	12:41	1st Vet.	
20	Brian Phillips V	29 San Dom. / Club 69	01:08:36	13:54	17th Open	13:14
21	Mary Tavener F V	38 Vale Royal A.C.	01:09:26	14:44	18th Open	14:04
22	Martin Church V	13 Great Western Runners	01:09:41	14:59	19th Open	14:19
23	Jane Dakin F V	4 Brackla Harriers	01:10:12	15:30	20th Open	14:50
24	Sid Sacks V	53 Salford Harriers (Vets)	01:11:05	16:23	2nd Vet.	3:42
25	Joy Radford V	49 Winchester (Ladies)	01:11:52	17:10	2nd Lady	10:08
26	Dave Greaves	60 S. W. Police A.A.C.	01:12:20	17:38	2nd Bus.	17:38
27	Ella Palmer F	48 Serpentine R.C. (Ladies)	01:12:44	18:02	3rd Lady	11:00
28	D. Hall V	21 Middleton Harriers (S Men)	01:12:48	18:06	21st Open	17:26
29	Hilary Hillhouse F V	33 Stragglers	01:12:52	18:10	22nd Open	17:30
30	Bob Fairclough V	52 North Fylde A.C. (Vets)	01:12:53	18:11	3rd Vet.	5:30
31	Ron Warmesley V	27 Poole Runners (S Men)	01:12:54	18:12	23rd Open	17:32
32	Peter Cooke V	39 Wesham R.R.	01:13:27	18:45	24th Open	18:05
33	Amy Carwardine F	15 Hereford Couriers	01:13:36	18:54	25th Open	18:14
34	Jane Lavelle F V	18 Liswerry Runners	01:13:48	19:06	26th Open	18:26
35	Debbie Otley F V	26 Pontypridd Roadents A.C.	01:13:55	19:13	27th Open	18:33
36	Robert Davies V	16 Islwyn R.C.	01:14:59	20:17	28th Open	19:37
37	Melanie Williams F V	2 Abergele Harriers	01:16:10	21:28	29th Open	20:48
38	Katinka Van Brakel F	14 Haarlem Globetrotters	01:16:24	21:42	30th Open	21:02
39	Pauline Warner F V	32 South West R.R.	01:16:39	21:57	31st Open	21:17
40	Chris Riby	56 Air Products	01:16:54	22:12	3rd Bus.	22:12
41	Daniel MacMillan V	50 Bristol & West A.C. (Vets)	01:17:54	23:12	4th Vet.	10:31
42	Janet Jones F V	10 C.S.A. Wanderers	01:18:03	23:21	32nd Open	22:41
43	Geoff Bayliss V	8 Chepstow Harriers	01:18:47	24:05	33rd Open	23:25
44	Rob Day V	35 Telford Harriers	01:18:50	24:08	34th Open	23:28
45	Sally Hodge F V	54 Serpentine R.C. (Vets)	01:20:25	25:43	5th Vet.	13:02
46	Jane Phillips F V	44 Bitton R.R. (Ladies)	01:20:54	26:12	4th Lady	19:10
47	Pauline Dable V	46 Mercia Ladies	01:21:51	27:09	5th Lady	20:07
48	Gary Coulthart V	3 Bitton R.R.	01:23:07	28:25	35th Open	27:45
49	Amanda Morgan	37 T.R.O.T.S.	01:23:59	29:17	36th Open	28:37
50	Stan Jackson V	24 North Fylde A.C.	01:27:48	33:06	37th Open	32:26
51=	Carol Vyner F V	43 3m Gorseinon R.R. (Ladies)	01:28:45	34:03	6th Lady	27:01
51=	Carol Vyner F V	1 3m Gorseinon R.R.	01:28:45	34:03	38th Open	33:23
53	Sharon Clayton	20 Manchester YMCA	01:30:49	36:07	39th Open	35:27
54=	Jo Spink	58 Netregs	01:31:00	36:18	4th Bus.	36:18
54=	John Bryant V	55 Thames H. & H. (Vets)	01:31:00	36:18	6th Vet.	23:37
54=	Linda Rhodes F V	47 Middleton Harriers (Ladies)	01:31:00	36:18	7th Lady	29:16
57	No Runner Entered	11 Dulwich Runners	01:46:00	51:18	40th Open	50:38

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Welsh Castles Relay 2006

Final Results

Stage 19: Abercynon to Caerphilly Castle

Distance: 10.4 miles

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	Matthew Lynas	36 Thames H. & H.	01:06:31		1st Open	
2	Greg Newhams V	5 Bridgend A.C.	01:08:59	2:28	2nd Open	2:28
3	Tudor Harries V	23 Neath Harriers	01:10:06	3:35	3rd Open	3:35
4	Danny Norman	33 Stragglers	01:10:34	4:03	4th Open	4:03
5	Chris Vauden V	9 Clevedon A.C.	01:10:37	4:06	5th Open	4:06
6	Alun Williams	17 Les Croupiers R.C. (S Men)	01:10:42	4:11	6th Open	4:11
7	Simon Massey V	30 Serpentine R.C. (S Men)	01:11:00	4:29	7th Open	4:29
8	John Thorpe	13 Great Western Runners	01:11:35	5:04	8th Open	5:04
9	Steve Hargreaves	19 Lytham St Annes R.R.	01:11:58	5:27	9th Open	5:27
10	Dave Gough V	38 Vale Royal A.C.	01:12:03	5:32	10th Open	5:32
11	Paul Howarth V	42 Wirral A.C.	01:12:21	5:50	11th Open	5:50
12	Phil Meyler V	26 Pontypridd Roadents A.C.	01:12:38	6:07	12th Open	6:07
13	Dave Schubert V	34 Stroud & District A.C.	01:13:50	7:19	13th Open	7:19
14	Gavin Stokes	16 Islwyn R.C.	01:13:51	7:20	14th Open	7:20
15	Martin Ford V	7 Cheltenham Harriers	01:14:34	8:03	15th Open	8:03
16	Roger Coombs V	37 T.R.O.T.S.	01:16:26	9:55	16th Open	9:55
17	John O'Shea	51 Les Croupiers R.C. (Vets)	01:17:36	11:05	1st Vet.	
18	Les Chapman V	10 C.S.A. Wanderers	01:17:47	11:16	17th Open	11:16
19	Barry Cook V	6 Bromsgrove & Redditch A.C.	01:18:01	11:30	18th Open	11:30
20	Duncan Richardson V	52 North Fylde A.C. (Vets)	01:18:55	12:24	2nd Vet.	1:19
21	Simon Hazlitt V	41 Winchester & Dist. A.C.	01:19:35	13:04	19th Open	13:04
22	Philip Morris V	15 Hereford Couriers	01:19:36	13:05	20th Open	13:05
23	Noelwyn Daniel V	31 Sospan R.R.	01:20:06	13:35	21st Open	13:35
24	Pete Ferlie V	32 South West R.R.	01:20:50	14:19	22nd Open	14:19
25	John Evans	12 Eastleigh R.C.	01:21:00	14:29	23rd Open	14:29
26	Steve Daish V	27 Poole Runners (S Men)	01:21:32	15:01	24th Open	15:01
27	Martin Bates V	39 Wesham R.R.	01:21:41	15:10	25th Open	15:10
28	Robbie Drew	57 Corus Strip Products	01:21:42	15:11	1st Bus.	
29	Penny Thorn F	48 Serpentine R.C. (Ladies)	01:21:48	15:17	1st Lady	
30	Declan McManus V	40 Westbury Harriers	01:23:01	16:30	26th Open	16:30
31	Bob Towell V	53 Salford Harriers (Vets)	01:24:04	17:33	3rd Vet.	6:28
32	Yoram Van Dijk	14 Haarlem Globetrotters	01:24:45	18:14	27th Open	18:14
33	Andy Ost	8 Chepstow Harriers	01:25:00	18:29	28th Open	18:29
34	Neil Chipper V	18 Liswerry Runners	01:25:23	18:52	29th Open	18:52
35	Clive Morgan V	29 San Dom. / Club 69	01:25:50	19:19	30th Open	19:19
36	Pete Hopes	3 Bitton R.R.	01:27:25	20:54	31st Open	20:54
37	John Seager	58 Netregs	01:27:34	21:03	2nd Bus.	5:52
38	Jenny Thomson	49 Winchester (Ladies)	01:27:44	21:13	2nd Lady	5:56
39	Graham Leigh V	56 Air Products	01:28:26	21:55	3rd Bus.	6:44
40	Glyn Williams V	1 3m Gorseinon R.R.	01:28:45	22:14	32nd Open	22:14
41	Glenda Davies F V	28 Prestatyn R.C.	01:29:24	22:53	33rd Open	22:53
42=	Phil Trebble V	4 Brackla Harriers	01:32:36	26:05	34th Open	26:05
42=	Caroline Dallimore F V	45 Les Croupiers R.C. (Ladies)	01:32:36	26:05	3rd Lady	10:48
44	Adam Higginbottom	24 North Fylde A.C.	01:33:57	27:26	35th Open	27:26
45	Michelle Greatrex F	60 S. W. Police A.A.C.	01:34:41	28:10	4th Bus.	12:59
46	Jane Gillard V	46 Mercia Ladies	01:35:15	28:44	4th Lady	13:27
47	P. Collinge V	21 Middleton Harriers (S Men)	01:36:35	30:04	36th Open	30:04
48	Helen Walker F V	44 Bitton R.R. (Ladies)	01:39:04	32:33	5th Lady	17:16
49	Rachel Powell F V	54 Serpentine R.C. (Vets)	01:40:14	33:43	4th Vet.	22:38
50=	Wendy Lynas F V	55 Thames H. & H. (Vets)	01:44:00	37:29	5th Vet.	26:24
50=	Louise Eakins F	43 3m Gorseinon R.R. (Ladies)	01:44:00	37:29	6th Lady	22:12
50=	Michelle Dooley F	47 Middleton Harriers (Ladies)	01:44:00	37:29	7th Lady	22:12
50=	Darren Smith V	20 Manchester YMCA	01:44:00	37:29	37th Open	37:29
50=	Meinir Huws F V	2 Abergele Harriers	01:44:00	37:29	38th Open	37:29
55=	No Runner Entered	35 Telford Harriers	01:59:00	52:29	39th Open	52:29
55=	No Runner Entered	50 Bristol & West A.C. (Vets)	01:59:00	52:29	6th Vet.	41:24
55=	No Runner Entered	11 Dulwich Runners	01:59:00	52:29	40th Open	52:29

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Welsh Castles Relay 2006

Final Results

Stage 20: Caerphilly Castle to Cardiff Castle

Distance: 10.4 miles

Pos	Runner	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	Sullivan Smith	57 Corus Strip Products	01:00:48		1st Bus.	
2	Matt King	41 Winchester & Dist. A.C.	01:02:24	1:36	1st Open	
3	Geraint Lewis	5 Bridgend A.C.	01:02:51	2:03	2nd Open	0:27
4	Julian Emery	9 Clevedon A.C.	01:03:35	2:47	3rd Open	1:11
5	Andy Gore	7 Cheltenham Harriers	01:04:02	3:14	4th Open	1:38
6	Philip Monks	38 Vale Royal A.C.	01:04:14	3:26	5th Open	1:50
7	Nigel Thompson V	19 Lytham St Annes R.R.	01:04:27	3:39	6th Open	2:03
8	Andrew Jones	23 Neath Harriers	01:04:50	4:02	7th Open	2:26
9	Michael Dury	16 Islwyn R.C.	01:04:57	4:09	8th Open	2:33
10	Peter Coles V	26 Pontypridd Roadents A.C.	01:05:55	5:07	9th Open	3:31
11	David Bird	58 Netregs	01:06:07	5:19	2nd Bus.	5:19
12	Peter Kellam	17 Les Croupiers R.C. (S Men)	01:06:39	5:51	10th Open	4:15
13	Paul Birkett V	53 Salford Harriers (Vets)	01:06:51	6:03	1st Vet.	
14	Rhys Peters	60 S. W. Police A.A.C.	01:06:53	6:05	3rd Bus.	6:05
15	Gareth Jones	1 3m Gorseinon R.R.	01:07:56	7:08	11th Open	5:32
16	Martin Gaunt	42 Wirral A.C.	01:08:17	7:29	12th Open	5:53
17	Colin Bailey-wood V	11 Dulwich Runners	01:09:27	8:39	13th Open	7:03
18	Debbie Coslett	49 Winchester (Ladies)	01:09:52	9:04	1st Lady	
19	Gavin Clegg V	27 Poole Runners (S Men)	01:09:58	9:10	14th Open	7:34
20	Mike Davis V	34 Stroud & District A.C.	01:10:07	9:19	15th Open	7:43
21	Kevin Griffith V	37 T.R.O.T.S.	01:10:27	9:39	16th Open	8:03
22	Ben Farag	51 Les Croupiers R.C. (Vets)	01:10:31	9:43	2nd Vet.	3:40
23	James Derren	12 Eastleigh R.C.	01:10:35	9:47	17th Open	8:11
24	Martin Wieland	30 Serpentine R.C. (S Men)	01:10:49	10:01	18th Open	8:25
25	Karl Lee	39 Wesham R.R.	01:10:53	10:05	19th Open	8:29
26	George Nixon V	28 Prestatyn R.C.	01:11:18	10:30	20th Open	8:54
27	Rod Hole V	32 South West R.R.	01:11:24	10:36	21st Open	9:00
28	Geran Hughes V	2 Abergele Harriers	01:11:48	11:00	22nd Open	9:24
29	Mark Evans	10 C.S.A. Wanderers	01:12:48	12:00	23rd Open	10:24
30	David Wilson	36 Thames H. & H.	01:13:31	12:43	24th Open	11:07
31	Steve Donne V	3 Bitton R.R.	01:13:54	13:06	25th Open	11:30
32	Nick Hume V	52 North Fylde A.C. (Vets)	01:14:03	13:15	3rd Vet.	7:12
33	Mike Harris V	40 Westbury Harriers	01:14:49	14:01	26th Open	12:25
34	Neil Thomas V	31 Sospan R.R.	01:16:07	15:19	27th Open	13:43
35	Terry Morgan V	50 Bristol & West A.C. (Vets)	01:16:12	15:24	4th Vet.	9:21
36	Geoff Fisher V	33 Stragglers	01:16:22	15:34	28th Open	13:58
37	Paul Ezard	4 Brackla Harriers	01:16:42	15:54	29th Open	14:18
38	Phil Anderson V	6 Bromsgrove & Redditch A.C.	01:18:01	17:13	30th Open	15:37
39	Christopher Abele V	54 Serpentine R.C. (Vets)	01:18:06	17:18	5th Vet.	11:15
40	Jeremy Cowen	8 Chepstow Harriers	01:18:39	17:51	31st Open	16:15
41	Louisa Ruderman F	48 Serpentine R.C. (Ladies)	01:18:59	18:11	2nd Lady	9:07
42	Sandy Chipper F	18 Liswerry Runners	01:19:33	18:45	32nd Open	17:09
43	Estella Klouth F	14 Haarlem Globetrotters	01:20:36	19:48	33rd Open	18:12
44	Phil Tandy V	29 San Dom. / Club 69	01:21:14	20:26	34th Open	18:50
45	Fayme White F	44 Bitton R.R. (Ladies)	01:21:21	20:33	3rd Lady	11:29
46	Jon Paramor V	20 Manchester YMCA	01:21:27	20:39	35th Open	19:03
47	Phil Chan	13 Great Western Runners	01:21:55	21:07	36th Open	19:31
48	Anna Garnier F V	55 Thames H. & H. (Vets)	01:22:56	22:08	6th Vet.	16:05
49	Jaqui Lindsey V	46 Mercia Ladies	01:23:54	23:06	4th Lady	14:02
50	Gareth Bellamy V	35 Telford Harriers	01:23:59	23:11	37th Open	21:35
51	Claire Beatty F	45 Les Croupiers R.C. (Ladies)	01:25:54	25:06	5th Lady	16:02
52	S. Lowe V	21 Middleton Harriers (S Men)	01:28:45	27:57	38th Open	26:21
53	Karen Dunford F V	24 North Fylde A.C.	01:30:58	30:10	39th Open	28:34
54	Rebecca Clement F	43 3m Gorseinon R.R. (Ladies)	01:32:24	31:36	6th Lady	22:32
55	Kyrinda Hurst-Moore F V	47 Middleton Harriers (Ladies)	01:32:46	31:58	7th Lady	22:54
56	Sarah-Lynn Thompson F	56 Air Products	01:44:00	43:12	4th Bus.	43:12
57	No Runner Entered	15 Hereford Couriers	01:59:00	58:12	40th Open	56:36

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Welsh Castles Relay 2006

Final Results

Caernarfon to Cardiff - Distance : 209 miles.

Pos	Team	Time	Behind Leader	Class Posn.	Behind Leader
1	17 Les Croupiers R.C. (S Men)	22:05:02		1st Open	
2	30 Serpentine R.C. (S Men)	22:13:40	8:38	2nd Open	8:38
3	9 Clevedon A.C.	22:14:17	9:15	3rd Open	9:15
4	5 Bridgend A.C.	22:22:16	17:14	4th Open	17:14
5	42 Wirral A.C.	22:29:55	24:53	5th Open	24:53
6	23 Neath Harriers	23:26:41	81:39	6th Open	81:39
7	41 Winchester & Dist. A.C.	23:26:51	81:49	7th Open	81:49
8	14 Haarlem Globetrotters	24:00:42	115:40	8th Open	115:40
9	38 Vale Royal A.C.	24:11:19	126:17	9th Open	126:17
10	33 Stragglers	24:15:33	130:31	10th Open	130:31
11	39 Wesham R.R.	24:16:43	131:41	11th Open	131:41
12	7 Cheltenham Harriers	24:28:50	143:48	12th Open	143:48
13	3 Bitton R.R.	24:48:05	163:03	13th Open	163:03
14	27 Poole Runners (S Men)	24:51:43	166:41	14th Open	166:41
15	57 Corus Strip Products	25:01:28	176:26	1st Bus.	
16	21 Middleton Harriers (S Men)	25:05:07	180:05	15th Open	180:05
17	51 Les Croupiers R.C. (Vets)	25:07:24	182:22	1st Vet.	
18	52 North Fylde A.C. (Vets)	25:11:16	186:14	2nd Vet.	3:52
19	32 South West R.R.	25:12:59	187:57	16th Open	187:57
20	36 Thames H. & H.	25:28:44	203:42	17th Open	203:42
21	16 Islwyn R.C.	25:30:08	205:06	18th Open	205:06
22	6 Bromsgrove & Redditch A.C.	25:34:47	209:45	19th Open	209:45
23	26 Pontypridd Roadents A.C.	25:52:50	227:48	20th Open	227:48
24	40 Westbury Harriers	25:53:02	228:00	21st Open	228:00
25	50 Bristol & West A.C. (Vets)	26:00:25	235:23	3rd Vet.	53:01
26	29 San Dom. / Club 69	26:01:49	236:47	22nd Open	236:47
27	49 Winchester (Ladies)	26:07:20	242:18	1st Lady	
28	34 Stroud & District A.C.	26:32:52	267:50	23rd Open	267:50
29	53 Salford Harriers (Vets)	26:34:50	269:48	4th Vet.	87:26
30	60 S. W. Police A.A.C.	26:39:46	274:44	2nd Bus.	98:18
31	28 Prestatyn R.C.	26:45:17	280:15	24th Open	280:15
32	18 Llisbury Runners	26:46:17	281:15	25th Open	281:15
33	48 Serpentine R.C. (Ladies)	26:47:39	282:37	2nd Lady	40:19
34	45 Les Croupiers R.C. (Ladies)	27:04:50	299:48	3rd Lady	57:30
35	37 T.R.O.T.S.	27:08:49	303:47	26th Open	303:47
36	15 Hereford Couriers	27:12:09	307:07	27th Open	307:07
37	8 Chepstow Harriers	27:14:13	309:11	28th Open	309:11
38	12 Eastleigh R.C.	27:17:56	312:54	29th Open	312:54
39	13 Great Western Runners	27:18:04	313:02	30th Open	313:02
40	2 Abergele Harriers	27:21:58	316:56	31st Open	316:56
41	58 Netregs	27:31:34	326:32	3rd Bus.	150:06
42	11 Dulwich Runners	27:38:24	333:22	32nd Open	333:22
43	10 C.S.A. Wanderers	27:46:42	341:40	33rd Open	341:40
44	19 Lytham St Annes R.R.	27:50:19	345:17	34th Open	345:17
45	55 Thames H. & H. (Vets)	27:52:55	347:53	5th Vet.	165:31
46	4 Brackla Harriers	27:53:05	348:03	35th Open	348:03
47	1 3m Gorseinon R.R.	27:56:48	351:46	36th Open	351:46
48	56 Air Products	28:06:52	361:50	4th Bus.	185:24
49	54 Serpentine R.C. (Vets)	28:08:07	363:05	6th Vet.	180:43
50	44 Bitton R.R. (Ladies)	28:25:41	380:39	4th Lady	138:21
51	35 Telford Harriers	28:41:53	396:51	37th Open	396:51
52	31 Sospan R.R.	28:50:33	405:31	38th Open	405:31
53	20 Manchester YMCA	29:46:19	461:17	39th Open	461:17
54	46 Mercia Ladies	30:41:37	516:35	5th Lady	274:17
55	24 North Fylde A.C.	30:50:34	525:32	40th Open	525:32
56	47 Middleton Harriers (Ladies)	31:09:33	544:31	6th Lady	302:13
57	43 3m Gorseinon R.R. (Ladies)	31:58:23	593:21	7th Lady	351:03

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Welsh Castles Relay 2006
Final Results
Kings of the Mountains
After 6 Mountainous Stages.

Pos	Team	Stage 3	Stage 7	Stage 10	Stage 11	Stage 14	Stage 16	Totals	Behind
1	14 Haarlem Globetrotters	01:10:19	01:05:37	01:14:46	01:09:54	01:06:21	00:52:40	06:39:37	
2	9 Clevedon A.C.	01:17:38	01:00:53	01:17:42	01:12:27	01:09:01	00:56:00	06:53:41	14:04
3	5 Bridgend A.C.	01:17:37	01:03:58	01:23:01	01:13:47	01:08:50	00:55:21	07:02:34	22:57
4	30 Serpentine R.C. (S Men)	01:16:46	01:06:20	01:17:20	01:15:02	01:09:48	00:57:44	07:03:00	23:23
5	17 Les Croupiers R.C. (S Men)	01:15:07	01:00:11	01:18:43	01:13:42	01:15:15	01:00:33	07:03:31	23:54
6	42 Wirral A.C.	01:12:39	00:59:58	01:26:15	01:20:22	01:17:12	01:02:57	07:19:23	39:46
7	3 Bitton R.R.	01:24:53	01:08:25	01:20:23	01:16:19	01:15:08	00:55:28	07:20:36	40:59
8	33 Stragglers	01:22:20	01:16:19	01:19:05	01:22:17	01:11:55	00:54:02	07:25:58	46:21
9	41 Winchester & Dist. A.C.	01:32:48	01:13:50	01:16:48	01:22:18	01:10:45	00:51:01	07:27:30	47:53
10	21 Middleton Harriers (S Men)	01:24:05	01:09:34	01:23:38	01:19:32	01:10:15	01:01:03	07:28:07	48:30
11	7 Cheltenham Harriers	01:26:46	01:09:10	01:27:23	01:19:16	01:11:13	00:54:46	07:28:34	48:57
12	27 Poole Runners (S Men)	01:38:46	01:04:57	01:10:51	01:21:22	01:05:01	01:09:11	07:30:08	50:31
13	39 Wesham R.R.	01:17:59	01:10:11	01:20:58	01:36:23	01:10:54	00:56:51	07:33:16	53:39
14	38 Vale Royal A.C.	01:27:23	01:17:54	01:28:44	01:11:19	01:11:41	01:05:25	07:42:26	62:49
15	36 Thames H. & H.	01:20:10	01:38:00	01:23:18	01:15:22	01:07:20	00:58:55	07:43:05	63:28
16	58 Netregs	01:17:40	01:16:16	01:47:22	01:14:49	01:15:56	00:52:16	07:44:19	64:42
17	11 Dulwich Runners	01:27:55	01:09:09	01:31:22	01:17:38	01:18:08	01:00:46	07:44:58	65:21
18	32 South West R.R.	01:26:30	01:09:52	01:35:29	01:23:21	01:16:27	00:56:13	07:47:52	68:15
19	60 S. W. Police A.A.C.	01:22:47	01:21:45	01:11:24	01:38:04	01:07:50	01:09:45	07:51:35	71:58
20	16 Islwyn R.C.	01:21:38	01:11:03	01:21:05	01:30:52	01:19:58	01:07:02	07:51:38	72:01
21	6 Bromsgrove & Redditch A.C.	01:28:57	01:03:36	01:29:11	01:27:33	01:27:20	00:59:07	07:55:44	76:07
22	23 Neath Harriers	02:01:00	01:05:27	01:21:09	01:21:11	01:08:14	01:01:51	07:58:52	79:15
23	57 Corus Strip Products	01:19:45	01:10:48	01:24:30	01:31:15	01:20:57	01:14:28	08:01:43	82:06
24	18 Llswerry Runners	01:33:00	01:16:45	01:31:24	01:33:09	01:09:31	01:02:50	08:06:39	87:02
25	15 Hereford Couriers	01:32:20	01:14:33	01:22:31	01:19:41	01:35:38	01:03:55	08:08:38	89:01
26	8 Chepstow Harriers	01:36:51	01:17:26	01:27:12	01:30:05	01:15:01	01:02:33	08:09:08	89:31
27	34 Stroud & District A.C.	01:20:31	01:16:30	01:28:31	01:39:55	01:13:47	01:14:43	08:13:57	94:20
28	28 Prestatyn R.C.	01:21:45	01:11:40	01:32:14	01:37:35	01:20:45	01:12:48	08:16:47	97:10
29	40 Westbury Harriers	01:23:45	01:28:17	01:38:08	01:25:19	01:18:51	01:04:03	08:18:23	98:46
30	20 Manchester YMCA	01:33:39	01:10:23	01:37:45	01:32:01	01:18:47	01:10:40	08:23:15	103:38
31	29 San Dom. / Club 69	01:26:22	01:10:01	02:13:00	01:26:33	01:14:59	00:53:31	08:24:26	104:49
32	31 Sospan R.R.	01:40:00	01:11:56	01:37:18	01:32:57	01:14:56	01:09:52	08:26:59	107:22
33	13 Great Western Runners	01:22:12	01:13:34	01:44:14	01:29:59	01:30:13	01:08:38	08:28:50	109:13
34	56 Air Products	01:33:33	01:12:29	01:56:06	01:25:56	01:21:08	01:04:26	08:33:38	114:01
35	26 Pontypridd Roadents A.C.	01:28:43	01:26:01	01:49:37	01:27:01	01:31:15	00:54:59	08:37:36	117:59
36	1 3m Gorseinon R.R.	01:45:00	01:18:21	01:39:00	01:24:50	01:29:00	01:08:49	08:45:00	125:23
37	19 Lytham St Annes R.R.	01:32:51	01:24:15	01:40:33	01:30:27	01:25:42	01:18:51	08:52:39	133:02
38	37 T.R.O.T.S.	02:01:00	01:16:28	01:49:15	01:15:33	01:26:12	01:04:14	08:52:42	133:05
39	2 Abergele Harriers	01:33:55	01:23:37	01:45:45	01:45:31	01:15:11	01:15:42	08:59:41	140:04
40	4 Brackla Harriers	01:31:52	01:27:00	01:50:23	01:40:19	01:26:46	01:11:48	09:08:08	148:31
41	12 Eastleigh R.C.	02:01:00	01:17:09	01:46:04	01:35:36	01:14:40	01:15:28	09:09:57	150:20
42	24 North Fylde A.C.	01:44:16	01:38:00	01:45:55	01:35:11	01:38:06	00:55:46	09:17:14	157:37
43	35 Telford Harriers	01:51:53	01:20:27	01:54:04	01:19:36	01:33:06	01:18:51	09:17:57	158:20
44	10 C.S.A. Wanderers	01:50:38	01:38:00	01:25:52	01:49:25	01:27:17	01:18:35	09:29:47	170:10

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Welsh Castles Relay 2006
Final Results

Monarchs of the Mountains
After 6 Mountainous Stages.

Pos	Team	Stage 3	Stage 7	Stage 10	Stage 11	Stage 14	Stage 16	Totals	Behind
1	50 Bristol & West A.C. (Vets)	01:10:52	00:59:38	01:24:11	01:29:37	01:19:09	00:51:40	07:15:07	
2	52 North Fylde A.C. (Vets)	01:39:21	01:03:01	01:27:37	01:22:07	01:17:37	01:01:18	07:51:01	35:54
3	53 Salford Harriers (Vets)	01:48:54	01:12:48	01:20:20	01:23:18	01:18:35	01:03:16	08:07:11	52:04
4	51 Les Croupiers R.C. (Vets)	01:36:43	01:15:37	01:34:30	01:26:35	01:21:40	01:02:03	08:17:08	62:01
5	54 Serpentine R.C. (Vets)	01:36:10	01:18:25	01:35:54	01:31:10	01:21:20	01:07:06	08:30:05	74:58
6	55 Thames H. & H. (Vets)	01:33:33	01:12:53	01:41:02	01:44:05	01:17:46	01:02:37	08:31:56	76:49

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Queens of the Mountains
After 6 Mountainous Stages.

Pos	Team	Stage 3	Stage 7	Stage 10	Stage 11	Stage 14	Stage 16	Totals	Behind
1	49 Winchester (Ladies)	01:25:57	01:13:50	01:29:00	01:19:12	01:12:41	00:57:24	07:38:04	
2	48 Serpentine R.C. (Ladies)	01:32:13	01:13:24	01:37:31	01:27:48	01:13:52	01:05:22	08:10:10	32:06
3	44 Bitton R.R. (Ladies)	01:33:54	01:22:46	01:44:46	01:35:28	01:21:35	01:08:11	08:46:40	68:36
4	45 Les Croupiers R.C. (Ladies)	01:29:05	01:25:12	01:31:33	01:39:03	01:34:18	01:11:18	08:50:29	72:25
5	47 Middleton Harriers (Ladies)	01:39:34	01:14:44	01:55:42	01:46:44	01:38:11	01:09:28	09:24:23	106:19
6	46 Mercia Ladies	02:16:00	01:18:18	02:03:26	01:35:45	01:43:03	01:19:35	10:01:07	143:03
7	43 3m Gorseinon R.R. (Ladies)	01:44:55	01:31:15	01:52:18	01:47:19	01:47:03	01:22:26	10:05:16	147:12

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